be happier • build family unity • feel great • take care of latch key children • reduce unemployment • increase communication skills • expand knowledge

• lose weight • diminish chance of disease • build self-esteem • reduce stress • promote sensitivity to cultural diversity • eliminate loneliness • increase community pride • reduce crime • provide safe places to play • generate revenue • lower health care costs • meet friends • educate children and adults • relax • keep business from leaving • elevate personal growth • strengthen neighborhood involvement • conquer boredom • provide child care • boost economy • curb employee absenteeism • increase tourism • build strong bodies • increase property value • attract new business • preserve plant and animal wildlife • instill teamwork • live longer • protect the environment • create memories • clean air and water • boost employee productivity • look better • enhance relationship skills • decrease insurance premiums • control weight • offer places for social interaction • diminish gang violence • teach vital life skills • provide space to enjoy nature . . .

THE BENEFITS ARE ENDLESS

Winter 2020 Program Guide
Special Events

Tom O'Brien’s Magic Show
Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O’Brien! Tom has delighted children in our after-school workshops and summer camps. The performance is appropriate for ages 3-10, and will be held in the Brookfield High School Auditorium, 10:00 – 10:45am. This event is free with no pre-registration required. See you there!
Day: Friday       Time: 10:00 – 10:45am
Date: 2/14        Fee: FREE
Place: BHS Auditorium

Brookfield Community Skate at Danbury Ice Arena
Join us with your friends and neighbors for some ice skating at Danbury Ice Arena. We have rented out one of the rinks for Brookfield residents. Skate rentals are included for those who need them, but please bring your own if you have a pair. Bring your bicycle helmet from home as well for protection. Light refreshments will be served. There is no charge for this event but you must pre-register, as there is a limited number of people we can accommodate. Plan on getting to the Arena around 8:45am so you have time to lace up your skates and enjoy the full time on the ice.
Day: Sunday       Time: 9:00 – 10:30am
Date: 2/9/20        Fee: FREE
Place: Danbury Ice Arena: 1 Independence Way, Danbury

Valentine Crafts Workshop
Children will enjoy creating crafts with a Valentine’s Day theme at Town Hall. Ages 3 – kindergarten participate with a parent or caregiver; for grades 1-4 this is a drop off program.
Day: Saturday       Date: 2/8       Fee: $10/child
Time: Ages 3 – K: 10:00am – 11:00am
Grades 1-4: 11:00am – 12:00pm

Spring Crafts Workshop
Children will enjoy creating crafts with a springtime theme at Town Hall. Ages 3 – kindergarten participate with a parent or caregiver; for grades 1-4 this is a drop off program.
Day: Saturday       Date: 3/28       Fee: $10/child
Time: Ages 3 – K: 10:00am – 11:00am
Grades 1-4: 11:00am – 12:00pm

Still River Greenway Bird & Nature Walk
Explore the diverse habitats right along the Still River Greenway with CT Audubon Society’s Stefan Martin, habitat steward and expert birder. The focus will be on finding colorful spring migrants which include Warblers, Vireos and Tanagers. We will take a look at some of the different habitat types these birds use for spring migration for food, shelter and nesting. Basic birding, including how to use binoculars, observation skills and identification tips will be presented. Bring binoculars, if you have them.
For more info on the CT Audubon Society, please visit www.ctaudubon.org. Registration required.
Day: Saturday       Fee: FREE
Date: 4/25        Time: 8:00 – 10:00am
Place: Brookfield Town Hall, 100 Pocono Rd.

21st Annual Flashlight Egg Hunt
Just for students in grades 3-5! The hunt will be held on the grounds of Town Hall at 8pm sharp and will last approximately 20 minutes. All participants must bring their own flashlight. Bags will be provided for collecting. Call the Parks & Recreation office to register. Cost is $1.00 per student. Pay on the evening of the hunt in the Town Hall Lobby.
Day: Friday       Time: 8:00pm
Date: 4/3       Fee: $1.00
Place: Brookfield Town Hall, 100 Pocono Rd.

23rd Annual Egg Hunt
Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 4th. Additional features include jellybean counting contest and a special appearance by a famous bunny. Bags will be provided for egg collecting. Call the Parks & Rec office to register. Cost is $1 per child paid on the day of the event in the Town Hall.
Age Divisions:
Under 3 at 12pm
3-4 year olds at 12:15pm
5-6 year olds at 12:30pm
7-8 year olds at 12:45pm
Day: Saturday       Fee: $1.00
Date: 4/4
Place: Brookfield Town Hall, 100 Pocono Rd.

Brookfield Parks & Rec Weather Policies

Weather Cancellations
Brookfield Parks and Recreation programs and events may be postponed or cancelled due to winter weather concerns.

• If Brookfield Schools are closed because of weather: all programs are cancelled for that day.
• If Brookfield Schools have a delayed opening: all programs which begin before 12:00 noon are cancelled. All afternoon and evening programs meet as scheduled.
• If Brookfield Schools have a weather-related early dismissal, all afternoon and evening programs are cancelled.

When weather events occur at night, on weekends or on days when school is not in session, cancellation decisions will be made by the Parks and Recreation Office in cooperation with the appropriate agencies. Registered participants will receive an email notifying them of any cancellation. Notice will also be posted on our Facebook page. If there is any question about the status of a program, please check your email or Facebook for updates.

Follow our Facebook page for program updates and special events.
Search Facebook for: Brookfield, Connecticut Parks & Recreation

Parks & Recreation...The Benefits are Endless 775-7310 www.brookfieldct.gov/rec
Madame Tussauds Wax Museum & Lunch at Planet Hollywood Times Square

The world-renowned MADAME TUSSAUDS WAX MUSEUM has created New York’s must-see attraction in the heart of Times Square. Mingle and rub elbows with your favorite celebrities sculpted out of wax. There is so much more to see and do with over 200 life-like wax creations where you can interact, take photos, and get close to celebrities, musicians, sports and political figures. Lunch at Planet Hollywood in Times Square. Movie memorabilia takes center stage at the tribute-to-Hollywood restaurant serving American fare. Order off the Movie Star Classic menu that day. Entrée choices include Classic Hamburger, Chicken Caesar Salad, Six Cheese Chicken Macaroni, or Chicken Tenders. Free time in the afternoon to explore Times Square in the heart of NYC!

Fee: $108.00
Day: Saturday
Time: 9:15am – 7:30pm

The River Rose Cruise on the Hudson & Lunch at The River Grille

The River Rose is an authentic New Orleans paddle wheeler which departs from Newburgh, NY & heads South offering a 2-hour narrated tour of historically significant sites such as Bannerman’s Island, Catskill Water Aqueduct, Storm King Mountain, Breakneck Mountain, Village of Cold Spring and West Point. Lunch will be at The River Grille located in Newburgh’s Historic District on the Hudson River, and featuring delicious food and magnificent water views. Menu: Garden Salad, Penne a la Vodka, Filet of Sole Stuffed with Crabmeat, Chicken Marsala, or Grilled Flank Steak, Warm Brownie Sundae, Soda or Coffee. Travel on a deluxe motorcoach.

Fee: $108.00
Day: Saturday
Time: 10:15am – 5:30pm

Adult Education

iPhone Photography

If you need a little one-on-one help to truly get comfortable with your iPhone, this is the class for you. We’ll spend the evening trying out the options in the “Camera” and “Photos” sections of the iPhone, as well as answer your questions about “Settings” and iCloud storage. Did you know that you can improve your photos by cropping or changing their color, lightness and density? Did you know you can take movies and create slide shows? If time permits, we’ll test out a few useful apps. We’ll also discuss the iPhone’s limits as compared to a DSLR camera. You can take great photos with your iPhone and this class will show you how! Be sure your battery is charged! This class will cover the new iPhone 11 as well as older versions.

Fee: $25.00
Time: 7:00 – 9:00pm
Place: Town Hall Meeting Room
Instructor: Mary Ann Kulla

Chef Suchada's Thai Cooking

Join Chef Suchada in learning how to make delicious Thai food that carefully blends salty, sweet, bitter, and spicy flavors that will play with your senses. Students will have the chance to eat what they make during the class and leave with recipes, too. Each week features a new Thai theme. Enjoy a trip to South Asia, Street Food in Bangkok, All About Curries, and Date Night.

Fee: $84.00
Time: 6:00 – 8:00pm
Place: BHS Culinary Arts Room #204

Digital and Video Photography

In just five weeks this class will have you using your camera like a pro. It will demystify what all those buttons and hidden menus do. Technical terms like white balance, ISO and resolution will be explained, but we’ll also spend time developing your artistic sense. Weekly assignments will encourage you to practice. This season we’ll study the video capability of your camera too. Charge up your batteries, bring your camera manual, and let’s have some fun!

Fee: $70.00
Time: 7:00 – 9:00pm
Place: Town Hall Room
Instructor: Mary Ann Kulla

Letting Go

Lots of stuff in your home? Buy things that are not on the list? Feel like it’s time to let go? Letting go can be a challenge! Discover the benefits of owning less. Learn why we acquire things and how we can shop differently. Professional Organizer Kerri Columbo of Cornerstone Organizing will inspire you to rethink your shopping trips, organize your belongings and begin the process of letting go! You’ll exit class inspired to identify and let go of your unneeded belongings, and to organize the rest. Kerri has appeared as the Organizing Expert on TLC’s Hoarding and is a recommended Organizer with Hartford Hospital’s esteemed Institute of Living Anxiety Disorders Center.

Fee: $25.00
Time: 7:00 – 8:30pm
Place: Town Hall Room
Instructor: Kerri Columbo

The Basics of Acting for Adults

In a fun and comfortable environment, this class will explore a variety of disciplines each week including beginning vocal, character study, stage, and body movement techniques, aspects of performing along with speaking exercises designed to assist with improved speech and memory. This class is taught by Tim McKee who has been in the entertainment business for over 40 years on stage, film and voice overs. He has been teaching and private coaching for over 25 years.

Fee: $99.00
Time: 7:00 – 8:00pm
Place: Town Hall Room

www.brookfieldct.gov/rec 775-7310

Parks & Recreation...The Benefits are Endless
**Make Your Own Kombucha and Fermented Vegetables**

Get the benefits of probiotics into your diet, save money and enjoy delicious fermented vegetables. Cabbage, beets, carrots and other veggies can be preserved with just a little work. Science is showing that they have numerous health benefits. In this class we’ll spend an evening making sauerkraut or another pickled vegetable that will be better than anything you can get in the grocery store. Then we’ll go through the process of making the fermented beverage, kombucha, step by step. You’ll leave with prepared vegetables which you can continue to ferment at home and perhaps a kombucha starter.

**Day:** Monday  
**Time:** 7:00 – 9:00pm  
**Dates:** 2/10  
**Place:** Town Hall Room 119  
**Fee:** $29.00  
**Instructor:** Mary Ann Kulla

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**Cut Your Cable TV Bill Basics**

Intrigued by the thought of going cable-less, but not quite sure where to begin? "Cord cutting" is a growing phenomenon due to the high cost of cable. This program will cover the terminology and technology you’ll need to know and discuss the fundamentals of cutting cable & start "streaming".

**Day:** Wednesday  
**Time:** 7:00 – 9:00pm  
**Date:** 2/19  
**Place:** Town Hall Meeting Room  
**Instructor:** Ray DiStephan

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**D.E.E.P. Boating Safety Course**

Students of all ages to successfully complete this course will satisfy the requirements for the CT State Boating Certificate. Children under the age of 16 must be accompanied by an adult with no charge to the parent if they are not seeking the certificate. Participants must attend all four classes in the session and present a valid photo ID. There is an additional $50 license fee to the State which will be paid online after successful completion of the class. This certification is GOOD FOR LIFE(!) in the state of CT. Participants should obtain their CT Conservation ID Number prior to the start of the class through the CT online Sportsman Licensing System. www.ct.gov/deep

**Day:** Monday & Wednesdays  
**Time:** 7:00 – 9:00pm  
**Date:** 5/4, 5/6, 5/11 & 5/13  
**Place:** WMS Seminar Room  
**Fee:** $25.00

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**Red Cross Adult and Pediatric First Aid/CPR/AED for Lay Responders**

This course covers CPR/AED and first aid for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real-life scenarios. Includes Red Cross certification in Adult and Pediatric First Aid/CPR/AED which is valid for two years and hard case pocket mask.

**Session 1:** 2/8  
**Session 2:** 3/21  
**Place:** Town Hall Room 129  
**Time:** 10:00am – 2:00pm  
**Time:** 10:00am – 2:00pm  
**Day:** Saturday

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**Mindful Movie Nights**

Inspired Movies & More. Interesting, inspiring, curious movies, documentaries, Ted Talks, ideas, conversation and more. Water and popcorn included. Topics: evolving humanity, earth/nature, new technologies that sustainably serve, whole foods, new economic models, inclusive spirituality, simple living, the awake mind, new education, intentional community living, action-oriented ideas opportunities and more. Conscious group sharing afterwards.

**Day:** Friday  
**Time:** 7:30pm  
**Dates:** 1/31, 2/28, 3/27, & 4/24  
**Fee:** Suggested Donation $9  
**Place:** YogaSpace, 78 Stony Hill Road, Bethel, CT  
**Instructor:** Veronica Marr

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**Natural Solutions to Eliminate Migraine-Headaches**

Are your migraine-headaches preventing you from living you life to the fullest? According to recent research, about 12% of the entire population suffers from migraines. In this workshop led by Dr. Maslowski, DACM, you will learn how to treat the root cause of migraine-headaches, and not just the symptoms. You will also learn three tips to reduce your headaches through simple lifestyle changes. Lastly, you will learn how evidence-based acupuncture improves overall migraine-headache success! Pre-registration is required for this program.

**Day:** Saturday  
**Time:** 12:00 – 1:00pm  
**Dates:** 1/25  
**Place:** Sophia Natural Health Center, 31 Old Rt. 7 Brookfield  
**Fee:** $5.00

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**What is your Chinese Medicine Pattern Diagnosis?**

Chinese Medicine is the oldest medical system in the world dating back 4,000 years. Doctors of the past could not use blood tests, MRI’s and other modern advancements to diagnose. In this one-hour workshop, Dr. Maslowski will be teaching you how doctors of Chinese Medicine diagnose their patients using an ancient but effective way of evaluation. During the program, you will learn your pattern diagnosis and also observe Chinese medical demonstrations. Pre-registration is required for this program.

**Day:** Saturday  
**Time:** 12:00 – 1:00pm  
**Dates:** 2/8  
**Place:** Sophia Natural Health Center, 31 Old Rt. 7 Brookfield  
**Fee:** $5.00

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**Heal Your Heart with Natural Medicines**

From the moment you are given life to the moment you pass, your heart beats relentlessly to pump vital nutrients to your body. Current evaluation and treatment of risk is insufficient to properly keep you healthy and whole. This lecture is designed to clarify the world of prevention cardiovascular care including cutting edge testing, the heart health diet, nutrients for heart health, the relationship between stress and heart attacks and much more.

**Day:** Tuesday  
**Time:** 7:00 – 8:15pm  
**Dates:** 2/18  
**Place:** Sophia Natural Health Center, 31 Old Rt. 7 Brookfield  
**Fee:** $5.00
Beginning Crochet 101
Ever want to learn to crochet but didn’t know where to start? This class will simplify those complicated looking instructions by teaching basic crochet stitches and how to read pattern instructions in the process. Participants will join others who are just learning this skill in a small group setting. Materials provided at first class for $5 fee or bring your own.

Day: Thursday  
Dates: 1/30 – 2/20 (4 wks)  
Place: Town Hall Room  
Instructor: Jaclyn Makarevich

Crochet 102
You have learned the basic stitches! Now it is time to put them to work. In this class we will continue to learn how to follow a pattern instruction and make potholders using stitches you learned in the beginning class. Materials provided at first class for $5 fee.

Day: Thursday  
Dates: 3/5 – 3/26 (4 wks)  
Place: Town Hall Room  
Instructor: Jaclyn Makarevich

Crochet Pattern
Have a crochet pattern that you want to make, but just do not understand the instructions? Bring your pattern to class and we will go over the instructions row by row (or round by round). Check your receipt for instructor email to send the pattern ahead of time.

Day: Wednesday  
Dates: 2/26  
Place: Town Hall Room  
Instructor: Jaclyn Makarevich

Beginning Knitting
Learn to knit and purl. Basic casting on, knitting, purl and binding off stitches will be taught. Leave with a finished potholder or learn to make a beautiful scarf. Participants should purchase and bring their own supplies including size 7 knitting needles and one skein of Lion Brand or Red Heart yarn. Two skeins needed for the scarf project. Yarn and needles are available to practice with if you are unable to purchase before the first class.

Day: Monday  
Dates: 2/3 – 3/16 (6 wks ~ no class 3/17)  
Place: Town Hall Room  
Instructor: Kathleen Huntington

Intro to Drawing & Acrylics
This class will teach fundamental techniques of drawing and acrylic painting to adults. Students will be learning how to draw from reference photos, shading techniques, basic color theory and more. Projects will be shaped by the individuals’ interest of subject matter. Participants are responsible for obtaining additional material at an approximate value of $85. Materials list included on receipt.

Day: Mondays  
Dates: 2/3 – 3/16 (6 wks ~ no class 2/17)  
Place: Town Hall Room  
Instructor: Andrea Rios

Watercolor for Adults
Whether you are an artist just starting out, or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. A materials list will be included on your receipt when you register. The approximate cost of materials is $60.

Day: Tuesdays  
Dates: 1/14 – 3/24 (10 wks ~ no class 3/17)  
Place: Senior Center Craft Room  
Instructor: Victoria Lange

Floral 101 & Floral Design
Love flowers and design? Ever wanted to create your own arrangement? Come join us for a 2-hour course exploring various types of flowers, learning about which flowers are in season when, and the push for locally grown, community supported organic flowers. The second half of the class will speak to principles of floral design and the overall creative expression that floral arrangement can bring. As part of this interactive course, participants will get to design their own one of a kind arrangement to take home! A $15 materials fee is not included in the registration fee and is payable the night of the workshop.

Day: Thursday  
Dates: 5/14  
Place: Town Hall Room  
Instructor: MaryLinda Breckner

NEW ~ Find the “ART in your Heart”
Paint your own original PET PORTRAIT, created from your beloved pet’s photo! No experience necessary and first timers are encouraged to join. This class will be an easy, fun experience designed to inspire and delight both you and your guests. Create a memory that will last a lifetime. Express your love! All materials are provided including pre-sketched canvas! Your registration receipt will have the instructors email attached. Upon registration, you will receive the instructors email to send a photo of your best friend ahead of the scheduled class.

Day: Thursday  
Date: 3/5  
Place: Town Hall Room  
Instructor: Victoria Lange

Floral 101 & Floral Design
Love flowers and design? Ever wanted to create your own arrangement? Come join us for a 2-hour course exploring various types of flowers, learning about which flowers are in season when, and the push for locally grown, community supported organic flowers. The second half of the class will speak to principles of floral design and the overall creative expression that floral arrangement can bring. As part of this interactive course, participants will get to design their own one of a kind arrangement to take home! A $15 materials fee is not included in the registration fee and is payable the night of the workshop.

Day: Thursday  
Dates: 5/14  
Place: Town Hall Room  
Instructor: MaryLinda Breckner

Have a suggestion for a new program or event? You can find our program proposal form online at www.brookfieldct.gov/rec or stop in our office at 163 Whisconier Rd.
Simply (Slowly) Stretch and Strengthen

Would you like to increase your flexibility? Strengthen the muscles that support your back and core? Through standing postures and floor work, you’ll use the resistance of your own body weight to gently increase your flexibility, strength and stability. This program can be modified for all fitness levels, but participants should be comfortable working on the floor (mats). Wear loose clothing & bring a towel, water bottle & yoga mat if you have one.

**Day:** Wednesday  
**Dates:** 1/29 – 3/18 (8 wks)  
**Place:** Center School Gym  
**Instructor:** Phyllis Babuini

Cardio Sculpt

This low impact class will use the concentrated resistance of bands and light weights to work your core, build muscle, and work on your positive posture and balance. Please bring two sets of weights; one lighter, one heavier (1, 3, or 5lb recommended) and a towel or mat for floor work. Be sure to wear sneakers and bring a water bottle, too.

**Day:** Thursday  
**Dates:** 1/30 – 3/26 (8 wks ~ no class 3/19)  
**Place:** Center School Gym  
**Fee:** $79.00  
**Instructor:** Phyllis Babuini

Intro to Tai Chi Quan

Tai Chi is the ultimate system for health and self-defense. It is practiced for its power to prevent and cure many diseases and ailments. The slow gradual movements are rooted in ancient traditional Chinese Medicine to help reduce stress, increase balance, core strength and greatly improve overall health. This class will introduce standing meditation, basic qi gong exercises and the Tai Chi long form. Wear flat soled shoes & loose clothing.

**Day:** Friday  
**Dates:** 1/24 – 3/13 (7 wks ~ no class 2/14)  
**Place:** Center School Gym  
**Fee:** $79.00  
**Instructor:** Vincent Candela

The Swimming Dragon

The Swimming Dragon has the power to improve our health, fitness level and promote general well-being. It is practiced by repeating a short cycle of movements specifically designed as a comprehensive care system for the internal organs. The benefits of this movement are improvements in the digestive system and ability to eliminate waste, improve breathing process, fortifies the kidneys, relieves neck, shoulder, low back, and hip pain by benefiting the spine, nervous system and meridians. Lastly, it greatly enhances the body’s ability to relax reducing stress and the associated ailments. In addition to The Swimming Dragon, students will also be introduced to the Taoist relaxed and Calm Standing Meditation form to further bolster the body’s immune system. No special equipment is required. Please wear comfortable, loose clothes.

**Day:** Tuesday  
**Dates:** 1/28 – 2/25 (4 wks ~ no class 2/18)  
**Place:** Center School Gym  
**Instructor:** Vincent Candela

Eight Pieces of Brocade

An ancient Chinese exercise and fitness system used as an alternative healing therapy (AKA medical Qi Gong). It consists of a series of eight exercises that follow the principals of Traditional Chinese Medicine. It is one of the most gentle and effective ways of working with the body, calming the nervous system, healing body, mind, and spirit. Eight Pieces of Brocade enables the student to correct physical and energetic imbalances, releases emotions and stress. It is a simple and effective way of directing Qi (life energy) throughout the body and remove blockages that can cause sickness or disease without acupuncture, herbs or massage. No special equipment is required. Please wear comfortable, loose clothes.

**Day:** Tuesday  
**Dates:** 3/10 – 3/31 (4 wks)  
**Place:** Center School Gym  
**Fee:** $79.00  
**Instructor:** Vincent Candela

New~ Junior & Adult Taekwondo

Have fun and challenge yourself mentally and physically. This program is open to beginners ages 12 and older interested in Taekwondo and all its benefits. You will learn the basics of self-defense, work on the fundamentals of kicking/punching, and get in cardio fitness. Taekwondo is a traditional Korean martial art focused on respect, confidence, and discipline. Master Kris Hyun helps students excel on and off the dojang mat. Dress in loose, comfortable clothing or there is an option to buy a uniform for $40. **This program is ONLY available as a 1-time introductory program.**

**Days:** Tuesday & Thursdays  
**Time:** 6:40 – 7:20pm  
**January Session:** 1/7 – 1/30  
**March Session:** 3/10 – 4/2  
**June Session:** 6/8 – 7/2  
**Fee:** $99.00  
**Instructor:** Master Kris Hyun  
**Place:** World Championship Taekwondo, 317 Federal Rd.

New~ Taekwondo Family Class

Learn Taekwondo with your family! A great way to get in shape, while having fun and learning the basics of this traditional Korean martial art. You will learn kicking, punching, self-defense, meditation, all while having a lot of fun bonding with your family members. Taekwondo is conditioning for your mind and body. Open to all students and their parents/uncles/aunts/grandparents/siblings ages 4 and up. Dress in loose, comfortable clothing or there is an option to buy a uniform for $40. **This program is ONLY available as a 1-time introductory program.**

**Days:** Monday & Wednesdays  
**Time:** 6:40 – 7:20pm  
**January Session:** 1/6 – 1/29  
**March Session:** 3/9 – 4/1  
**June Session:** 6/8 – 7/1  
**Fee:** $99.00  
**Instructor:** Master Kris Hyun  
**Place:** World Championship Taekwondo, 317 Federal Rd.
Ballroom & Latin Dance for Beginners

**Level I**
Participants will be introduced to the fundamentals of a variety of ballroom and Latin dances. The focus will be on footwork, lead/follow, timing, and fun! Sign up on your own or with a partner. Ballroom dance shoes or dress shoes with leather soles are recommended.

**Day:** Tuesday  
**Time:** 6:30-7:30pm  
**Dates:** 2/4 – 3/31 (8 wks – no class 2/18)  
**Place:** Whisconier Middle School Café  
**Instructor:** Jen DiBella  
**Fee:** $96.00pp

**Ballroom & Latin Dance for Beginners**  
**Level II**  
This course is designed for students who have already been introduced to the fundamentals of ballroom dancing and are looking to expand upon step patterns and increase technique. Students will learn to develop more comfort and confidence with their social dancing. Sign up on your own or with a partner. Ballroom dance shoes or dress shoes with leather soles are recommended.

**Day:** Tuesday  
**Time:** 7:30-8:30pm  
**Dates:** 2/4 – 3/31 (8 wks – no class 2/18)  
**Place:** Whisconier Middle School Café  
**Instructor:** Jen DiBella  
**Fee:** $96.00pp

**Train for a 5K**
Are you interested in running a 5k road race (3.1 miles)? Are you a walker who wants to try running or try to get your fitness back? Join Cassie Dunn in a group setting for a series of training runs at Brookfield High track. The group will train together on Saturdays & each participant will be given an individualized workout schedule to follow. Each week, new workouts will be introduced as you progress. Come dressed in layers to run & bring a water bottle. This program will prepare you for Mother’s Day 5K on Sunday May 10th, 2020. Race registration is included in your fee. In the Fall, we have the same program to prepare for the Halloween 5k. All levels of fitness welcome! Come try a great sport, get fit, and make some new friends! Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning instructor.

**Mother’s Day 5k Workshop**  
**Day:** Saturday  
**Time:** 8-9am  
**Dates:** 4/4 – 5/9 (6 wks)  
**Fee:** $70.00  
**Place:** BHS Track

**Halloween 5k Workshop**  
**Day:** Saturday  
**Time:** 8-9am  
**Dates:** 9/19 – 10/24 (6 wks)  
**Fee:** $70.00  
**Place:** BHS Track

**MELT Method**
Are you in pain? Are you feeling stiff in the morning when you wake up? Do you think this is a part of the aging process? Rest assured - it’s not a part of aging gracefully! However, you may have connective tissue “dehydration.” Your connective tissue is a three-dimensional fluid-based system that creates a flexible framework that provides your entire body support, protection and connection. MELT is performed by position point pressing of the hands and feet with specially designed soft balls (provided at class) to hydrate connective tissue. MELT is a cutting-edge technique to help you get out of and stay out of pain. Come check out this new modality. Results are noticed in the first class!

**Yoga Basics**
The perfect class series for absolute beginners! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this well-rounded introduction to yoga. We’ll practice mindfulness, stress reduction, and energy awareness so that you’ll leave feeling empowered, relaxed and open. No experience necessary! **Buy one, six class pass and attend any of the following classes for $90.00.** Mixing and matching of days is allowed.

**Session 1:** Monday  
**Dates:** 1/27 – 3/16 (pick 6 classes over 8 weeks)  
**Time:** 12:00 – 1:15pm OR 7:30 – 8:45pm  
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT  
**Instructor:** Debbie Isaacs

**Session 2:** Wednesday  
**Dates:** 1/29 – 3/18 (pick 6 classes over 8 weeks)  
**Time:** 12:00 – 1:15pm  
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT  
**Instructor:** Debbie Isaacs

**Session 3:** Thursday  
**Dates:** 1/30 – 3/19 (pick 6 classes over 8 weeks)  
**Time:** 12:00 – 1:15pm  
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT  
**Instructor:** Laurie Mayper

**Session 4:** Saturdays  
**Dates:** 2/1 – 3/21 (pick 6 classes over 8 weeks)  
**Time:** 10:15 – 11:45am  
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT  
**Instructor:** Heather Morgado

**Zumba**
Zumba is based on the principle that exercise should be fun, which helps you stick with the program until you get results & helps long-term health. It is a feel-good exercise program designed with a fusion of world music and spicy dance rhythms. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high-energy, heart-pumping workout you’ll want to do over & over.

**Day:** Tuesday  
**Time:** 6:00 – 7:00pm  
**Dates:** 1/28 – 3/24 (6 wks – no class 2/18)  
**Fee:** $80.00  
**Place:** CES Gym  
**Instructor:** Annette Kokkola-McLean
Discover Kundalini Yoga

The science of Kundalini Yoga is an ancient technology that was kept secret for thousands of years until Yogi Bhajan came to the west in 1968. It is considered one of the most powerful and comprehensive forms of yoga and the fastest way to establish an aligned relationship between body, mind, and spirit. This is an introductory class, taught by Susan Shaner, who will review all the basics of Kundalini Yoga, including postures (asanas) dynamic movement, sound current (mantra) breath (pranayam) and meditation. Through specific sets of practices, called “kriyas,” you'll learn to strengthen and balance your bodily systems, cultivate objective awareness, and experience greater clarity & emotional balance. All levels welcome. “Travel light, live light, spread the light, be the light.”

Day: Friday  
Time: 6:00 – 7:30pm  
Dates: 1/31 – 3/20 (pick 6 classes over 8 weeks)  
Place: YogaSpace, 78 Stony Hill Road, Bethel CT  
Fee: $90.00  
Instructor: Susan Shaner MA, MS, RYT, PCC (Darshan Jot Kaur)

Art of Meditation (21 Day Challenge)

This 4-week meditation course is an excellent program for beginners and also a great place for seasoned practitioner who desire to go deeper, to find more in their meditations. This course will introduce you to meditation and its many facets revealing hidden treasures along the way. Whether you are a beginner or seasoned practitioner the classes will help you to rediscover your inner stillness and silence while building a deep understanding of the practice and its many values & benefits. Regular practice will help restore balance, generate deeper calm, boost your health & healing, increase concentration & productivity, create greater joy, experience more clarity, creativity & purpose. Meditation will open your eyes & improve your quality of life. No refunds for missed classes.

Day: Sunday  
Time: 6:30 – 7:45pm  
Dates: 1/26 – 2/16 (4 wks)  
Fee: $60.00  
Place: YogaSpace, 78 Stony Hill Road, Bethel, CT  
Instructor: Rob Farella
Men’s Softball League – Spring 2020

Mandatory Men’s Softball League Meeting
For new and returning teams interested in playing during the 2020 season at Cadigan Park. Join us Wednesday, February 19th at 7pm in Town Hall. Information only, no deposit due. For more information, please contact Jason Maxwell at jamaxwell@hotmail.com.

Youth Evening Programs

New~ Beginning Guitar (for all ages)
Students ages 6+ begin to shine with music! And who better to unlock your child’s talent than Franklin Enea creator of “The Night Begins to Shine” and character of Cartoon Networks hit show, “Teen Titans Go!” Have fun learning the fundamentals of guitar from our local talented singer, songwriter, and guitarist. Playing guitar assists in a child’s development, instills confidence, inspires creativity, oh yea, and it’s cool too! Frank owns Satellite Music Studio in Mt. Kisco NY which is an integrated recording studio and learning center that nurtures individual style, creativity, and passion for the performing arts. This is a one on one lesson that is customized to meet the student’s own goals and skill sets, and recommended for children who already have experience playing an instrument. Email satellitemusicco@gmail.com with any questions.

Day: Wednesday  Fee: $240.00
Time: 30 Minute Lessons beginning at 4:30pm
Dates: 2/12 – 3/18 (6 wks)
Place: Town Hall  Instructor: Frank Enea

New~ Youth Taekwondo
In this introductory class, students ages 4-11 will discover the many benefits of Taekwondo including self-confidence, mental focus, physical fitness and respect. Children will be instructed in the art of form (Poomsae), basic self-defense exercises and physical conditioning. Collectively, the class is designed to give children confidence in school and life in a fun and exciting way. World Championship Taekwondo’s facility is a state of the art martial arts school in Brookfield, led by Master Kris Hyun. Dress in loose, comfortable clothing or there is an option to buy a uniform for $40. This program is ONLY available as a 1-time introductory program.

Choose any two classes per week!
Days: Monday/Thursdays 6:00 – 6:40pm
Tuesday/Wednesday/Fridays 4:40 – 5:20pm
January Session: 1/6 – 1/31 (4 wks)
March Session: 3/9 – 4/3 (4 wks)
June Session: 6/8 – 7/3 (4 wks)
Fee: $99.00  Instructor: Master Kris Hyun
Place: World Championship Taekwondo, 317 Federal Rd.

Ballet for Tots
This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends.

Recommended attire:
Girls – leotard, tights, ballet shoes.
Boys – t-shirt, sweatpants, and ballet shoes.
Day: Tuesday  Time: 10:30 - 11:30am
Dates: 1/21 – 3/3 (6 wks ~ no class 2/18)
Place: Congregational Church Fellowship Hall
Instructor: Tatiana & Chrys Prip
Fee: $72.00

New~ Little Tigers Taekwondo
In this introductory class for toddlers and preschoolers ages 3-4, kids are in a fun and safe environment learning the basics of this traditional Korean martial art. Led by Master Kris Hyun, students learn the basics of kicking and punching while having fun doing obstacle courses, agility, and practicing mind-body coordination. Dress in loose, comfortable clothing or there is an option to buy a uniform for $40. This program is ONLY available as a 1-time introductory program.

Days: Monday & Wednesdays  Time: 4:00 – 4:30pm
January Session: 1/6 – 1/29 (4 wks ~ 2 classes per week)
March Session: 3/9 – 4/1 (4 wks ~ 2 classes per week)
June Session: 6/8 – 7/1 (4 wks ~ 2 classes per week)
 Fee: $99.00  Instructor: Master Kris Hyun
Place: World Championship Taekwondo, 317 Federal Rd.

Parent & Me Soccer Squirts (Ages 2-3)
With a parent participating by their side, toddlers have fun learning the fundamentals of soccer through a series of structured activities, fun-based games, and scrimmages. Each session focuses on maximizing participation and learning through a variety of games designed to stimulate a child’s imagination and develop motor skills. Parents can spend quality time with their child while easing them into social situations with support and confidence. Each child receives a US Sports Institute t-shirt.

Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 9:00 – 10:00am  Fee: $162.00

Sunday: Dates: 4/19 – 6/14 (8 wks ~ no class 5/24)
Time: 9:00 – 10:00am  Fee: $162.00
Place: HHES Front Field
Parent & Me Multi Sport Squirts (Ages 2-3)
With a parent participating by their side, this program will stimulate a child’s imagination, develop motor skills, and encourage social interaction. Children will experience a different sport each class, which may include soccer, lacrosse, T-ball, basketball, floor hockey and flag football. Each child receives a US Sports Institute t-shirt.

Thursday: Dates: 4/18 – 6/13 (8 wks)
Time: 10:00 – 11:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/20 (8 wks ~ no class 5/23)
Time: 10:00 – 11:00am Fee: $162.00

Multi Sports Squirts (Ages 3-5)
This USSI program allows children to experience a different sport each week. It is the perfect intro to athletics for your future athlete! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of games & activities designed to ensure learning & most importantly, FUN! Participants will experience LAX, soccer, basketball, T-ball, track & field, hockey & flag football. Each child receives a USSI t-shirt.

Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 9:00 – 10:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 11:00 -12:00pm Fee: $162.00

T-Ball Squirts (Ages 3-5)
USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations. Each child receives a US Sports Institute t-shirt.

Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 10:00 – 11:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 10:00 – 11:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 11:00 -12:00pm Fee: $162.00

Soccer Squirts (Ages 3-5)
USSI's Soccer Squirts is the perfect introduction to the most popular sport in the world! Boys and girls ages 3-5 will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games, and scrimmages and are designed to ensure learning and most importantly: fun, fun, fun! Programs take place at HHES front field. Each child receives a US Sports Institute t-shirt.

Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 11:00 -12:00pm Fee: $162.00
Sunday: Dates: 4/19 – 6/14 (8 wks ~ no class 5/24)
Time: 10:00 – 11:00am Fee: $162.00

Lacrosse Squirts (Ages 3-5)
Lacrosse Squirts is the perfect introduction to the nation’s fastest growing sport. Participants will experience all aspects of lacrosse while playing a series of creative and fun games. Each session will start with a warm up game, followed by activities and instruction on the skill of the day. Participants then have the opportunity to put their new skills to use in a game-related activity or scrimmage. Skills covered include stick familiarity, scooping, throwing & catching, shooting, cradling & more. Each child receives a USSI t-shirt.

Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 12:00 – 1:00pm Fee: $162.00

T-Ball Squirts (Ages 3-5)
USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations. Each child receives a US Sports Institute t-shirt.

Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 10:00 – 11:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 10:00 – 11:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 11:00 -12:00pm Fee: $162.00

Multi Sports Squirts (Ages 3-5)
This USSI program allows children to experience a different sport each week. It is the perfect intro to athletics for your future athlete! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of games & activities designed to ensure learning & most importantly, FUN! Participants will experience LAX, soccer, basketball, T-ball, track & field, hockey & flag football. Each child receives a US Sports Institute t-shirt.

Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 9:00 – 10:00am Fee: $162.00
Saturday: Dates: 4/18 – 6/13 (8 wks ~ no class 5/23)
Time: 11:00 -12:00pm Fee: $162.00

T-Ball Squirts (Ages 3-5)
USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations. Each child receives a US Sports Institute t-shirt.

Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 10:00 – 11:00am Fee: $162.00
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Time: 10:00 – 11:00am Fee: $162.00
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Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 11:00 -12:00pm Fee: $162.00
Sunday: Dates: 4/19 – 6/14 (8 wks ~ no class 5/24)
Time: 10:00 – 11:00am Fee: $162.00

Lacrosse Squirts (Ages 3-5)
Lacrosse Squirts is the perfect introduction to the nation’s fastest growing sport. Participants will experience all aspects of lacrosse while playing a series of creative and fun games. Each session will start with a warm up game, followed by activities and instruction on the skill of the day. Participants then have the opportunity to put their new skills to use in a game-related activity or scrimmage. Skills covered include stick familiarity, scooping, throwing & catching, shooting, cradling & more. Each child receives a USSI t-shirt.

Thursday: Dates: 4/23 – 6/11 (8 wks)
Time: 12:00 – 1:00pm Fee: $162.00

Center After School
Sports Celebrated!
Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports. Children should wear sneakers and bring a snack and drink.

Day: Tuesday Time: 3:30 - 4:30pm
Dates: 1/28 – 3/24 (8 wks ~ no class 2/18)
Place: CES Gym Fee: $56.00
Instructor: Deanna Consalvo & Ryan Halloran

Zumba® Kids Jr. at CES
Zumba Kids Jr classes are rockin’, high-energy dance parties packed with kid-friendly routines. They are a perfect way to give children in grades K and 1 the opportunity to be active and jam out to their favorite music. Steps are broken down, games are added, and other physical activities are conducted. Zumba Kids Jr. helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children’s lives by making fitness fun. Classes integrate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move in, with socks & sneakers & bring a water bottle. Get ready to have fun!

Day: Monday Time: 3:30 – 4:30pm
Dates: 1/27 – 3/23 (8 wks ~ no class 2/17)
Place: CES Cafeteria Fee: $64.00
Instructor: Annette Kokkola-McLean

Zumba for Kids
Ballet for Grades K/1
This class will introduce boys and girls in grades K and 1 to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends. We will offer the class on two different days! Recommended attire: Girls – leotard, tights, ballet shoes. Boys – t-shirt, sweatpants, and ballet shoes.

**Time:** 3:30 – 4:30pm  **Fee:** $72.00

Choose one of two days:

- **Day:** Thursday  **Dates:** 1/30 – 3/5 (6 wks)
- **Day:** Friday  **Dates:** 1/24 – 3/6 (6 wks ~ no class 2/14)

**Place:** CES Music Room  **Instructor:** Chrys & Tatiana Prip

Kids Yoga (Grades K/1)
Yoga fosters creativity, sharing, focus, self-esteem and rewards each student with a peaceful mind and body. This yoga class for grades K and 1 meets each child where they are and playfully invites children to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through self-awareness and breathing techniques.

Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided. Instructor Sharon Poarch is a Physical Therapist with the Brookfield Schools with certifications as a yoga instructor.

**Day:** Tuesday  **Time:** 3:30 – 4:30pm
**Dates:** 1/28 – 3/24 (8 wks ~ no class 2/18)
**Place:** CES Music Room  **Fee:** $72.00  **Instructor:** Sharon Poarch RPT, RYT-200

Get into the Kitchen!
Children in grades K & 1 will enjoy making cook and no cook foods, as well as hands on activities involving food and measurements. This session will include quesadillas, pancakes, Valentine cookies and cake pops. Please make us aware of any food allergies when registering. This program will not include any peanut or tree nut products.

**Day:** Friday  **Time:** 3:30 – 4:30pm
**Dates:** 1/24 – 3/13 (7 wks ~ no class 2/14)
**Place:** CES Café  **Fee:** $80.00  **Instructor:** Deanna Consalvo & Ryan Halloran

Intro to Lacrosse
Designed for students in Grades K/1 who would like to learn how to play the sport of Lacrosse. Be a part of this fast paced, high scoring game that offers lots of fun! This program will provide a foundation for the sport and teach stick skills, ball handling, and teamwork. No equipment necessary! This program will be led by Brookfield teachers who are also Brookfield youth lacrosse coaches.

**Day:** Thursday  **Time:** 3:30 – 4:30pm
**Dates:** 2/6 – 2/27 (4wks)
**Place:** CES Gym  **Fee:** $39.00

Parks & Recreation...The Benefits are Endless  775-7310  www.brookfieldct.gov/rec
**Drawing Mixed Media**
Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. Info: www.paintdrawmore.com.

**NEW ~ Kickoff!**
Want to give soccer a try before signing up for a full season? Students in K and 1 are invited to join and kick around to try out a new sport before spring season arrives! Students will play soccer related games, drills and activities to help introduce the sport and improve hand-eye and foot coordination. Participants should wear comfortable clothes they can move around in and sneakers each week. Bring a refillable water bottle.

**Huckleberry After School**

**The Wizard’s School of Magic**
Students in grades 2 - 4 will learn five magic tricks from full-time professional magician Tom O’Brien after school at Huckleberry Hill. Tom has performed hundreds of shows around Litchfield and Fairfield counties and appeared on Fox 61 and WSFB’s Better Connecticut. Tom O’Brien is a master of his craft and is superb at entertaining the children while teaching. All students will receive their own magic kits containing the props necessary to perform hem at home, and a magic wand! Register before the spaces, alakazaam, disappear!

**Instructor:** Tom O’Brien  
**Fee:** $15

**Abracadabra - Magic Workshop 1:**  
Tuesday 1/28 – 3:30 – 4:30pm

**Hocus Pocus – Magic Workshop 2:**  
Tuesday 2/25 – 3:30 – 4:30pm

**Flag Football**
Boys and girls in grades 2-4 will be introduced to the basics in this non-contact class through activities, drills and games.

**Time:** 3:30-4:30pm  
**Fee:** $66.00

**Instructor:** Matt Cudney  
**Place:** HHES Lower Gym

**Dates:** 1/27 – 3/23 (8 wks ~ no class 2/17)

**NEW ~ Find Your Happy Place**
Are you ready for an exciting journey? Are you prepared to make new friends, play games, use your mind to create and learn some really awesome life lessons? Then this journey is for you. We will visit topics on gratitude, positive-thinking, self-love, self-esteem building, resilience, good decision making and compassion. Each week the group will discover a different topic through games, crafts, writing, role-playing, and meditation. Come join this voyage and learn about yourself and the connection to the others around us!

**Codemaker 102**
Codemaker 101 is a prerequisite for this program. Aspiring coders continue creating animated stories and interactive experiences while learning essential programming concepts with Scratch and Tynker. Build a drawing-based car racing game, advance game designs skills, complete BeatBot Challenge, and create several other mini-games. This program is taught by Sylvan Learning Center of Brookfield instructors.

**Instructor:** Kelly Viera

**Mad Science ~ Super Powers of the Human Body**
Did you know, that if uncoiled, the DNA in all of your cells would stretch all the way to Pluto and back?! Join us on a booming adventure inside the human body. We will explore things that are slimy, scabby, gross, and strong to discover what hidden super powers we actually have! Excavate a dissection of an owl pellet; examine realistic models of our tongue, digestive system, and blood to reveal the powerful strength of our organs. This class will make your heart beat and blow your mind! Every class, students will receive specially designed take home activities to help extend learning at home!

**Codemaker 101**
Aspiring coders dive into creating animated stories and interactive experiences while learning essential programming concepts with Scratch. This drag-and-drop, creative environment developed by MIT uses sprites and code blocks to set a foundation of computational thinking—an essential skill in this tech-driven world—enhanced by bright visuals and engaging design. Tynker will be introduced. No prior experience required. This program is led by Sylvan Learning Center instructors.

**Place:** HHES Lower Gym

**Dates:** 1/27 – 3/23 (8 wks ~ no class 2/17)

**Fee:** $120.00

**NEW ~ Find Your Happy Place**
Are you ready for an exciting journey? Are you prepared to make new friends, play games, use your mind to create and learn some really awesome life lessons? Then this journey is for you. We will visit topics on gratitude, positive-thinking, self-love, self-esteem building, resilience, good decision making and compassion. Each week the group will discover a different topic through games, crafts, writing, role-playing, and meditation. Come join this voyage and learn about yourself and the connection to the others around us!

**Instructor:** Kelly Viera

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**Place:** HHES Lower Gym

**Dates:** 1/27 – 3/23 (8 wks ~ no class 2/17)

**Fee:** $120.00
**NEW ~ 3D Model**

Kids will enjoy a fun introduction to 3D Design. Students will solve engineering challenges using their imagination, problem solving skills and LEGO to design and test cool machines. Along the way, they’ll learn STEM skills and practice awesome engineering skills. No prior programming experience required. Students will be able to transfer 3D designs into Minecraft all while learning the basics of dimensioning and spatial awareness. No prior programming experience necessary.

**Day:** Wednesday  
**Time:** 3:30 – 4:30pm  
**Dates:** 2/5 – 3/11 (6 wks)  
**Fee:** $132.00  
**Place:** HHES room

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**Net Generation Tennis**

This program is for beginners or players on a path to develop their tennis skills in grades 2-4. The program is taught with Net Generation games and lesson plans, a USTA national program for those beginners and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available to new players.

**Day:** Friday  
**Time:** 3:30 – 5:00pm  
**Dates:** 1/24 – 3/27 (8 wks ~ no class 2/14, 3/20)  
**Place:** HHES Lower Gym  
**Fee:** $132.00

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**You’ll Flip!**

Students in grades 2 – 4 who can’t get enough tumbling and gymnastics during P.E. class will continue to practice their basic gymnastics skills after school! Participants use a variety of apparatus and equipment under the watchful eyes of Mr. Cudney to develop flexibility, strength, & coordination.

**Day:** Tuesday  
**Time:** 3:30 – 4:30pm  
**Dates:** 3/17 – 4/7 (4 wks)  
**Place:** HHES Lower Gym  
**Fee:** $44.00  
**Instructor:** Matt Cudney

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**Fencing**

Over this 8-week session, students will learn the basics of fencing footwork, mobility and blade work. The class will consist of fencing drills, fencing-related games & introduce competitive tactics. Students will improve their strength, speed and coordination while learning a fun & exciting new sport. Throughout the session, students will have opportunities to test their skills fencing with each other!

**Day:** Friday  
**Time:** 3:30 – 4:30pm  
**Dates:** 1/24 – 3/27 (8 wks ~ no class 2/14, 3/20)  
**Place:** HHES Upper Gym  
**Fee:** $140.00  
**Instructor:** Matt Cudney

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**4th Grade Dodgeball**

Mr. Cudney will offer a dodgeball program for 4th graders this winter. The group will learn the official rules of dodgeball, work on hand/eye coordination, and play games.

**Day:** Tuesday  
**Time:** 3:30 – 4:30pm  
**Dates:** 1/28 – 3/10 (6 wks ~ no class 2/18)  
**Place:** HHES Lower Gym  
**Fee:** $42.00  
**Instructor:** Matt Cudney

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**Intro to Taekwondo**

Taekwondo teaches much more than kicks, punches, and defense. It also helps children focus, become peaceful, and gain the confidence needed in school & life in a fun & exciting way. World Champion Taekwondo’s instructors will allow your child to try it out right after school. Dress in loose comfortable clothing & bring a water bottle. **This program is ONLY available as a 1-time introductory program.** Bus #18 will take students directly to World Championship Taekwondo at 317 Federal Rd. Pickup at this location. Belt test on 4/3 *Additional fees apply.

**Day:** Friday  
**Time:** 4:00 – 4:40pm  
**Fee:** $129.00  
**Dates:** 1/10 – 4/3 (8 wks ~ no class 1/17, 2/14, 3/20)  
**Place:** World Championship Taekwondo, Brookfield  
**Instructor:** Deanna Consalvo & Ryan Halloran

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**French Fantastique**

Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet, counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French.

**Day:** Wednesday  
**Time:** 3:30 – 4:30pm  
**Fee:** $79.00  
**Dates:** 2/5 – 3/25 (8 wks)  
**Place:** HHES Room  
**Instructor:** Margie Minier
Drawing Mixed Media
Paint, Draw & More! drawing classes teach young artists in grades 2 - 4 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. The highest quality materials are used to help our students obtain the best results for their efforts. For more information visit, www.paintdrawmore.com.

Day: Friday  
Time: 3:30 – 4:30pm
Session 1: 1/24 – 2/21 (4 wks ~ no class 2/14)
Session 2: 3/6 – 4/3 (4 wks ~ no class 3/20)
Place: HHES Classroom  
Fee: $72.00/session

Youth Wrestling Program
The Brookfield Youth Wrestling Program is open to boys and girls in grades 3 – 4. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt. Affiliated with CT USA Wrestling.

Day: Mondays & Thursdays  
Time: 6:30 – 7:30pm
Dates: 1/23 – 2/27 (10 classes ~ no class 2/17)
Fee: $95.00  
Place: HHES Lower Gym
Instructor: Josh Levine, USA Wrestling Certified

Zumba® Kids at HHES
Zumba Kids is a perfect way to give children in grades 2 - 4 the opportunity to be active and jam out to their favorite music. Zumba Kids classes offer kid-friendly and fun routines that are based on original Zumba choreography, but modified to fit their needs. The steps are broken down, games are added, and other physical activities are conducted. Zumba helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children’s lives by making fitness fun. Classes integrate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move in, with socks and sneakers and bring a water bottle. Get ready to have fun!

Day: Thursday  
Time: 3:30 – 4:30pm
Dates: 1/30 – 3/26 (8 wks ~ no class 3/19)
Place: HHES Upper Gym  
Fee: $64.00
Instructor: Annette Kokkola-McLean

Intro to Lacrosse
Designed for students in Grades 2 - 4 who would like to learn how to play the sport of Lacrosse. Be a part of this fast paced, high scoring game that offers lots of fun! This program will provide a foundation for the sport and teach stick skills, ball handling, and teamwork. No equipment necessary! This program will be led by Brookfield teachers who are also Brookfield youth lacrosse coaches.

Day: Tuesday  
Time: 9:00 - 3:00pm
Date: 2/18  
Fee: $69.00
Place: Town Hall Room  
Instructor: Peggy Boyle

ARC Babysitter's Training
American Red Cross Babysitter’s Training gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification will be awarded upon successful completion. Please bring a lunch, drink and a pen or pencil.

Day: Tuesday  
Time: 9:00 - 3:00pm
Date: 2/18  
Place: HHES Upper Gym  
Fee: $39.00

Whisconier After School

Basic Drawing and Watercolor
Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at his or her ability level, culminating with the completion of one or more paintings. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program. A supply list will be emailed to you along with your receipt at registration and is estimated at an additional $60. Sharing paper/paints with friends is allowed.

Day: Monday  
Time: 2:45 – 4:00pm  
Fee: $95.00
Dates: 1/27 – 3/23 (8 wks ~ no class 2/17)
Instructor: Victoria Lange  
Place: WMS Art Room

*Youth evening programs are available for Taekwondo and Guitar Lessons. Information is available on page 9.*
Intro to Drawing & Acrylics
This class will teach fundamental techniques of drawing and acrylic painting to students in grades 5 - 8. Students will be learning how to draw from reference photos, shading techniques, basic color theory and more. Projects will be shaped by the individuals’ interest of subject matter. Bring a snack and a drink each week. A supply list will be emailed to you along with your receipt at registration and is estimated at an additional $83.00.

Day: Wednesday  
Dates: 2/5 – 3/11 (6 wks)  
Place: WMS Art Room  
Instructor: Andrea Rios  
Fee: $83.00

Learn to Draw Anime & Manga
Students in grades 5-8 will learn how to draw in the style of manga, a Japanese style of drawing and comics. They will learn about anatomy, shading and different ways of depicting their characters. They will experiment with inking and character design. Bring a snack and a drink each week. A supply list will be emailed to you along with your receipt at registration and is estimated at an additional $65.00.

Day: Friday  
Dates: 2/27 - 3/20 (6 wks ~ no class 2/14)  
Instructor: Andrea Rios  
Fee: $83.00

Golf Lessons for Juniors
Open to golfers of all skill levels, these classes are intended to provide students ages 7 – 14 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game:

Class 1: Introduction/Set-up and Swing with Irons  
Class 2: Review/Set-up and Swing with Woods  
Class 3: Pitch Shots and Bunker Play  
Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you.

Fee: $130.00 per month  
Place: Golf Quest, 1 Sand Cut Road.  
January: Mondays Jan. 6, 13, 20, 27  
February: Wednesdays Feb. 5, 12, 19, 26  
March: Thursdays, Mar. 5, 12, 19, 26  
April: Wednesdays Apr. 1, 8, 15, 22

NEW ~ 3D Model
Kids will enjoy a fun introduction to 3D Design. Students will have the chance to construct cool 3D models. Along the way, they’ll learn STEM skills and practice awesome engineering skills. No prior programming experience required. Students will be able to transfer 3D designs into Minecraft all while learning the basics of dimensioning and spatial awareness. No prior programming experience required. Program taught by Sylvan Learning Center instructors.

Day: Wednesday  
Dates: 3/25 – 5/6 (6 wks ~ no class 4/15)  
Fee: $132.00  
Place: WMS Library

Beginning Sewing
Beginning sewing will be offered for WMS students. You can sign up for the first class, the first two classes or all 4 at a discount. Class 1 (11/12): students will learn how to set up a sewing machine and use basic machine stitches to learn how to use the machine. No projects will be completed during this class. Class 2 (11/19): Students will review how to set up a sewing machine, cut out 1-2 pillows to sew and stuff. Students will bring 1 yard of any nonstretchy medium weight fabric, 1 spool of thread and 1 bag stuffing. Class 3 & 4 (11/26 & 12/3): Students will learn how to read/layout and cut a commercial skirt pattern. Review how to thread and operate a sewing machine and sew and complete a basic elastic waist skirt design. Bring 1 yard of 60” wide fabric with a pattern of their choosing OR 2 yards of 45” wide nonstretchy fabric (light-medium weight) such as a cotton blend, matching thread & tape measure.

Day: Tuesday  
Place: WMS Room 1521  
Dates: 3/3 – 3/31 (4 wks ~no class 3/10)  
Time: 2:45 – 4:00pm  
Fee: First Class = $20.00  
First Two Classes = $35.00  
All Four Classes = $65.00

Codemaker 102
Aspiring coders continue creating animated stories and interactive experiences while learning essential programming concepts with Scratch and Tynker. Build a drawing-based car racing game, advance game designs skills, complete CodeMaker 101 is a prerequisite. This program is taught by Sylvan Learning Center of Brookfield instructors.

Day: Tuesday  
Time: 2:45 – 3:45pm  
Dates: 1/28 – 3/17 (6 wks ~ no class 2/18, 3/10)  
Fee: $132.00  
Place: WMS Library

New~ Beginning Guitar
Students begin to shine with music! And who better to unlock your child’s talent than Franklin Enea creator of “The Night Begins to Shine” and character of Cartoon Networks hit show, “Teen Titans Go!” Have fun learning the fundamentals of guitar from our local talented singer, songwriter, and guitarist. Playing guitar assists in a child’s development, instills confidence, inspires creativity, oh yea, and its cool too! Frank owns Satellite Music Studio in Mt. Kisco NY which is an integrated recording studio and learning center that nurtures individual style, creativity, and passion for the performing arts. Lessons after school at Whisconier are offered in a group setting (4-6 students). Students would need to provide their own guitar and can contact Frank with any questions at satellitemusicco@gmail.com.

Day: Wednesday  
Time: 3:00 – 3:30pm  
Date: 2/12 – 3/18 (6 wks)  
Fee: $180.00  
Instructor: Frank Enea
**Brookfield High**

**Advanced Drawing and Watercolor**

Beneath every painting there should be an accurate line drawing. Students in grades 9-12 will learn how to train their eyes to see accurate shapes, values and colors. They will learn how to use color theory; primary, secondary and complementary colors, along with warm and cool colors. Classes will involve drawing and painting sharp focus realistic still life paintings. This class is for the serious student who would like to produce exhibit worthy paintings and drawings. Instructor Victoria Lange is a professional artist and graduate of Paier College of Art. She has designed and illustrated for many greeting card companies including C.R. Gibson, Dayspring, and Henson Associates. Supplies are provided by the student and are estimated at $125 for the session. (A supply list will be emailed to you along with your receipt at registration.)

**Day:** Wednesday  
**Dates:** 1/29 – 3/18 (8 wks)  
**Instructor:** Victoria Lange  
**Fee:** $95.00  
**Place:** BHS Room

**Ace the Interview: Strategies to Stand Out During the College or Job Interview**

This six-week course (open to high school and college students) will meet every Tuesday evening to help you or your teen build the confidence and skill required to stand out in the crowded job market or college admissions process. We cover the interview from opening handshake to writing the follow up thank you note and everything in between. We will work together to provide practical tips and strategies to improve week by week. From philosophy and writing the follow up thank you note and everything in between. We will work together to provide practical tips and strategies to improve week by week. From philosophy and strategy to mock interviews with feedback, this course is not only helpful, but fun.

**Day:** Tuesday  
**Fee:** $90.00  
**Time:** 6:00 – 8:00pm  
**Dates:** 2/4 – 3/17 (6 wks ~ no class 2/18)  
**Instructor:** Joe Ferraro  
**Place:** Town Hall Room

**Youth Employment Program (YEP)**

The Youth Employment Program is run through the Parks & Recreation Department and is designed to assist students (Age 12 and older) seeking part-time employment for after school, weekends and summertime. Students need to submit an application (found on the Parks & Recreation website) or filled out at our office. Local residents call our office looking for help with a variety of household tasks such as: babysitting, yardwork, housecleaning, office assistance, pet sitting, painting, car washing, raking and shoveling in the winter. The local resident (employer) pays the student directly on a mutually agreed upon hourly rate. Email Liz Burandt at lburandt@brookfieldct.gov for more information or to request an application. Applications are also available for download from our website.

We are currently accepting applications for the following seasonal summer position: Lifeguard  
(Applicants must be at least 16 years old and have (or be eligible to obtain) lifeguard certification including waterfront. The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation Office at 775-7310 for more information or to request an application. Applications are also available for download from our website.

**Deadline for applications:** 3/27/20

**Youth Basketball Leagues**

Parks & Rec. Youth Basketball Leagues for Grade 1 and Grades 6 through 12 begin Saturday, Jan. 4th.

Registrations are accepted through 1/24/20.

**Iddy, Biddy Basketball, Grade 1**

Boys & girls in 1st grade will practice the basic skills of basketball including dribbling, passing, shooting and teamwork in a fun, non-competitive atmosphere. All children receive a t-shirt. Our officials serve as coaches on the floor, no parent volunteers are needed. No program 2/15. Should we need to cancel for weather, out makeup dates will be Saturday, February 29th, March 7th, and 14th if necessary.

**Day:** Saturday  
**Time:** 8:00am – 9:00am  
**Dates:** 1/4/20 – 2/22/20  
**Fee:** $77.00  
**Place:** Huckleberry Hill School Upper Gym

**Girls’ Basketball Grades 6 - 9**

Open to new and experienced players. Evaluations are held on 1/4 and 1/11 to help us make balanced teams. Over the next several weeks, teams will have scheduled practices and game times. All games are played in Brookfield against other Brookfield teams. Adult certified referees are used to help enforce rules and parent volunteers are coaches. If you are able to coach, please let us know at the time of registration. Times may vary from what is advertised based on the number of teams. Teams play for 6 weeks followed by playoffs in March for teams that qualify.

**Day:** Saturday  
**Time:** 1:00-2:30pm  
**Dates:** 1/4/20 – 2/29/20  
**Place:** Brookfield High School  
**Fee:** $99.00

**Boys' Basketball Grades 6-7, 8-9, and 10-12**

Two days of evaluations will be held on 1/4 and 1/11 to help determine skills and help make balanced teams. The season will start on 1/18. Games are played on Saturdays at Brookfield High School unless otherwise indicated. Certified officials are used to reinforce rules and fair play. Volunteer parent coaches are needed! If you are able to help, please let us know during registration. Times and format may vary depending on the number of teams. Generally, grades 6-7 will play between 8am-11am, grades 8-9 between 10:30-1:30pm, and grades 10-12 between 2:30-5pm. Schedules will be created after evaluations and given to teams before league play begins. Late season games and playoffs may be played on week nights.

**Evaluations:**

- Grades 6-7: 1/4/20 & 1/11/20 ~ 9 – 10:30am at BHS  
- Grades 8-9: 1/4/20 & 1/11/20 ~ 11 – 12:30pm at BHS  
- Grades 10-12: 1/4/20 & 1/11/20 ~ 3 – 4:30pm at BHS  

**Day:** Saturday  
**Fee:** $99.00  
**Dates:** 1/4 – 2/29 (9 wks) followed by playoffs  
**Place:** Brookfield High School
Brookfield Soccer Club

Spring 2020 Registration

The Brookfield Soccer Club will begin the season on April 4th and 5th OR 11th and 12th, weather depending. Registration will begin in early 2020. More information can be found at www.brookfieldsoccer.org or by emailing the registrar at brianreale@sbcglobal.net

Programs are offered for U4, U6, and U8 on Saturdays at Cadigan Park and travel programs for U9 and older.

Brookfield Baseball and Softball Association

Spring 2020 Registration

http://www.brookfieldbbsa.com

Monday, February 3rd 7:00 - 8:30 p.m. at Town Hall
Monday, March 2nd 7:00 - 8:30 p.m. at Town Hall

BBSA is offering online registration in addition to the two in-person registration dates above. Please visit www.brookfieldbbsa.com to register online. Registration is open to Brookfield residents only. First time players must provide a copy of their birth certificate. Fee due at registration and will vary according to league. Contact Steve Harding Sr. at 203-770-4424 or by email at proff1960@aol.com for additional information.

Brookfield Lacrosse Club

Spring 2020 Registration

www.brookfield-lax.org

Spring lacrosse registration for all K-8 girls & boys divisions is now open at www.brookfield-lax.org

Registration deadlines:
January 31, 2020 for all Junior & Senior divisions (grades 5-8)
March 31 for grades 3-4
April 31 for grades K-2

Register now for the spring season and become part of one of the fastest growing sports in the country! Brookfield Lacrosse is open to Boys & Girls grades K-8, & operates in partnership with BHS LAX programs. Kids new to the sport are welcomed and encouraged to come out and try this fast paced and exciting sport. Teams are formed based on age and skill level.

Brookfield Lions

3rd Annual Pancake Breakfast

The Brookfield Lions will be hosting its 3rd Annual Pancake Breakfast on Sunday, April 5th 2020 from 8:30am – 12:30pm in the Brookfield High School cafeteria. Delicious, all you can eat pancakes (plain and chocolate chip), sausages, OJ, coffee, Tea and hot chocolate will be served. Adults eat for $8, children 5 -12 are $4, and children 4 and under are free! Tickets are available in advance or at the door. Free eye screening will be available for children 12 and under.

For tickets or more information, please contact,
Karl Noivadhana: 203-451-3082 or knoivadhana@att.net
Jeff Tanz: 203-470-4235 or jefftanz52@gmail.com

All proceeds support the Brookfield Lions Charities.

Sponsorship Investment Opportunities

Sponsorships are available through the Brookfield Parks & Recreation Department.

Cadigan Park Banners

Advertise your business or organization for all Park users to see. 3’ x 6’ banners are uniform in color (white print on forest green background). For best visibility, include logo or up to 4 lines of text per banner.

TIMETABLE: Displayed April - October 2020
Deadline for Sponsorship: April 1, 2020

INVESTMENT: $350 first year, $200 subsequent years

CONTACT: Mary Knox at 775-7310 or mknox@brookfieldct.gov

Concerts In The Park Series

We are in the planning stages of our annual 11 week outdoor concert series for the Summer of 2020. Concerts feature a variety of musical styles, all free of charge to the public. A special opportunity to become part of a summer tradition in Brookfield.

TIMETABLE: The concerts are held on Friday evenings, 6:30 – 8:00 p.m. at the Bandstand on the grounds of the Brookfield Municipal Center for 11 weeks, June – August 2020.
Deadline for Sponsorship: March 1, 2020

INVESTMENT: Co-Sponsor ($400)
Sole-Sponsor ($800)

CONTACT: Mary Knox at 775-7310 or mknox@brookfieldct.gov
The Lakeside Community Room at the Town Park Beach is an ideal location to host casual meetings, birthday parties, baby showers, retirement parties and other celebrations for groups of up to 50 people. The seasonal main room measures 26’ x 24’, is climate controlled and features spectacular views of Candlewood Lake. Weather permitting your reservation includes use of the adjacent 12’ x 40’ stone patio deck as well as the other amenities in the park including a modified basketball court & sand volleyball court.

Reservations are accepted for three consecutive hours during the available hours below. Set up is permitted one hour prior to your scheduled reservation and clean up for up to one hour after. Set up and clean up times are provided as a courtesy and are not to be used as additional event time. Additional fees apply for events with swimming or extended hours. Due to Fire Code restrictions all events must end by 8:00 pm. No indoor cooking permitted. Reservation forms available at www.brookfieldct.gov/rec.

Available Dates:
Preseason (April 25 – May 22)
Saturdays & Sundays
1:00 – 7:00pm
Monday – Friday
1:00 – 7:00pm
Regular Season (May 23 – Sept. 7)
Saturdays
1:00 – 8:00pm
Sundays – May, June and July only
1:00 – 8:00pm
Post Season (Sept. 8 – Oct. 10)
Saturdays
1:00 – 7:00pm
Monday – Friday
1:00 – 7:00pm

Located in close proximity to the Kids Kingdom Playground, the Bandstand is frequently reserved for children’s birthday parties. Reservations include use of two picnic tables under the Bandstand, use of playground (along with general public) and use of athletic fields if available. No charcoal grills permitted. Gas grills are permitted on brick apron in front of Bandstand. Reservation forms available at www.brookfieldct.gov/rec.

Frequently Asked Questions
Q: How do I know if the facility is available on the day/time of my choice?
A: Before completing your reservation form you can call the Parks & Rec Office at 775-7310. We are happy to tell you if your first choice date is available.

Q: How do I reserve my day and time?
A: Complete the reservation form and return with deposit and payment. Forms may be mailed, emailed or dropped off in person at our office. We can accept credit card payments by phone for any forms emailed.

Q: How much is the rental?
A: Rental fees vary by location and by resident/non-resident or business use. Please visit www.brookfieldct.gov/rec to download the reservation form and view the fee schedule.

Q: Is a deposit required?
A: Yes, a $75.00 deposit is required with all reservations. Deposits are returned following your event, provided the facility is left in good condition. Cancelation of your reservation less than two weeks in advance or damage to facility/failure to clean up after your event will result in the loss of your deposit.

Q: Is insurance required?
A: Yes, a certificate of insurance (general liability) naming the Town of Brookfield as additional insured in the amount of $1,000,000 is required. This is often available through your insurance carrier and also through TULIP at www.onebeaconentertainment.com. Brookfield’s entity code is 0501-066.

Q: Does the Lakeside Community Room have a kitchen?
A: No. We have no stove/oven or microwave. You will have access to a full-size refrigerator/freezer and use of stereos are permitted to keep food warm.

Q: What equipment is provided in Lakeside Community Room?
A: We provide tables and chairs. We have (5) 6’ diameter round tables, (1) 6’ rectangular table, (50) folding chairs, (2) high chairs and booster seats.
2020 Camp Weeks:
Camp weeks are subject to change based on the last day of school in Brookfield.

- **WEEK 1:** June 29 – July 2
- **WEEK 2:** July 6 - 10
- **WEEK 3:** July 13 - 17
- **WEEK 4:** July 20 - 24
- **WEEK 5:** July 27 – 31
- **WEEK 6:** August 3 - 7
- **WEEK 7:** August 10 - 14

*Week 7 is Camp Cadicopia only*

### Huckleberry Half-Day Camps
**Who:** Ages 3.5 through entering grade 5  
**What:** Summer ½ day camp  
**When:** Monday – Friday  
**Where:** HHES, 100 Candlewood Lake Rd.

### Camp PeeWee
This day camp is for little one’s ages 3 ½, 4 or entering kindergarten. Camp starts everyday in Huckleberry Hill Elementary School where campers will participate in arts & crafts, games, story time, and daily theme activities. Everyday there will be time in the gym and on the playground for free play and group activities. All children attending must have turned 3 years old by Dec. 31st, 2019.

### Camp Summer Better than Others
Campers entering grades 1-5 can join us for a fun summer of activities, games, and friends new and old. Each day the kids will participate in arts & crafts, playground time, sports, large group games, daily theme activities, and weekly trips to Town Park Beach for grades 2 - 5.

### Brookfield Muskrats Swim Team
**Who:** Boys & Girls ages 6 - 16  
**What:** Competitive swim team  
**When:** Weekdays, end of school to early August  
**Where:** Town Park Beach, 460 Candlewood Lake Rd.

This is one of our longest running programs! Children ages 6-16 who can swim 25 yards are encouraged to join. This is a great first experience in competitive swimming and an opportunity to enjoy the comradery of a team sport and improve their skills through frequent, small group interaction.

- Practices are Monday through Friday at Town Park Beach and the team participates in 5 to 6 meets per summer against other local swim teams.
- Swimmers compete against others of similar age and skill level.
- The emphasis is on fun for this swim team and swimmers are expected to miss practices and meets due to vacations and other activities.
- New swimmers will be evaluated by the swim team coach on the first day and it is recommended they be at Red Cross Level 4 or above to join.
- At the end of the season, we host a pot-luck picnic where all swimmers receive a record of their swimming achievements and a medal.
- All swimmers receive a Muskrat Team t-shirt and swim cap.

### Camp Voyager
**Who:** Entering Grades 6 - 9  
**What:** Summer full day camp 9:00am – 5:00pm  
**When:** Monday – Friday  
**Where:** Drop Off – HHES, 100 Candlewood Lake Rd.  
Pick Up – Cadigan Park, 500 Candlewood Lake Rd.

Camp Voyager is a travel camp for students entering grades 6-9. This camp meets every morning at Huckleberry Hill Elementary School before departing for various destinations around CT and parts of NY. The group returns to Cadigan Park the afternoon for 5pm pickup.

- For all the Monday trips, and some of the other full-day trips to closer locations, a school bus is used. The rest of the week the group travels on an air-conditioned coach motor bus.
- Mondays are typically a trip to a closer location with afternoons at the Town Park Beach.
- Trips vary week to week but the group will always go to Lake Compounce or Brownstone Adventure Park each week. Other trips include state parks, beaches, laser tag, ropes courses, baseball games, trampoline parks, water parks, movies, among other fun destinations!
- Campers receive a camp t-shirt for our larger trips or locations with large crowds.
- The camp is run by veteran college aged (or older) counselors who have worked for us for a number of years.
- Extended hours before (8-9am) and after (5-6pm) camp are offered at an additional cost.

### Camp Cadicopia
**Who:** Entering Grades 3 - 6  
**What:** Summer full day camp 9:00am – 5:00pm  
**When:** Monday – Friday  
**Where:** Cadigan Park, 500 Candlewood Lake Rd.

Camp Cadicopia is a full day camp for students entering grades 3 – 6 that takes place a Cadigan Park and Town Park Beach. Drop off and pickup are at the Cadigan Park Pavilion every day.

- Campers enjoy a variety of different organized activities and games as well as free play on our turf fields, basketball courts, tennis and sand volleyball courts.
- The group visits Town Park Beach every day for swimming, beach time, and free play.
- The camp takes 2-3 trips each week to local entertainment venues by school bus. Some destinations include bowling, movies, Danbury Ice Arena, Monster Mini Golf, and trampoline parks. Often times the group will stop for ice cream on the way home.
- The beach offers swim lessons as well as the Brookfield Muskrats Swim Team as an additional option for your child. If they are registered for any of these programs, our staff will escort them for the start of the program. If you decide on lessons, please choose a morning time.
- This camp is led by experienced, college-aged staff at a staff to camper ratio of 6:1.
- Pizza lunch is included on Wednesdays.
- Extended hours before (8-9am) and after (5-6pm) camp are offered at an additional cost.

### Summer 2020 Preview

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**Camps and Programs**

- **Park in the afternoon for 5pm pickup.**
- **Extended hours before (8-9am) and after (5-6pm) camp are offered at an additional cost.**

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**Contact Information**

- **Parks & Recreation...The Benefits are Endless**  
  775-7310  
  www.brookfieldct.gov/rec
P.O. Box 5106  Brookfield, CT 06804
(203)775-7310

RECREATION STAFF:
Mary Knox, Director Parks & Recreation
Dan Gagne, Recreation Supervisor
Liz Burandt, Administrative Assistant

PARKS MAINTENANCE STAFF:
Chris Rabuse, Parks Supervisor
Chris Shaw, Crew Leader
Rob Haggerty       Sean Llewellyn

COMMISSION:
Bryan Chnowski, Co-Chair
Joei Grudzinski, Co-Chair
Rob Blick         Renee Santiago
John Mangold       Cassie Dunn
Tom Murphy       Ed Butt—Vice Chair
Liz Burandt, Commission Secretary

POSTAL PATRON
BROOKFIELD, CT 06804

The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

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Register now for winter programs.
You may register over the phone when paying by credit card, in person at the Parks and Recreation Office (located at 162 Whisconier Road) or by mail.