be happier • build family unity • feel great • take care of latch key children • reduce unemployment • increase communication
• lose weight • diminish chance of disease • build self-esteem • reduce stress • promote sensitivity to cultural diversity • eliminate loneliness • increase community pride
• reduce crime • provide safe places to play • generate revenue • lower health care costs • meet friends • educate children and adults • relax • keep business from leaving
• elevate personal growth • strengthen neighborhood involvement • conquer boredom • provide child care • boost economy
• curb employee absenteeism • increase tourism • build strong bodies • increase property value • attract new business • preserve plant and animal wildlife • instill teamwork • live longer • protect the environment • create memories • clean air and water • boost employee productivity • look better • enhance relationship skills • decrease insurance premiums • control weight • offer
Mission Statement
It is the mission of the Brookfield Parks & Recreation Department to respond to the ever-changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed public properties, parks, and school grounds.

Mask Guidance
Masks are currently required for all participants in recreation programs held in school buildings through 2/15/22 per Executive Order 14. Masking for programs held in other buildings and after 2/15/22 will be communicated prior to the start of the program.

Weather Cancellations
Brookfield Parks and Recreation programs and events may be postponed or cancelled due to winter weather.
• If Brookfield Schools are closed because of weather, all programs are cancelled for that day.
• If Brookfield Schools have a delayed opening, all programs which begin before 12:00 noon are cancelled. All afternoon and evening programs meet as scheduled.
• If Brookfield Schools have a weather-related early dismissal, all afternoon and evening programs are cancelled.

When weather events occur at night, on weekends or on days when school is not in session, cancellation decisions will be made by the Parks and Recreation Office in cooperation with the appropriate agencies. Registered participants will receive an email notifying them of any cancellation. Notice will also be posted on our Facebook page.
24th Annual Egg Hunt
Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 9th. Additional features include jellybean counting contest and a special appearance by a famous bunny. Bags will be provided for egg collecting. Call the Parks & Recreation office to register. Cost is $5 per child or $10 family max. Open to Brookfield residents in grades 4 or younger. Hunts every 30 minutes between 10:30am—1:00pm. The 10:30am hunt is reserved for those 5 & under. Registration is required at 203-775-7310.

Day: Saturday   Date: 4/9
Time: 30 minute hunts between 10:30am-1:00pm
Fee: $5.00pp/$10.00 Family Max
Place: Brookfield Town Hall, 100 Pocono Rd.

22nd Annual Flashlight Egg Hunt
Just for Brookfield students in grades 3-5! The hunt will be held on the grounds of Town Hall at 8pm sharp and will last approximately 20 minutes. All participants must bring their own flashlight. Bags will be provided for collecting. Cost is $5 per child or $10 family max. Registration is required at 203-775-7310.

Day: Friday   Date: 4/8   Time: 8:00pm
Fee: $5.00pp/$10.00 Family Max
Place: Brookfield Town Hall, 100 Pocono Rd.

Nature Hikes & Crafts
This hiking program is open to boys and girls in grades 2-5. Meet at Williams Park entrance across from the library. The group will hike Williams Park trails with nature themed games and activities. Each child will complete a craft project to take home. Separate programs will be held in March and April which will be led by Parks & Recreation staff. Sign up for one, the other, or both!

Day: Saturday
Place: Williams Park
March: 3/26

Nature Hikes & Crafts
This hiking program is open to boys and girls in grades 2-5. Meet at Williams Park entrance across from the library. The group will hike Williams Park trails with nature themed games and activities. Each child will complete a craft project to take home. Separate programs will be held in March and April which will be led by Parks & Recreation staff. Sign up for one, the other, or both!

Day: Saturday
Place: Williams Park
March: 3/26

Adult, Child & Infant CPR/AED/First Aid
This course covers CPR/AED and basic first aid for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real-life scenarios. Upon completion, course includes American Health & Safety Institute certification in Adult and Pediatric CPR/AED with basic first aid, valid for two years and hard case pocket mask. Participants will have separate training stations and follow current mask guidelines.

Day: Saturday   Time: 9:00am—2:00pm
Dates: 3/26
Place: Town Hall Meeting Room
Instructor: Charles Teich

Ellis Island & Statue of Liberty
Join Brookfield Parks & Recreation and Friendship Tours on a trip to NYC, Ellis Island and the Statue of Liberty. Your reserved ferry ticket includes entry to the Ellis Island Museum, the Statue of Liberty Museum & audio guides for both islands. Ferry departs from Liberty Park, NJ. A Friendship Tours Guide will help you navigate this day. Entry to Crown & Pedestal not included. Lunch not included. There is a moderate amount of walking on this trip. Bus departs and returns to Brookfield Town Hall, 100 Pocono Rd. [Full trip details here.]

Day: Saturday   Date: 5/14
Time: 8:15am—7:00pm
Fee: $105.00pp

Block Island
Take a break and spend the day on beautiful Block Island! Catch a ride on the ferry for a delightful 1 hour cruise from Point Judith, RI to Block Island. Walk only a short distance from the ferry to the National Hotel that overlooks the Atlantic. Lunch included. Menu choice in advance. [Full trip details here. A Friendship Tours Guide will help you navigate this day. Bus departs and returns to Brookfield Town Hall, 100 Pocono Rd.

Day: Saturday   Date: 6/25
Time: 6:15am—9:30pm
Fee: $150.00pp
CRAFT KITS—TO GO!

Grab & go craft kits contain 4-5 themed crafts suitable for ages 3-10. Craft kits are perfect to have for rainy days or times you are looking for an activity! Some adult assistance required for younger crafters.

**Fee:** $10 per kit

Pickup at 162 Whisconier Rd.

**Valentine’s Day Kit**—Pickup after 1/31

**St. Patrick’s Day Kit**—Pickup after 3/1

**Spring Blooms Craft Kit**—Pickup after 3/14

KIDS CRAFT WORKSHOPS

**Valentine’s Day Craft Workshop**
Join us for a heart filled craft workshop! Children will enjoy creating Valentine’s Day themed crafts to gift or to keep for decoration. Ages 3 – kindergarten participate with a parent or caregiver; for grades 1-4 this is a drop off program.

**Day:** Saturday  **Dates:** 2/12  **Fee:** $15.00

**Time:** Ages 3–K—9:30-10:30am
          Grades 1-4: 10:30-11:30am

**Place:** Town Hall Room, 100 Pocono Rd.

**Spring Craft Workshop**
Spring is in the air! This craft workshop will be blooming with fun as children will create spring-time themed craft projects. Ages 3 – kindergarten participate with a parent or caregiver; for grades 1-4 this is a drop off program.

**Day:** Saturday  **Dates:** 3/19  **Fee:** $15.00

**Time:** Ages 3–K—9:30-10:30am
          Grades 1-4: 10:30-11:30am

**Place:** Town Hall Room, 100 Pocono Rd.

ADULT ART CLASSES

**Decorative Painting**
Have you ever wanted to learn how to paint, but thought it might be too difficult? Or, maybe you’ve painted before, and want to try it again? This course is designed for both beginners and those who have some prior experience. Decorative painting is a fun and easy way of creating art on both functional and non-functional surfaces. In this step-by-step course, you will paint a winter themed painting designed by the instructor while learning a variety of techniques and brushstrokes. Paints, brushes, and basic supplies will be provided by the instructor. Students will need to purchase a 9x12" canvas (available at Michaels) prior to class.

**Day:** Wednesday  **Time:** 1:00—3:00pm

**Dates:** 2/16—4/13 (8 wks ~ no class 3/2)

**Instructor:** Pamela Cassidy  **Fee:** $120.00

**Location:** Town Hall Room 129

**Watercolor for Adults**
Whether you are just starting out, or someone that has painted for a while, this class is to help students at every level. Participants will learn to use color in exciting ways: the group will focus on color theory, learning to mix colors with the color wheel, mixing compliments, mix various grays, discussing how color can express a wide range of emotions, learn about value and intensity, and many different watercolor techniques. By the third class, you will have a painting to work on at your own speed while applying the knowledge you have learned. There will be demonstrations and individual attention each class. Each participant will work from a photo that inspires them or a still life you want to bring to class. All participants will walk away with a strong understanding of watercolor painting. A materials list will be emailed prior to the start of the class.

**Day:** Tuesday  **Time:** 5:30—7:30pm

**Dates:** 2/15—4/5 (8 wks)

**Day:** Friday  **Time:** 10:00–12:00pm

**Dates:** 2/18—4/8 (8 wks ~ no class 2/11)

**Instructor:** Victoria Lange  **Fee:** $120.00

**Location:** Town Hall Room 129
ADULT FITNESS

Tai Chi Quan
Tai Chi literal translation means “supreme ultimate” or “grand ultimate” and refers to the balance of two distinct opposing cosmological energies, yin and yang. Chuan or Quan means fist. Tai Chi Quan is a fist system (Chinese boxing) that blends softness with energetic movement in accordance with the theory of complementary interaction between yin and yang energies. Tai Chi follows the principles of Qi Gong and Traditional Chinese Medicine and has been known to be called “moving” Qi Gong. It is suitable for everyone regardless of age, gender, physical condition, even those suffering from chronic conditions.
The characteristics of a Tai Chi Quan system are stillness, lightness, agility, slowness, relaxation of the entire body, with everything guided by using the mind and not force. It is performed in the moment, slowly with internal focus fully conscious of every breath and movement the body makes. The slow flowing movements are practiced over time to bring precision and beauty to form. The major benefits being overall fitness and health and ultimately increasing longevity. In older practitioners it is said to return the vigor of youth. No special equipment is required, just wear loose comfortable clothing and footwear.
Day: Friday       Time: 6:30—7:30pm
Dates: 2/4—3/11 (6 wks)  Fee: $66.00
Place: Center School Gym, 8 Obtuse Hill Rd.
Instructor: Vincent Candela

Simply Slowly Stretch
Would you like to increase your flexibility? Strengthen the muscles that support your back and core? Through standing postures and floor work, you'll use the resistance of your own body to gently increase your flexibility, strength and stability. This program can be modified for all fitness levels. Participants should be comfortable working on the floor (mats). Bring a water bottle & mat or towel.
Day: Tuesday       Time: 6:30—7:30pm
Dates: 2/1—3/22 (6 wks ~ No class 2/22, 3/8)
Fee: $66.00  Instructor: Phyllis Babuini
Place: CES Gym, 8 Obtuse Hill Rd.

Train for a 5k
Are you interested in running a 5k road race (3.1 miles)? Are you a walker who wants to try running or try to get your fitness back? Join Cassie Dunn in a group setting for a series of training runs this spring. Each participant will be given an individualized workout schedule to follow and new workouts will be introduced as you progress. Come dressed in layers to run & bring a water bottle. All levels of fitness welcome! The location for this class is the BHS track which is subject to change depending on availability. Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning Instructor.
Day: Saturday       Time: 8:00—9:00am
Dates: 4/2—5/7 (6 wks)  Fee: $72.00
Place: BHS Track, 45 Long Meadow Hill Rd.

Tai Chi Qi Gong
Qi gong is the art of moving Qi (life energy) around the body in a mindful way over time with concentrated effort and patience. It involves repeating different sequences of natural flowing poses using deep abdominal breathing to guide motions. This moving Qi keeps the energy channels in the body open and free from obstructions that can cause sickness and disease. Frequent or daily practice can keep the body energized, limber, relaxed, stress free, fit and healthy.
Some of the benefits of a regular Qi Gong practice include - strengthening your immune system, improve core strength and balance, reduce or eliminate bodily pain, reduce stress and anxiety, improve glucose metabolism and bone density, promote more efficient waste elimination, and improve neurological conditions like chronic headaches, insomnia, memory issues, Parkinson's and MS, and many more. No special equipment is required, just wear loose comfortable clothing and footwear.
Day: Friday       Time: 6:30—7:30pm  Fee: $44.00
Dates: 3/18—4/8 (4 wks)
Place: Center School Gym, 8 Obtuse Hill Rd.
Instructor: Vincent Candela
**ADULT FITNESS**

**Zumba**
Zumba is based on the principal that exercise should be fun, which helps you stick with the program until you get results & helps long-term health. It is a feel good exercise program designed with a fusion of world music and spicy dance rhythms. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high-energy, heart-pumping workout you’ll want to do over & over. Bring your water bottle! Masks must be worn inside the school through 2/15. Updated guidance will be communicated at that time.

**Day:** Tuesday  
**Time:** 6:30—7:30pm  
**Dates:** 2/8—4/5 (8 wks ~ no class 2/22)  
**Fee:** $88.00  
**Place:** HHES Upper Gym  
**Instructor:** Annette Kokkola-McLean

**Beginner Pilates Mat**
Join us for a gentle Pilates class that focuses on strengthening the core. Classes will incorporate several exercises to improve strength, flexibility, and stability. Masks are required to be worn and a minimum of 5 sign ups in order to run the class. Wear comfortable clothing to move and stretch in. Bring a water bottle.

**Day:** Monday  
**Time:** 5:15—6:00pm  
**Dates:** 2/7—2/28 (4 wks)  
**Fee:** $80.00  
**Place:** Fit for You Pilates, 195 Federal Rd.

**Yoga**
This mixed level class strings yoga postures together in a flowing, vinyasa style sequence of breath and movement, class infused with balance work and optional challenges, with modifications provided for all levels. Beginners are welcome. Wear comfortable clothes. Bring your own mat, water, blocks or straps if you have them and like to use them. Mask guidance will be communicated prior to the start of the class.

**Day:** Tuesday  
**Time:** 4:45—5:45pm  
**Dates:** 1/11—2/29 (7 wks)  
**Fee:** $84.00  
**Place:** HHES Upper Gym  
**Instructor:** Sharon Poarch RPT, RYT-200

**GOLF LESSONS**

**Adult Novice Golf Lessons**
Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as get them prepared to play and enjoy the game. Beginners, who have never played, and more experienced players who want to improve their game will benefit from these classes.

- Class 1: Introduction/set-up and swing with irons.
- Class 2: Review/set-up and swing with woods.
- Class 3: Pitch shots and bunker play.
- Class 4: Chipping and putting.

During classes, the group will also work on faults and fixes, drills, rules & etiquette, course management and strategy, some computer video swing analysis and more. Bring your own clubs or Golf Quest will provide them for you. A 7 & 5-iron will be used during the first class. Women’s only classes are offered for those who may feel more comfortable in that setting. If there are not enough participants, these classes may be combined. [www.golfquestranges.com](http://www.golfquestranges.com)

**February:** Wednesdays 2/2—2/23  
**March:** Thursdays 3/3—3/24  
**April:** Wednesdays 4/6—4/27

**Women’s Only Beginner Lessons**

**February:** Thursdays 2/3—2/24  
**March:** Wednesdays 3/2—3/23  
**April:** Thursdays 4/7—4/8

**Fee:** $150.00  
**Time:** 6:00—7:00pm  
**Place:** Golf Quest, 1 Sand Cut Rd., Brookfield

**Juniors (Ages 7-14)**
More information on Jr Lessons available on page 16.

**February:** Wednesdays 2/2—2/23  
**March:** Thursdays 3/3—3/24  
**April:** Wednesdays 4/6—4/27

**Fee:** $150.00  
**Time:** 4:30—5:30pm  
**Place:** Golf Quest, 1 Sand Cut Rd., Brookfield
Yoga Basics

The perfect class series for absolute beginners! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this well-rounded introduction to yoga. We'll practice mindfulness, stress reduction, and energy awareness so that you'll leave feeling empowered, relaxed and open. No experience necessary! **Buy one, six class pass and attend any of the following classes for $90.00.** Mixing and matching of days is allowed. All classes available in person or livestreamed. Thursday's class is livestreamed only.

**Day:** Monday  
**Instructor:** Debbie Isaacs  
**Time:** 12:00—1:15pm OR 7:30—8:45pm  
**Dates:** 1/24—3/14 **(pick 6 classes over 8 weeks)**

**Day:** Wednesday  
**Instructor:** Debbie Isaacs  
**Time:** 6:00—7:15pm  
**Dates:** 1/26—3/16 **(pick 6 classes over 8 weeks)**

**Day:** Thursday  
**Instructor:** Heather Morgado  
**Time:** 12:00—1:15pm **(livestream only)**  
**Dates:** 1/27—3/17 **(pick 6 classes over 8 weeks)**

**Day:** Saturday  
**Instructor:** Heather Morgado  
**Time:** 10:00—11:15am  
**Dates:** 1/29—3/19 **(pick 6 classes over 8 weeks)**

Yoga Beyond the Basics: Six Class Pass

Ready to take your yoga practice to the next level? Or perhaps you would like to explore something new? YogaSpace offers 25 classes per week! Use this specially discounted pass to sample any of YogaSpace's regularly **scheduled classes.** Choose from a variety of styles, teachers, days and times. If you're new to yoga, join us for a Basics class; if you're ready to move beyond Basics, check out our Balanced classes. Or perhaps go for a deeper yoga experience with a Gentle or Yin class. All classes available in person or livestreamed. **$90.00 for six classes.**

Schedule: [https://www.yogaspace-ct.com/schedule](https://www.yogaspace-ct.com/schedule)  
**Day:** Varies (see schedule at link above)  
**Dates:** 1/21—3/18 **(pick 6 classes over 8 weeks)**

Discover Kundalini Yoga

The science of Kundalini Yoga is an ancient technology that was kept secret for thousands of years until Yogi Bhajan came to the west in 1968. It is considered one of the most powerful and comprehensive forms of yoga and the fastest way to establish an aligned relationship between body, mind, and spirit. This is an introductory class, taught by Susan Shaner, who will review all the basics of Kundalini Yoga, including postures (asanas) dynamic movement, sound current (mantra) breath (pranayam) and meditation. Through specific sets of practices, called “kriyas,” you'll learn to strengthen and balance your bodily systems, cultivate objective awareness, and experience greater clarity & emotional balance. All levels welcome. “Travel light, live light, spread the light, be the light.” All classes available in person or livestreamed. **$90.00 for 6 classes.**

**Day:** Friday  
**Time:** 6:00 — 7:30pm  
**Dates:** 1/21 – 3/18 **(pick 6 classes over 8 weeks)**  
**Instructor:** Susan Shaner MA, MS, RYT, PCC (Darshan Jot Kaur)

Pre/Post Natal Yoga

This nurturing and fun gentle yoga class is designed to strengthen, stretch and embrace the changes in a women's body during and after their pregnancy. Soon to be moms and recent moms will learn what poses are appropriate for them, as well as meditation and breathing techniques to promote concentration, relaxation and renewed energy. This class is the perfect way to connect with other moms and build that special bond with your baby. Post natal moms, feel free to bring your baby (up to 1 year old) with you in a carrier or bring a blanket for the baby to rest on. Be prepared to practice yoga, but also know its completely fine to take breaks to attend to, feed or change your baby. Anything goes in our Pre-Natal/Post-Natal Class! No prior experience necessary and permission from your doctor is highly recommended. If a spouse or partner would like to join, the standard drop in fee will apply. All classes available in person or livestreamed. **$90.00 for 6 classes.**

**Day:** Tuesday  
**Time:** 6:00 — 7:15pm  
**Dates:** 1/25—3/22 **(pick 6 classes over 8 weeks)**  
**Instructor:** Heather Morgado
OPEN GYMS

Open Volleyball
Wednesday night play for Brookfield residents and their guests age 18+. The fee is $5.00pp payable at the door. Open gym is canceled on days when school is not in session or dismisses early. Open gyms dates may be cancelled at any time due to school programs or athletics.

Days: Wednesday  
Time: 7:45 – 9:30pm  
Dates: 1/5—4/13/22  
Place: WMS Gym  
Fee: $5.00/night

Open Basketball
Monday night open gym for Brookfield residents and their guests age 18+. The fee is $5.00pp each night payable at the door. There is no open gym on 1/17, 1/31, 2/7 and 2/21 and on days when school is not in session or dismisses early because of inclement weather. Open gyms dates may be cancelled due to school programs or athletics.

Days: Monday  
Time: 8:00 – 9:30pm  
Dates: 1/3—3/28/22  
Place: BHS Gym  
Fee: $5.00/night

Pickleball
Drop in Pickle ball will be available to adults 18+ at Center School during February and March. Drop in rate is $5.00 per night payable to supervisor.

Days: Monday  
Time: 5:00—7:00pm  
Dates: 2/7—3/28 (7 wks ~ no meeting 2/21)  
Place: CES Gym  
Fee: $5.00/night

Family Open Gym
Families are invited to sign up for open gym time on Saturday afternoons at Whisconier Middle School. Each Saturday afternoon, gym space will be available to shoot some hoops, play pass, and get some energy out. At the current time, masks must be worn inside schools. A minimum of 10 families will be required for the gym space to be open.

Days: Saturday  
Time: 4:30—5:30pm  
Dates: 1/29—2/26 (4 wks ~ no meeting 2/19)  
Place: WMS Gym  
Fee: $30/family

MEN’S SOFTBALL LEAGUE

Mandatory Meeting
For new and returning teams interested in playing during the 2022 season at Cadigan Park. Join us Tuesday, February 22nd at 7pm in Town Hall. Information only, no deposit due. For more information, please contact League Director Jason Maxwell at jamaxwell@hotmail.com.

MUSIC LESSONS

Guitar Lessons
Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Networks hit show "Teen Titans Go!" will offer in-person or virtual lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This one on one lesson is customized to meet the students own goals and skill sets. Lessons time will be set directly with Frank. Check out his website by clicking here. Further questions can be emailed to satellitemusicco@gmail.com.

Lessons: Four, 30-minute Lessons  
Fee: $200.00  
Day: Wednesdays  
Time: 30 minutes between 4:00-6:00pm  
Place: WMS Music Room

Drumming Lessons
Face the Music Together(!) with Don O'Keefe, private drum instructor and a Berklee College of Music Alumni with over 40 years experience performing and teaching. Don teaches all ages and skill levels and is a highly recommended teacher by many of the local school band instructors. He believes that every drummer, teacher and student alike, has a voice to offer to the drumming community and those willing to put in the time can become proficient at the drums. Don can offer you or your kids the proper guidance on a musical journey!

Check out his website for more info and email or call Don directly for scheduling.

FaceTheMusicTogether@yahoo.com  
203-731-4053
Squirts Multi-Sport (Ages 3-5)
This USSI program allows children to experience a different sport each week. This is the perfect intro to athletics for your future athlete! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of games & activities designed to ensure learning & most importantly, FUN! Participants will experience lacrosse, soccer, t-ball, track & field & flag football. Each child receives a USSI t-shirt.

Class Options:
- Day: Saturday  Time: 9:00—9:50am
- Day: Saturday  Time: 11:00—11:50am

Squirts T-Ball (Ages 3-5)
USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations. Each child receives a US Sports Institute t-shirt.

Class Options:
- Day: Saturday  Time: 10:00—10:50am
- Day: Saturday  Time: 11:00—11:50am
- Day: Sunday    Time: 12:00—12:50pm
- Day: Thursday  Time: 4:00—4:50pm

Parent & Me Soccer Squirts (Ages 2-3)
With a parent participating by their side, toddlers learn the fundamentals of soccer through a series of structured activities, fun-based games, and scrimmages. Each session focuses on maximizing participation and learning through a variety of games designed to stimulate a child’s imagination and develop motor skills. Parents can spend quality time with their child while easing them into social situations with support and confidence. Each child receives a US Sports Institute t-shirt.

Class Options:
- Day: Saturday  Time: 9:00—9:50am
- Day: Sunday    Time: 9:00—9:50am

Squirts Soccer (Ages 3-5)
USSI’s Soccer Squirts is the perfect introduction to the most popular sport in the world! Boys and girls ages 3-5 will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games and scrimmages designed to ensure learning, and most importantly, fun, fun, fun! Each child receives a US Sports Institute t-shirt.

Class Options:
- Day: Sunday    Time: 10:00—10:50am
- Day: Thursday  Time: 5:00—5:50pm

Parent & Me Multi-Sport Squirts (Ages 2-3)
With a parent participating by their side, this program will stimulate a child’s imagination, develop motor skills and encourage social interaction. Children will experience a different sport each class, which may include soccer, lacrosse, T-ball & flag football. Each child receives a US Sports Institute t-shirt.

Class Options:
- Day: Saturday  Time: 10:00—10:50am
- Day: Sunday    Time: 11:00—11:50am
- Day: Thursday  Time: 3:00—3:50pm

More information and online registration available at:
www.ussportsinstitute.com
Registration also available through Parks & Recreation 203-775-7310

*no classes Memorial Day Weekend 5/28 & 5/29
**TOT PROGRAMS**

**Ballet for Tots**

This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends.

Recommended attire:
- Girls – leotard, tights, ballet shoes.
- Boys – t-shirt, sweatpants, and ballet shoes.

**Day:** Thursday  
**Time:** 10:30—11:30am  
**Dates:** 1/27—3/3 (6 wks)  
**Fee:** $85.00  
**Place:** Congregational Church Room  
**Instructor:** Tatiana Prip

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**SPRING BREAK CAMP**

**Camp Cadigan**

This multi-sport camp takes place during the Brookfield Public Schools spring break. Students in grades 2-6 are invited to attend this half day camp and play a variety of sports and games at Cadigan Park. Each day, campers will participate in sport related activities and large group games in sports such as soccer, kickball, flag football, backyard games, racquet sports, and more! This program takes place outdoors and may be cancelled for inclement weather. Friday, 4/22, will be held as a makeup day in case of any postponements. Campers should wear weather appropriate clothing that is easy to run around in and sneakers. There be breaks each day so bring a snack or two and water bottles for the morning.

**Day:** Monday—Thursday  
**Time:** 8:30am –12:00pm  
**Dates:** 4/18—4/21 (4 days)  
**Fee:** $144.00  
**Place:** Cadigan Park, 500 Candlewood Lake Rd.

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**YOUTH FITNESS**

**Kids Train for a 5k**

Do you like running and want to try longer distance running or are you interested in running a 5k road race (3.1 miles) in the future? Are you a runner already or have never run before? Children, ages 9-13, are invited to join Cassie Dunn on Saturday mornings for some running workouts in a group setting. All abilities encouraged to join! The group will run together each week and be given challenges to complete at home. All workouts will be customized to each child’s level of fitness and comfort. Come join us! Please come dressed to run and bring a water bottle. Mask and social distancing requirements will be emailed to those registered at the time of the class. Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning instructor.

**Day:** Saturday  
**Time:** 9:15—10:00am  
**Dates:** 4/2—5/7 (6 wks)  
**Fee:** $60.00  
**Place:** BHS Track, 45 Long Meadow Hill Rd.

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**Grit Ninja ~ New!**

The Grit Ninja has packed up equipment and is ready to turn Town Hall into a unique ninja warrior obstacle course! During each action-packed class, aspiring ninjas will climb, swing, jump and run on our ever-changing equipment (which includes a warped wall, rock wall, rings swings, rope swings, pipe sliders, parkour stations, balance games and so much more)! Our program is designed by The Grit Ninja’s professional coaches - many of whom have competed on NBC’s American Ninja Warrior. Our coaches will guide ninjas as they tackle our fun obstacles that build strength, coordination, agility, balance, problem-solving skills, self-confidence and, most importantly, GRIT!

**Day:** Monday  
**Fee:** $198.00  
**Dates:** 4/25—6/6 (6 wks ~ no class 5/30)  
**Times:** Grades K & 1: 4:15—5:05  
**Times:** Grades 2-6: 5:15—6:05  
**Place:** Town Hall Activity Field, 100 Pocono Rd.
**Wizards School of Magic K/1**

Students in grades K & 1 will learn four magic tricks from full-time professional magician Tom O’Brien after school at Center School. Tom has performed hundreds of shows around Litchfield and Fairfield counties and appeared on Fox 61 and WSFB’s Better Connecticut. Tom O’Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits containing props to perform at home, and a magic wand! Register before the spaces – alakazaam – disappear!

**Instructor:** Tom O’Brien  
**Place:** CES Room

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**Abracadabra - Magic Workshop 1:**

Friday, January 21st  
**Time:** 3:30—4:30pm

**Hocus Pocus – Magic Workshop 2:**

Friday, April 8th  
**Time:** 3:30—4:30pm

**Fee:** $18.00/workshop

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**Intro to Taekwondo**

Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun and exciting way. World Champion Taekwondo’s instructors will allow your child to try out the sport right after school. Dress in loose clothing & bring a water bottle. Parents will have the option to purchase a uniform ($40). A belt test will be an option for student to take on a TBD date after the conclusion of the program. The uniform is needed for the belt test and uniform fee will be deducted if you become a member. Additional fees apply ($65, belt, trophy, registration). This program takes place at the WCT Studio. No transportation provided, parents must arrange after school transportation.

**Day:** Friday  
**Time:** 4:20—4:55pm

**Dates:** 2/4—4/8 (9 wks ~ no class 2/18)

**Fee:** $129.00

**Place:** WCT, 317 Federal Rd., Brookfield.

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**Ballet for K/1**

This class will introduce boys and girls in grades K and 1 to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance in the last class for family and friends. Recommended attire: Girls – leotard, tights, ballet shoes. Boys – t-shirt, sweatpants, and ballet shoes.

**Day:** Friday  
**Time:** 3:30 – 4:30pm

**Dates:** 1/28—3/25 (8 wks ~ no class 3/18)

**Place:** CES Gym  
**Fee:** $96.00

**Instructors:** Tatiana Prip
**Kids Yoga (Grades K/1)**
Yoga fosters creativity, sharing, focus, self-esteem and rewards each student with a peaceful mind and body. This yoga class for grades K and 1 meets each child where they are and playfully invites children to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through self-awareness and breathing techniques. Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided. Instructor Sharon Poarch is a Physical Therapist with the Brookfield Schools with certifications as a yoga instructor.

**Day:** Monday  
**Time:** 3:30 – 4:30pm  
**Dates:** 1/31—3/28 (8 wks ~ no class 2/21)  
**Place:** CES Music Room  
**Fee:** $80.00  
**Instructor:** Sharon Poarch RPT, RYT-200

**Net Generation Tennis**
This program is for beginners or players on a path to develop their tennis skills in grades K/1. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available.

**Day:** Tuesday  
**Time:** 3:30—4:30pm  
**Dates:** 2/1—4/5 (8 wks ~ no class 2/22)  
**Fee:** $120.00  
**Place:** CES Gym

**TAG! You’re It!**
This high energy program will be a great way to end school day! This classic backyard game has hundreds of variations and includes capture the flag style games with teamwork and strategy! Each week the group will play the favorites and explore new ones. Please pack an extra water bottle for the class.

**Day:** Monday  
**Time:** 3:30 – 4:30pm  
**Date:** 1/31—3/14 (6 wks ~ no class 2/21)  
**Fee:** $72.00  
**Place:** CES Gym

**Sports Celebrated**
This longtime Parks & Rec. program will have a fresh look this winter! Sports Celebrated offers boys and girls in grades K/1 the opportunity to participate in a variety of sports related games and activities each week. These activities will help students to learn and develop their hand-eye coordination, balance and agility while teaching some of the basics of soccer, basketball and floor hockey.

**Day:** Thursday  
**Time:** 3:30 – 4:30pm  
**Dates:** 2/10—4/7 (8 wks ~ no class 3/17)  
**Fee:** $72.00  
**Place:** CES Gym  
**Instructor:** Ashley DeFreitas

**Crafty Kids**
This after school arts & crafts program will have students unleashing their creativity on new themed projects each week! Every class, students will have the opportunity to create some memorable arts and crafts projects that may be used for gifts, decorations, keepsakes, or just fun! All materials provided.

**Day:** Wednesday  
**Time:** 3:30—4:30pm  
**Dates:** 2/9—3/30 (8 wks)  
**Fee:** $96.00  
**Place:** CES Room  
**Instructor:** Ashley DeFreitas
Wizards School of Magic 2-4

Students in grades 2-4 will learn four magic tricks from full-time professional magician Tom O’Brien after school at Huckleberry. Tom has performed hundreds of shows around Litchfield and Fairfield counties and appeared on Fox 61 and WSFB’s Better Connecticut. Tom O’Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits containing props to perform at home, and a magic wand! Register before the spaces – alakazaam – disappear!

Abracadabra - Magic Workshop 1:
Tuesday, January 25th
Time: 3:30 – 4:30pm

Hocus Pocus – Magic Workshop 2:
Tuesday, March 1st
Time: 3:30 – 4:30pm

Fee: $18.00/workshop
Place: HHES Room

Crafty Kids

This after school arts & crafts program will have students unleashing their creativity on new themed projects each week! Every class, students will have the opportunity to create some memorable arts and crafts projects that may be used for gifts, decorations, keepsakes, or just fun!

Day: Tuesday
Time: 3:30—4:30pm
Dates: 2/8—4/5 (8 wks ~ no class 2/22)
Fee: $96.00
Place: HHES Room
Instructor: Ashley DeFreitas

Mad Science ~ Crazy Chemworks

Get your goggles and lab coats ready! Bubbling dry ice, crazy chemical reactions, and big explosions will be happening in this MAD LAB! Your scientists will be doing hands on chemistry while learning the basics of the science! They will be creating chemical reactions such as the infamous elephant toothpaste that they can’t stop talking about and slime they think they have perfected but have not! Every student receives a lab coat, goggles, and specialty designed Mad Science take homes to help extend the learning at home.

Day: Monday
Time: 3:30—4:30pm
Dates: 2/28—4/4 (6 wks)
Fee: $138.00
Place: HHES Room

Find Your Happy Place

Are you ready for an exciting journey? Are you prepared to make new friends, play games, use your mind to create and learn some really awesome life lessons? Then this journey is for you. Boys and girls will visit topics on gratitude, positive-thinking, self-love, self-esteem building, resilience, good decision-making and compassion. Each week, the group will discover a different topic through games, crafts, writing, role-playing, and meditation. Come join this voyage and learn about yourself and the connection to the others around us!

Day: Wednesday
Time: 3:30 – 4:30pm
Dates: 2/9—3/30 (8 wks)
Fee: $96.00
Place: HHES Upper Gym
Instructor: Kelly Viera
Net Generation Tennis
This program is for beginners or players on a path to develop their tennis skills in grades 2-4. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available.
Day: Wednesday  
Time: 3:30—4:30pm
Dates: 2/2—3/23 (8 wks)  
Fee: $120.00
Place: HHES Lower Gym

Flag Football
Students in grades 2-4 will learn the rules and fundamentals in this non-contact class with Mr. Cudney. Drills, activities and scrimmages will be played each week.
Day: Tuesday  
Time: 3:30—4:30pm
Dates: 1/25—3/22 (8 wks ~ no class 2/22)  
Fee: $88.00
Place: HHES Lower Gym

Intro to Taekwondo
Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun and exciting way. World Champion Taekwondo’s instructors will allow your child to try out the sport right after school. Dress in loose clothing & bring a water bottle. Parents will have the option to purchase a uniform ($40). A belt test will be an option for student to take on a TBD date after the conclusion of the program. The uniform is needed for the belt test and uniform fee will be deducted if you become a member. Additional fees apply ($65, belt, trophy, registration). This program takes place at the WCT Studio.
Day: Friday  
Time: 4:20—4:55pm
Dates: 2/4—4/8 (9 wks ~ no class 2/18)  
Fee: $129.00

Robotics Codemaker 101
In our Robotics programs, kids learn how to build and program a variety of robots using LEGO® bricks and award-winning software. Kids bring their LEGO creations to life! Each theme-based session encourages creativity and imagination as kids brainstorm, build and experiment with amazing robots. Each day, there will also be free time to code, play with art and design projects, use LEGO’s and gears, among other activities. Chromebooks are provided however if a student would like to load class software for use at home, they can bring their own laptops with necessary passwords for loading software. This program is led by instructors from Sylvan Learning of Brookfield.
Day: Wednesday  
Time: 3:30—4:30pm
Dates: 3/2—4/6 (6 wks)  
Fee: $150.00
Place: HHES Room
WMS AFTER SCHOOL

Musical Theater Workshop
In this workshop, students will explore the many aspects of live theater! Students will have the chance to find their strengths and choose various studies within theater including acting, singing, creative movement, writing, directing, and technical design, all within a positive, team building environment. Each week, students will get to work on their parts that come together in a small performance. This workshop is led by Stacey Snyder, a trained professional singer in all styles and background in theater, acting, and literature. Students should bring an extra snack and water bottle each week.

Day: Wednesday  Time: 2:45—4:45pm
Dates: 2/2—4/6 (10 wks)  Fee: $120.00
Place: WMS Café

Guitar Group Lessons
Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Networks hit show "Teen Titans Go!" will offer after school lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This group lesson is customized to meet the student's own goals and skill sets. Check out his website by clicking here. Further questions about lessons can be answered by emailing satellitemusicco@gmail.com.

Day: Wednesday  Time: 3:00 – 3:45pm
February: 2/2—2/23 (4 wks) Instructor: Frank Enea
March: 3/2—3/23 (4 wks)
April: 3/30—4/27 (4 wks ~ no class 4/20)
Fee: $180.00/session  Place: WMS Music Room

Robotics Codemaker 101
In our Robotics programs, kids learn to build and program a variety of robots using LEGO® bricks and award-winning software. Kids bring their LEGO creations to life! Each theme-based session encourages creativity and imagination as kids brainstorm, build and experiment with amazing robots. Each day, there will also be free time to code, play with art and design projects, use LEGO®s and gears, among other activities. Chromebooks are provided however if a student would like to load class software for use at home, they can bring their own laptops with necessary passwords for loading software. This program is led by instructors from Sylvan Learning of Brookfield.

Day: Tuesday  Time: 2:45—4:00pm
Dates: 3/1—4/12 (6 wks ~ no class 3/8)
Place: WMS Room  Fee: $150.00

WMS AFTER SCHOOL

Enjoy Your Journey
Looking to make new friends, create, and learn some inspiring life lessons? This 8-week course will take you on a journey to see how wonderful the world is when you change your outlook when you start to really see the wonder in you. The group will learn about gratitude, self-love, self-care, positive self-talk, friendship, resilience, good decision-making, and empathy. All topics are taught through games, meditation, art, role-plays, writing, and fun.

Day: Thursday  Time: 2:45 – 4:00pm
Dates: 2/10—3/31 (8 wks)  Fee: $96.00
Place: WMS Library  Instructor: Kelly Viera

Net Generation Tennis
This program is for beginners or players on a path to develop their tennis skills in grades 5-8. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available.

Day: Thursday  Time: 2:45—3:45pm
Dates: 2/3—3/24 (8 wks)

Musical Theater Workshop
In this workshop, students will explore the many aspects of live theater! Students will have the chance to find their strengths and choose various studies within theater including acting, singing, creative movement, writing, directing, and technical design, all within a positive, team building environment. Each week, students will get to work on their parts that come together in a small performance. This workshop is led by Stacey Snyder, a trained professional singer in all styles and background in theater, acting, and literature. Students should bring an extra snack and water bottle each week.

Day: Wednesday  Time: 2:45—4:45pm
Dates: 2/2—4/6 (10 wks)  Fee: $120.00
Place: WMS Café

Guitar Group Lessons
Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Networks hit show "Teen Titans Go!" will offer after school lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This group lesson is customized to meet the student's own goals and skill sets. Check out his website by clicking here. Further questions about lessons can be answered by emailing satellitemusicco@gmail.com.

Day: Wednesday  Time: 3:00 – 3:45pm
February: 2/2—2/23 (4 wks) Instructor: Frank Enea
March: 3/2—3/23 (4 wks)
April: 3/30—4/27 (4 wks ~ no class 4/20)
Fee: $180.00/session  Place: WMS Music Room

Robotics Codemaker 101
In our Robotics programs, kids learn to build and program a variety of robots using LEGO® bricks and award-winning software. Kids bring their LEGO creations to life! Each theme-based session encourages creativity and imagination as kids brainstorm, build and experiment with amazing robots. Each day, there will also be free time to code, play with art and design projects, use LEGO®s and gears, among other activities. Chromebooks are provided however if a student would like to load class software for use at home, they can bring their own laptops with necessary passwords for loading software. This program is led by instructors from Sylvan Learning of Brookfield.

Day: Tuesday  Time: 2:45—4:00pm
Dates: 3/1—4/12 (6 wks ~ no class 3/8)
Place: WMS Room  Fee: $150.00

WMS AFTER SCHOOL

Enjoy Your Journey
Looking to make new friends, create, and learn some inspiring life lessons? This 8-week course will take you on a journey to see how wonderful the world is when you change your outlook when you start to really see the wonder in you. The group will learn about gratitude, self-love, self-care, positive self-talk, friendship, resilience, good decision-making, and empathy. All topics are taught through games, meditation, art, role-plays, writing, and fun.

Day: Thursday  Time: 2:45 – 4:00pm
Dates: 2/10—3/31 (8 wks)  Fee: $96.00
Place: WMS Library  Instructor: Kelly Viera

Net Generation Tennis
This program is for beginners or players on a path to develop their tennis skills in grades 5-8. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available.

Day: Thursday  Time: 2:45—3:45pm
Dates: 2/3—3/24 (8 wks)

Musical Theater Workshop
In this workshop, students will explore the many aspects of live theater! Students will have the chance to find their strengths and choose various studies within theater including acting, singing, creative movement, writing, directing, and technical design, all within a positive, team building environment. Each week, students will get to work on their parts that come together in a small performance. This workshop is led by Stacey Snyder, a trained professional singer in all styles and background in theater, acting, and literature. Students should bring an extra snack and water bottle each week.

Day: Wednesday  Time: 2:45—4:45pm
Dates: 2/2—4/6 (10 wks)  Fee: $120.00
Place: WMS Café

Guitar Group Lessons
Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Networks hit show "Teen Titans Go!" will offer after school lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This group lesson is customized to meet the student's own goals and skill sets. Check out his website by clicking here. Further questions about lessons can be answered by emailing satellitemusicco@gmail.com.

Day: Wednesday  Time: 3:00 – 3:45pm
February: 2/2—2/23 (4 wks) Instructor: Frank Enea
March: 3/2—3/23 (4 wks)
April: 3/30—4/27 (4 wks ~ no class 4/20)
Fee: $180.00/session  Place: WMS Music Room

Robotics Codemaker 101
In our Robotics programs, kids learn to build and program a variety of robots using LEGO® bricks and award-winning software. Kids bring their LEGO creations to life! Each theme-based session encourages creativity and imagination as kids brainstorm, build and experiment with amazing robots. Each day, there will also be free time to code, play with art and design projects, use LEGO®s and gears, among other activities. Chromebooks are provided however if a student would like to load class software for use at home, they can bring their own laptops with necessary passwords for loading software. This program is led by instructors from Sylvan Learning of Brookfield.

Day: Tuesday  Time: 2:45—4:00pm
Dates: 3/1—4/12 (6 wks ~ no class 3/8)
Place: WMS Room  Fee: $150.00
JUNIOR GOLF LESSONS

Golf Lessons for Juniors
This program is open to boys & girls, ages 7-14, of all skill levels and designed to provide a solid base in the fundamentals of golf, as well as get young golfers ready to play and enjoy the game. Beginners who have never played and more experienced players who want to improve their game will benefit from classes.

Class 1: Introduction/set-up and swing with irons.
Class 2: Review/set-up and swing with woods.
Class 3: Pitch shots and bunker play.
Class 4: Chipping and putting.

During classes, the group will also work on faults and fixes, drills, rules & etiquette, course management, and strategy, some computer video swing analysis and more. Bring your own clubs or Golf Quest will provide them for you. A 7 & 5-iron will be used during the first class.

www.golfquestranges.com

February: Wednesdays 2/2—2/23
March: Thursdays 3/3—3/24
April: Wednesdays 4/6—4/27

Fee: $150.00  Time: 4:30—5:30pm
Place: Golf Quest, 1 Sand Cut Rd., Brookfield

REC BASKETBALL

Rec Basketball Leagues rely on adult volunteer coaches. Without your help, these leagues would not be able to run. If you are able to assist as a coach, please let us know at the time of registration for your son or daughter.

Girls Basketball—Grades 6—9
This is a recreational league for girls in grades 6-9 that focuses participation and fun, not competition. No experience is necessary and girls of all skill levels can join. Evaluations will be held the first two weeks with the participating in drills and scrimmages that will help determine teams. Schedules will be emailed to each player once teams are set. Teams will have practices followed by a game each week. Games are played between other Brookfield teams and are officiated by high school certified officials. Game times for girls teams are generally 12:00pm, 1:30pm, or 3pm each week. Late season games and playoffs may be played on a weeknight. Supervisors for the program are Steve Kolitz, Jason Maxwell, Lisa DiLullo, and Desirae Smyser.

Days: Saturday  Dates: 1/8—3/5 (9 wks)
Fee: $108.00  Place: BHS Gyms

Boys Basketball—Grades 6 & 7, 8 & 9, 10-12
Boy’s rec basketball leagues will begin on Jan. 8th 2022 at Brookfield High School with two weeks of evaluations. Regular season games will begin the week of Jan. 15th and run 7 weeks. Games are played between other Brookfield teams and are officiated by high school certified officials. Time and format of the league will vary depending on the number of players and teams. Generally, boys in grades 6/7 play at 8:00 or 9:30am, boys in grades 8/9 at 11:00am or 12:30pm, and boys in grades 10-12 at 2:30 or 3:45pm. Late season games and playoffs may be played on a weeknight. Supervisors for the program are Steve Kolitz, Jason Maxwell, Lisa DiLullo, and Desirae Smyser.

Days: Saturday  Dates: 1/8—3/5 (9 wks)
Fee: $108.00  Place: BHS Gyms
Brookfield Parent Support Network
Join us for free, confidential, and informal monthly meetings. For parents concerned about their kids who struggle with anxiety, depression and/or emotional dysregulation. For more information please email brookfieldpsn@ymhproject.org
Sponsored by Brookfield Cares, Brookfield Education Foundation and The Youth Mental Health Project.

Boy Scouts Open House
The Boys Scouts Troop 135 and 235 will hold a Spring Open House on Thursday, March 10th at 7pm at Huckleberry Hill Elementary School. The meeting is open to community members who may be interested in joining the Scout movement. This opportunity is open to both male and female scouts, ages 11-17. For additional info, email aerielle.smith@yahoo.com

YOUTH SPORTS ORGANIZATIONS:
Brookfield Baseball & Softball Association (BBSA)
www.brookfieldbbsa.com
Steve Harding Sr. – President proff1960@aol.com ~ 203-770-4424
Brookfield Pop Warner Football & Cheer
www.brookfieldpopwarner.com
Douglas Sylvia - President - dsylvia73@att.net
Brookfield Lacrosse Club
www.brookfield-lax.org
Jeff Praissman – President jpraissman@gmail.com
Brookfield Soccer Club
www.brookfieldsoccer.org
Sam Ramzy-Registrar registrar@brookfieldsoccer.org
Brookfield Basketball Association (BBA)
Travel Basketball for grades 4-8
www.bbabrookfield.com
brookfieldbbapresident@gmail.com