



**BROOKFIELD CARES**

Promoting social and emotional wellness in our community.

**FREE**  
COMMUNITY  
FILM PRESENTATION

# THE AWARD-WINNING MOVIE EVERY PARENT SHOULD WATCH

A COMPELLING FILM ABOUT ONE FAMILY'S  
JOURNEY TO UNDERSTAND AND SEEK HELP  
FOR THEIR CHILD'S MENTAL HEALTH ISSUES.

## NO LETTING GO

Tuesday, November 14

6:30 PM

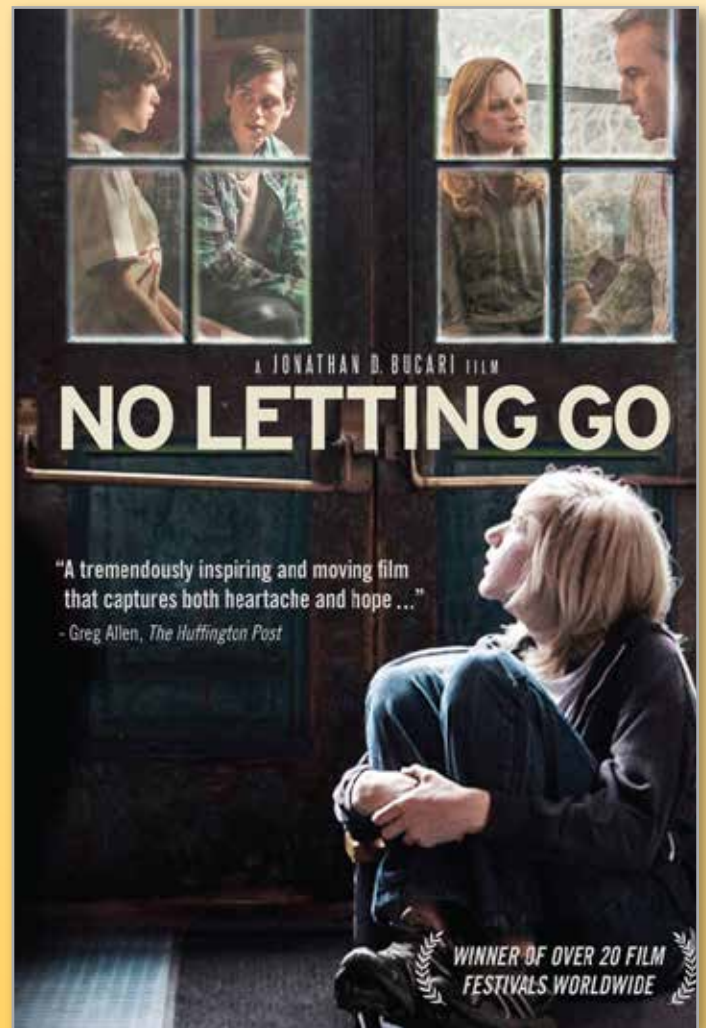
Brookfield High School Auditorium

See the award-winning film.

Participate in a post-film discussion  
with co-founder of The Youth Mental  
Health Project/co-writer of the  
movie Randi Silverman, and Director  
of Pupil Personnel Services for  
Brookfield Schools Christine Sipala.

Learn how schools can partner  
and help families.

This event is for adults only.



"No Letting Go" is brought to you by The Youth Mental Health Project. Visit them at: [ymhproject.org](http://ymhproject.org)

**BROOKFIELD CARES** • P.O. Box 5156 • Brookfield CT 06804  
[brookfield-cares.org](http://brookfield-cares.org)

**BROOKFIELD CARES** is a registered nonprofit 501c3 organization.

## Randi Silverman

As the mother of a child who was diagnosed with anxiety, depression and bipolar disorder at a very young age, Randi Silverman has experienced firsthand what it is like to raise a child with a mental health disorder.

Randi co-wrote and produced a feature film that honestly tells a story of the struggle families face when their child suffers from mental illness. Released in 2016, NO LETTING GO is an award winning film.

Randi's personal goal in sharing her story on the big screen is to create community conversations around the vitally important issues of youth mental health. With the mission of universal mental health literacy in mind, she co-founded the nonprofit The Youth Mental Health Project to spark change.



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