be happier • build family unity • feel great • take care of latch key children • reduce unemployment • increase communication skills • expand knowledge

• lose weight • diminish chance of disease • build self-esteem • reduce stress • promote sensitivity to cultural diversity • eliminate loneliness • increase community pride • reduce crime • provide safe places to play • generate revenue • lower health care costs • meet friends • educate children and adults • relax • keep business from leaving • elevate personal growth • strengthen neighborhood involvement • conquer boredom • provide child care • boost economy • curb employee absenteeism • increase tourism • build strong bodies • increase property value • attract new business • preserve plant and animal wildlife • instill teamwork • live longer • protect the environment • create memories • clean air and water • boost employee productivity • look better • enhance relationship skills • decrease insurance premiums • control weight • offer places for social interaction • diminish gang violence • teach vital life skills • provide space to enjoy nature . . .

THE BENEFITS ARE ENDLESS

Winter 2019 Program Guide
Special Events

Tom O'Brien's Magic Show
Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O'Brien! Tom has delighted children in our after school workshops and summer camps. The performance is appropriate for ages 3-10, and will be held in the Brookfield High School Auditorium, 10:00 – 10:45am. This event is free with no pre-registration required. See you there!

Day: Friday Time: 10:00 – 10:45am
Date: 2/15 Fee: FREE
Place: BHS Auditorium

Brookfield Community Skate at Danbury Ice Arena
Join us with your friends and neighbors for some ice skating at Danbury Ice Arena. We have rented out one of the rinks for Brookfield residents. Skate rentals are included for those who need them, but please bring your own if you have a pair. Bring your bicycle helmet from home as well for protection. Light refreshments will be served. There is no charge for this event but you must pre-register, as there is a limited number of people we can accommodate. Plan on getting to the Arena around 11am so you have time to lace up your skates and enjoy the full time on the ice.

Day: Sunday Time: 11:10 – 12:40pm
Date: 2/10 Fee: FREE
Place: Danbury Ice Arena: 1 Independence Way, Danbury

Valentine’s Day Craft Workshop
Children will enjoy creating crafts with a Valentine’s Day theme. Ages 3 – kindergarten participate with a parent or caregiver; for grades 1-4 this is a drop off program.

Day: Saturday Date: 2/9 Fee: $10/child
Time: Ages 3 – K: 10:00am – 11:00am
Grades 1-4: 11:00am – 12:00pm
Place: Town Hall Meeting Room

Spring Crafts Workshop
Children will enjoy creating crafts with a springtime theme. Ages 3 – kindergarten participate with a parent or caregiver; for grades 1-4 this is a drop off program.

Day: Saturday Date: 3/23 Fee: $10/child
Time: Ages 3 – K: 10:00am – 11:00am
Grades 1-4: 11:00am – 12:00pm
Place: Town Hall Meeting Room

Still River Greenway Ecology Walk
Explore the diverse habitats right along the Still River Greenway with Jim Arrigoni, conservation biologist at the CT Audubon Society. Natural history of birds, other animals, trees and other plants will be pointed out on this gentle 1.5-mile walk. Bring binoculars, if you have them, and a sense of adventure for sure! For more info on the CT Audubon Society, including the newest sanctuary in Sherman, please visit www.ctaudubon.org. This program is limited to 15 people. Registration required.

Day: Saturday Fee: FREE
Date: 3/30 Time: 9:00-11:00am
Place: Brookfield Town Hall, 100 Pocono Rd.

20th Annual Flashlight Egg Hunt
Just for students in grades 3-5! The hunt will be held on the grounds of Town Hall at 8pm sharp and will last approximately 20 minutes. All participants must bring their own flashlight. Bags will be provided for collecting. Call the Parks & Recreation office to register. Cost is $1.00 per student. Pay on the evening of the hunt in the Town Hall Lobby.

Day: Friday Time: 8:00pm
Date: 4/12 Fee: $1.00
Place: Brookfield Town Hall, 100 Pocono Rd.

22nd Annual Egg Hunt
Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 13th. Additional features include jellybean counting contest and a special appearance by a famous bunny. Bags will be provided for egg collecting. Call the Parks & Rec office to register. Cost is $1 per child paid on the day of the event in the Town Hall.

Age Divisions:
Under 3 at 12pm
3-4 year olds at 12:15pm
5-6 year olds at 12:30pm
7-8 year olds at 12:45pm

Day: Saturday Fee: $1.00
Date: 4/13 (Rain date 4/14)
Place: Brookfield Town Hall, 100 Pocono Rd.

NYC & American Watercolor Society
A daytrip to NYC! This bus will depart Brookfield Town Hall at 9:00am and head into NYC. A group will be going into the city to eat and visit the American Watercolor Society Annual Art Show. Join them or do as you please. Drop off and pick up will be at 47 5th Ave. Your fee includes motor coach transportation and driver gratuity. Depart NYC approximately 3pm.

Day: Tuesday Date: 4/16
Fee: $36.00 Time: 9:00am

One World Trade & 9/11 Memorial
A daytrip to visit lower Manhattan to see how NYC has been transformed since Sept. 2001. The group will visit One World Observatory in the sky pod elevator which zooms to the 102nd floor in under 60 seconds. The group will then get to experience the Main Observatory on the 100th floor, a 360-degree view of the city. You will have time on your own to stroll through the Brookfield Place Mall and grab lunch on your own. Afterwards, visit the 9/11 Memorial Reflecting Pools and included admission to the 9/11 Memorial Museum, built to explore the events of 9/11 and document the impact and significance of that day.

Day: Saturday Date: 5/11/19
Fee: $122.00pp Time: 7:30am – 7:30pm

CT Lighthouse Cruise
Get out on the water and gain a new perspective on the history of Southern New England and Long Island! Aboard a comfortable, climate controlled, high speed vessel, you’ll see and learn about 9 lighthouses from New London to Long Island. This trip also includes excellent views of other historical and architectural landmarks along the coast. Lunch included at The Steak Loft in Olde Mistick Village.

Day: Saturday Date: 6/8/19
Fee: $120.00 Time: TBA

Get out of Town
iPhone Photography
If you need a little one-on-one help to truly get comfortable with your iPhone, this is the class for you. We'll spend the evening trying out the options in the "Camera" and "Photos" sections of the iPhone, as well as answer your questions about "Settings" and iCloud storage. Did you know that you can improve your photos by cropping or changing their color, lightness and density? Did you know you can take movies and create slide shows? If time permits, we'll test out a few useful apps. We'll also discuss the iPhone's limits as compared to a DSLR camera. You can take great photos with your iPhone and this class will show you how! Be sure your battery is charged!

Day: Thursday  Time: 7:00 – 9:00pm
Date: 2/28  Place: Town Hall Meeting Room
Fee: $25.00  Instructor: Mary Ann Kulla

Digital and Video Photography
In just five weeks this class will have you using your camera like a pro. It will demystify what all those buttons and hidden menus do. Technical terms like white balance, ISO and resolution will be explained, but we'll also spend time developing your artistic sense. Weekly assignments will encourage you to practice. This season we'll study the video capability of your camera too. Charge up your batteries, bring your camera manual, and let's have some fun!

Day: Thursday  Time: 7:00 – 9:00pm
Dates: 1/24 – 2/21 (5 wks)  Fee: $70.00
Place: Town Hall Room 129  Instructor: Mary Ann Kulla

Organizing Resolutions Roundtable
January is Getting Organized Month and this class is your opportunity to set yourself up for success in the New Year. Join Kerri Columbo of Cornerstone Organizing for a roundtable discussion of our organizing and simplifying goals, challenges, solutions, and strategies. You'll leave energized and equipped to tackle your home organizing projects. Kerri has appeared as the Organizing Expert on TLC's Hoarding and is a recommended Organizer with Hartford Hospital's esteemed Institute of Living Anxiety Disorders Center.

Day: Tuesday  Time: 7:00 – 8:30pm
Dates: 1/15 (1 wk)  Fee: $25.00
Place: Town Hall Room 135  Instructor: Kerri Columbo

New ~ Letting Go
Lots of stuff in your home? Buy things that are not on the list? Feel like it's time to let go? Letting go can be a challenge! Discover the benefits of owning less. Learn why we acquire things and how we can shop differently.

Day: Tuesday  Time: 7:00 – 8:30pm
Dates: 2/26 (1 wk)  Fee: $25.00
Place: Town Hall Room 135  Instructor: Kerri Columbo

Adult Education, continued

Chef Suchada’s Thai Cooking
Join Chef Suchada in learning how to make delicious Thai food that carefully blends salty, sweet, bitter, and spicy flavors that will play with your senses. Students will have the chance to eat what they make during the class and leave with recipes, too. Each week a Thai theme will take place. Enjoy a trip to South Asia, Street Food in Bangkok, All About Curries, and Date Night.

Day: Wednesday  Time: 6:30 – 8:30pm
Dates: 1/16 – 2/6 (4 wks)  Fee: $82.00
Place: BHS Culinary Arts Room #204

Make Your Own Kombucha and Fermented Vegetables
Get the benefits of probiotics into your diet, save money and enjoy delicious fermented vegetables. Cabbage, beets, carrots and other veggies can be preserved with just a little work. Science is showing that they have numerous health benefits. In this class we'll spend an evening making sauerkraut or another pickled vegetable that will be better than anything you can get in the grocery store. Then we'll go through the process of making the fermented beverage, kombucha, step by step. There will be time for questions. You'll leave knowing where to buy a kombucha starter and with some vegetables prepared to ferment at home.

Day: Monday  Time: 7:00 – 9:00pm
Dates: 2/4  Place: Town Hall Room 119
Fee: $29.00  Instructor: Mary Ann Kulla

Cut Your Cable TV Bill Basics
Intrigued by the thought of going cable-less, but not quite sure where to begin? "Cord cutting" is a growing phenomenon due to the high cost of cable. This program will cover the terminology and technology you’ll need to know and discuss the fundamentals of cutting cable and start "streaming" TV.

Day: Wednesday  Time: 7:00 – 9:00pm
Date: 1/30  Fee: $25.00
Place: Town Hall Meeting Room  Instructor: Ray DiStefan

D.E.E.P. Boating Safety Course
Students of all ages to successfully complete this course will satisfy the requirements for the CT State Boating Certificate. Children under the age of 16 must be accompanied by an adult with no charge to the parent if they are not seeking the certificate. Participants must attend all four classes in the session. There is an additional $50 license fee to the State which will be paid online after successful completion of the class. This certification is good for life in the state of CT. Participants should obtain their CT Conservation ID Number prior to the start of the class through the CT online Sportsman Licensing System. www.ct.gov/deep

Day: Monday & Wednesdays  Time: 7:00 – 9:00pm
Date: 5/6, 5/8, 5/13, 5/15  Fee: $25.00
Place: WMS Seminar Room

Make Your Own Kombucha and Fermented Vegetables
Get the benefits of probiotics into your diet, save money and enjoy delicious fermented vegetables. Cabbage, beets, carrots and other veggies can be preserved with just a little work. Science is showing that they have numerous health benefits. In this class we'll spend an evening making sauerkraut or another pickled vegetable that will be better than anything you can get in the grocery store. Then we'll go through the process of making the fermented beverage, kombucha, step by step. There will be time for questions. You'll leave knowing where to buy a kombucha starter and with some vegetables prepared to ferment at home.

Day: Monday  Time: 7:00 – 9:00pm
Dates: 2/4  Place: Town Hall Room 119
Fee: $29.00  Instructor: Mary Ann Kulla

Cut Your Cable TV Bill Basics
Intrigued by the thought of going cable-less, but not quite sure where to begin? "Cord cutting" is a growing phenomenon due to the high cost of cable. This program will cover the terminology and technology you’ll need to know and discuss the fundamentals of cutting cable and start “streaming” TV.

Day: Wednesday  Time: 7:00 – 9:00pm
Date: 1/30  Fee: $25.00
Place: Town Hall Meeting Room  Instructor: Ray DiStefan

D.E.E.P. Boating Safety Course
Students of all ages to successfully complete this course will satisfy the requirements for the CT State Boating Certificate. Children under the age of 16 must be accompanied by an adult with no charge to the parent if they are not seeking the certificate. Participants must attend all four classes in the session. There is an additional $50 license fee to the State which will be paid online after successful completion of the class. This certification is good for life in the state of CT. Participants should obtain their CT Conservation ID Number prior to the start of the class through the CT online Sportsman Licensing System. www.ct.gov/deep

Day: Monday & Wednesdays  Time: 7:00 – 9:00pm
Date: 5/6, 5/8, 5/13, 5/15  Fee: $25.00
Place: WMS Seminar Room
Red Cross Adult and Pediatric
First Aid/CPR/AED for Lay Responders
This course covers CPR/AED and first aid for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real-life scenarios. Includes Red Cross certification in Adult and Pediatric First Aid/CPR/AED which is valid for two years.

**Session 1:**
- **Day:** Wednesday, March 6th
- **Time:** 6:00 – 9:00pm
- **Place:** Town Hall Room 129
- **Instructor:** Cari Hallion  
  **Fee:** $89.00

**Session 2:**
- **Day:** Saturday, March 9th
- **Time:** 3:00-6:00pm
- **Place:** Town Hall Room 129
- **Instructor:** Cari Hallion  
  **Fee:** $89.00

Mindful Movie Nights
Inspired Movies & More. Interesting, inspiring, curious movies, documentaries, Ted Talks, ideas, conversation and more. Water and popcorn included. Topics: evolving humanity, earth/nature, new technologies that sustainably serve, whole foods, new economic models, inclusive spirituality, simple living, the awake mind, new education, intentional community living, action oriented ideas opportunities and more. Conscious group sharing after the movie.

**Day:** Friday
- **Time:** 7:30pm

**Dates:** 2/22, 3/22, 4/26
- **Fee:** $9.00/movie

**Place:** YogaSpace, 78 Stony Hill Road, Bethel, CT

**Instructor:** Veronica Marr

Chinese Dietary Therapy: Eat Right for the Winter Season
Join Christopher Maslowski, L.Ac. of SOPHIA Natural Health Center as he explains Chinese Dietary Therapy, taking into account the energetic properties of foods that can transform your health. Find out how to nourish and rebuild your body during the winter months with seasonally appropriate foods. There will be food tastings and recipes provided. Registration required.

**Day:** Saturday
- **Time:** 12:00 – 1:00pm

**Dates:** 1/19 (1 wk)
- **Fee:** $5.00

**Place:** Sophia Natural Health Center, 31 Old Rt. 7 Brookfield

Intro to Chinese Medicine
Chinese Medicine is the oldest medical system in the world dating back 4,000 years. This ancient medical system has been proven to benefit a number of common health problems by addressing the root cause. During the program, you will learn how to utilize simple principles of Chinese Medicine to better serve a healthy lifestyle. We will go over not only theory but also perform live demonstrations such as cupping therapy and acupressure. Registration required.

**Day:** Saturday
- **Time:** 12:00 – 1:00pm

**Dates:** 2/9 (1 wk)
- **Fee:** $5.00

**Place:** Sophia Natural Health Center, 31 Old Rt. 7 Brookfield

We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a “class proposal form” from our website. Class proposals should be received by 2/1/19 to be considered for the spring/summer program guide.

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New ~ Beginning Crochet

Ever want to learn to crochet but didn’t know where to start? This class will simplify those complicated looking instructions by teaching basic crochet stitches and how to read pattern instructions in the process. Participants will join others who are just learning this skill in a small group setting. Each person should bring a ball of yarn in the color of their choice and a J hook, available at Joann Fabrics.

**Day:** Thursday
- **Time:** 6:00 – 8:00pm

**Dates:** 1/31 – 2/21 (4 wks)
- **Fee:** $80.00

**Place:** Town Hall Room #129

**Instructor:** Jaclyn Makarevich

Watercolor for Adults
Whether you are an artist just starting out, or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. A materials list will be included on your receipt when you register. (The approximate cost of materials is $60).

**Day:** Tuesdays
- **Time:** 6:00 – 8:00pm

**Dates:** 1/15 – 3/5 (8 wks)
- **Fee:** $88.00

**Place:** Senior Center Craft Room

**Instructor:** Victoria Lange

Beginning Sewing
Have you ever wanted to learn to sew? This class will get you comfortable with sewing from a commercial pattern using a home sewing machine (provided). You will learn how to cut out a pattern, make sense of the instructions and construct a finished article of clothing or project of your choice. The first class will meet at Joann Fabrics in Brookfield (143 Federal Road) where the instructor will help you pick out a pattern and the materials that you will need for the project that you’d like to complete. Additional materials cost will depend upon the project and fabric you select, but are estimated at $40-100. Class size is limited to 5 for lots of individual attention.

**Day:** Wednesday
- **Time:** 6:00 – 8:00pm

**Dates:** 1/23 – 2/27 (6 wks)
- **Fee:** $90.00

**Place:** WMS Room

**Instructor:** Karen Ryavec Lubensky

NEW ~ Intro to Drawing & Acrylics

This class will teach fundamental techniques of drawing and acrylic painting to adults. Students will be learning how to draw from reference photos, shading techniques, basic color theory and more. Projects will be shaped by the individuals’ interest of subject matter. Participants are responsible for obtaining additional material at an approximate value of $85. Materials list included on receipt.

**Day:** Mondays
- **Time:** 6:00 – 8:00pm

**Dates:** 1/28 – 3/11 (6 wks ~ no class 2/18)
- **Fee:** $83.00

**Place:** Town Hall Room 129

**Instructor:** Andrea Rios

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Parks & Recreation...The Benefits are Endless  775-7310  www.brookfieldct.gov/rec
### New ~ Floral 101 & Floral Design

Love flowers and design? Ever wanted to create your own arrangement? Come join us for a 2 hour course exploring various types of flowers, learning about which flowers are in season when, and the push for locally grown, community supported organic flowers. The second half of the class will speak to principles of floral design and the overall creative expression that floral arrangement can bring. As part of this interactive course, participants will get to design their own one of a kind arrangement to take home! A $15 materials fee is not included in the registration fee and is payable the night of the workshop.

**Day:** Wednesday  
**Time:** 6:30 – 8:30pm  
**Dates:** 4/24 (1 wk)  
**Fee:** $30.00  
**Place:** Town Hall Room # 129  
**Instructor:** Maria Koterska

### Adult Fitness, continued

#### Simply (Slowly) Stretch and Strengthen

Would you like to increase your flexibility? Strengthen the muscles that support your back and core? Through standing postures and floor work, you’ll use the resistance of your own body weight to gently increase your flexibility, strength and stability. This program can be modified for all fitness levels, but participants should be comfortable working on the floor (mats). Wear loose clothing & bring a towel, water bottle & yoga mat if you have one.

**Day:** Tuesday  
**Time:** 6:30 – 8:00pm  
**Dates:** 5/21 (1 wk)  
**Fee:** $30.00  
**Place:** Town Hall Room # 129  
**Instructor:** Maria Koterska

#### Cardio Sculpt

This low impact class will use the concentrated resistance of bands and light weights to work your core, build muscle, and work on your positive posture and balance. Please bring two sets of weights; one lighter, one heavier (1, 3, or 5lb recommended) and a towel or mat for floor work. Be sure to wear sneakers and bring a water bottle, too.

**Day:** Thursday  
**Time:** 6:30 – 7:30pm  
**Dates:** 1/24 – 2/28 (6 wks)  
**Fee:** $59.00  
**Instructor:** Phyllis Babuini

#### Ballroom Dance for Beginners – Level I

Participants will be introduced to the fundamentals of a variety of social dances, such as Rumba, Foxtrot, Tango, Swing, Salsa, and Cha Cha. The focus will be on footwork, lead/follow, timing, and fun! Sign up on your own or with a partner. Ballroom dance shoes or dress shoes with leather soles are recommended.

**Day:** Thursdays  
**Time:** 6:00-7:00pm  
**Dates:** 2/7 – 4/4 (8 wks ~ no class 3/21)  
**Place:** Whisconier Middle School Café  
**Instructor:** Jen DiBella  
**Fee:** $72.00pp

#### New ~ Ballroom Dance for Beginners – Level II

This course is designed for students who have already been introduced to the fundamentals of ballroom dancing and are looking to expand upon step patterns and increase technique. Students will learn to develop more comfort and confidence with their social dancing. Dances covered may include Rumba, Foxtrot, Tango, Swing, and Cha Cha. Sign up on your own or with a partner. Ballroom dance shoes or dress shoes with leather soles are recommended.

**Day:** Thursdays  
**Time:** 7:00-8:00pm  
**Dates:** 2/7 – 4/4 (8 wks ~ no class 3/21)  
**Place:** Whisconier Middle School Café  
**Instructor:** Jen DiBella  
**Fee:** $72.00pp

#### Tai Chi Quan for Beginners

Tai Chi is the ultimate system for health and self-defense. It is practiced for its power to prevent and cure many diseases and ailments. The slow gradual movements are rooted in ancient traditional Chinese Medicine to help reduce stress, increase balance, core strength and greatly improve overall health. This class will explore the 30 movement Wu style Tai Chi short form. Wear flat soled shoes & loose clothing.

**Day:** Friday  
**Time:** 7:00 – 8:30pm  
**Dates:** 1/11 – 3/15 (8 wks ~ no class 1/18, 2/15)  
**Place:** Center School Gym  
**Instructor:** Vincent Candela  
**Fee:** $79.00

#### Train for a 5K

Are you interested in running a 5k road race (3.1 miles)? Are you a walker who wants to try running or try to get your fitness back? Join Cassie Dunn in a group setting for a series of training runs at Brookfield High track. The group will train together on Saturdays & each participant will be given an individualized workout schedule to follow. Each week, new workouts will be introduced as you progress. Come dressed in layers to run & bring a water bottle. This program will prepare you for Mother’s Day 5K on Sunday May 12th, 2019. Race registration is included in your fee. In the Fall, we have the same program to prepare for the Halloween 5k. All levels of fitness welcome! Come try a great sport, get fit, and make some new friends! Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning instructor.

**Mother’s Day 5K Workshop**

**Day:** Saturday  
**Time:** 8-9am  
**Dates:** 4/6 – 5/11 (6 wks)  
**Place:** BHS Track  
**Fee:** $70.00

**Halloween 5K Workshop**

**Day:** Saturday  
**Time:** 8-9am  
**Dates:** 10/5 – 10/26 (4 wks)  
**Place:** BHS Track  
**Fee:** $50.00
Adult Fitness, continued

**Yoga Basics**
The perfect class series for absolute beginners! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this well-rounded introduction to yoga. We'll practice mindfulness, stress reduction, and energy awareness so that you'll leave feeling empowered, relaxed and open. No experience necessary! **Buy one, six class pass and attend any of the following classes for $90.00.** Mixing and matching of days is allowed.

**Session 1:** Monday
**Dates:** 2/4 – 3/25 (pick 6 classes over 8 weeks)
**Time:** 12:00 – 1:15pm or 7:30 – 8:45pm
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT
**Instructor:** Debbie Isaacs

**Session 2:** Tuesday
**Dates:** 2/5 – 3/26 (pick 6 classes over 8 weeks)
**Time:** 4:30 – 5:45pm
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT
**Instructor:** Terri Jennings

**Session 3:** Thursday
**Dates:** 2/7 – 3/28 (pick 6 classes over 8 weeks)
**Time:** 12:00 – 1:15pm
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT
**Instructor:** Terri Jennings

**Session 4:** Saturdays
**Dates:** 2/2 – 2/23 (pick 6 classes over 8 weeks)
**Time:** 10:15 – 11:45am
**Place:** YogaSpace, 78 Stony Hill Rd. Bethel, CT
**Instructor:** Heather Morgado

**Yoga Beyond the Basics: Six Class Pass**
Ready to take your yoga practice to the next level? Or perhaps you would like to explore something new? YogaSpace offers 25 classes per week, with some classes beginning as early as 7:00 a.m.! Use this specially discounted pass to sample any of YogaSpace's regularly scheduled classes. Choose from a variety of styles, teachers, days and times. If you're new to yoga, join us for a Basics class; if you're ready to move beyond Basics, check out our Balanced or Flow classes. Or perhaps go deeper in the yoga experience with a Gentle or Yin class.

**Schedule:** [https://www.yogaspace-ct.com/schedule](https://www.yogaspace-ct.com/schedule)

**Day:** Varies (see schedule at link above)
**Dates:** 2/2 – 2/23 (pick 6 classes over 8 weeks)
**Place:** YogaSpace, 78 Stony Hill Road, Bethel CT
**Fee:** $90.00

**Zumba**
Zumba is based on the principle that exercise should be fun, which helps you stick with the program until you get results & helps long-term health. It is a feel-good exercise program designed with a fusion of world music and spicy dance rhythms. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high-energy, heart-pumping workout you’ll want to do over & over.

**Day:** Monday
**Time:** 6:00 – 7:00pm
**Dates:** 1/28 – 3/25 (8 wks ~ no class 2/18)
**Fee:** $80.00
**Place:** CES Gym
**Instructor:** Mary Lou Peters

Adult Fitness, continued

**Discover Kundalini Yoga**
The science of Kundalini Yoga is an ancient technology that was kept secret for thousands of years until Yogi Bhajan came to the west in 1968. It is considered one of the most powerful and comprehensive forms of yoga and the fastest way to establish an aligned relationship between body, mind, and spirit. This is an introductory class, taught by Susan Shaner, who will review all the basics of Kundalini Yoga, including postures (asanas) dynamic movement, sound current (mantra) breath (pranayam) and meditation. Through specific sets of practices, called “kriyas,” you’ll learn to strengthen and balance your bodily systems, cultivate objective awareness, and experience greater clarity & emotional balance. All levels welcome. “Travel light, live light, spread the light, be the light.”

**Day:** Friday
**Time:** 6:00 – 7:30pm
**Dates:** 2/1 – 3/22
**Place:** YogaSpace, 78 Stony Hill Road, Bethel CT
**Fee:** $90.00 (pick 6 classes over 8 weeks)
**Instructor:** Susan Shaner MA, MS, RYT, PCC (Darshan Jot Kaur)

**Art of Meditation (21 Day Challenge)**
This three week meditation course is an excellent program for beginners and also a great place for seasoned practitioner who desire to go deeper, to find more in their meditations. This course will introduce you to meditation and its many facets revealing hidden treasures along the way. Whether you are a beginner or seasoned practitioner the classes will help you to rediscover your inner stillness and silence while building a deep understanding of the practice and its many values & benefits. Regular practice will help restore balance, generate deeper calm, boost your health & healing, increase concentration & productivity, create greater joy, experience more clarity, creativity & purpose. Meditation will open your eyes & improve your quality of life. No refunds for missed classes.

**Day:** Sunday
**Time:** 5:30 – 6:45pm
**Dates:** 2/10, 2/17, 2/24
**Place:** YogaSpace, 78 Stony Hill Road, Bethel, CT
**Instructor:** Rob Farella

**Yoga with Curves**
Have you heard about the benefits of yoga, but are hesitant to attend a class because you feel somehow your body is not ‘right’ for yoga? Do images of perfectly poised, ponytailed yogis in complex pretzel shapes intimidate you? This series was created for you. **Your Body. Your Yoga. Your Way.** Yoga is not for a specific body type. If you can breathe, you can do yoga. In this 4 week series, you will explore mindful movement in a supportive and non-judgmental environment, using props and modifications tailored to your comfort. You will tap into our strength and feel empowered to move in a way that feels good for your body. We will learn, stretch, move, and grow together in a safe and relaxed space.

**Days:** Wednesday
**Time:** 7:30 – 8:30pm
**Dates:** 1/30 – 2/20 (4 wks)
**Place:** YogaSpace, 78 Stony Hill Road, Bethel, CT
**Fee:** $60 (no refunds for missed class)
Adult Fitness, continued

7 Foundations: Tools for Transformation
The winter is a natural time to turn inwards. Do you know we store experiences in the cells of the body? Are you ready to release stagnant energy? There is a growing hunger for shamanic wisdom because it has worked for 75,000 years! Tools for Transformation is about freeing energy, strengthening your aura, awakening your luminous body and bringing a deeper sense of balance, healing and ease into your world. You will be learning practical and powerful cleansing techniques to heal your energy centers and unleash the full power of your life force. Join Karen Pierce for an experimental 7 week workshop on creating health and harmony using simple yet powerful tools that activate your self-healing abilities. Topics covered include: the body’s energy centers, creating sacred space, energy healing, cord cutting, transfiguration, pendulums, color therapy, crystals, and many other shamanic healing practices. These classes are experiential and include specific tools you can use in your daily routine plus mindfulness techniques. This is an invitation to discover your fullest potential and fulfill your sacred destiny. Come with an open mind, leave with an open heart.

Days: Thursday  
Time: 7:30 – 9:30pm
Dates: 2/7 – 3/21 (7 wks)
Place: YogaSpace, 78 Stony Hill Road, Bethel, CT
Fee: $222 (no refunds for missed class)
Instructor: Karen Pierce

Adult Fitness - Open Gyms

Open Basketball
Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. $5.00 each night at the door. There is no open gym on 1/21, 2/18 and on days when school is not in session or dismisses early because of inclement weather.

Days: Monday  
Time: 7:30 – 9:30pm
Dates: 11/5 – 3/25/19 (17 Ses)  
Place: BHS Gym
Fee: $5.00/night

Open Volleyball
Ongoing Wednesday night open play for Brookfield residents and their guests age 18 and over. $5 each night at the door. Open gym is canceled on days when school is not in session or dismisses early because of inclement weather.

Days: Wednesday  
Time: 7:30-9pm
Dates: 11/7 – 4/10 (21 Ses)  
Place: WMS Gym
Fee: $5.00/night

Mens’s Softball League – Spring 2019

Mandatory Men’s Softball League Meeting
For new and returning teams interested in playing during the 2019 season at Cadigan Park. Join us Wednesday, February 20th at 7pm in Town Hall. Information only, no deposit due. For more information, please contact Jason Maxwell at jamaxwell@hotmail.com.

Adult Golf Lessons
Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical schedule is:

Class 1: Introduction/Set-up and Swing with Irons
Class 2: Review/Set-up and Swing with Woods
Class 3: Pitch Shots and Bunker Play
Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class.

Fee: $130.00 for any one month of four classes.

Place: Golf Quest, 1 Sand Cut Rd.
Time: 6:00 – 7:00pm

January: Wednesdays: 1/9, 1/16, 1/23, 1/30
February: Tuesdays: 2/5, 2/12, 2/19, 2/26
April: Tuesdays: 4/2, 4/9, 4/16, 4/23

Women Only Classes for Beginners
January: Thursdays: 1/10, 1/17, 1/24, 1/31
February: Wednesdays: 2/6, 2/13, 2/20, 2/27
March: Tuesdays: 3/5, 3/12, 3/19, 3/26
April: Mondays: 4/1, 4/8, 4/15, 4/22

Tots Activities

Ballet for Tots
This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends.

Day: Monday  
Time: 12:30 - 1:30pm
Dates: 1/7/19 – 3/11/19 (8 wks ~ no class 1/21, 2/18)
Place: Congregational Church Fellowship Hall
Instructor: Angelia Prip
Fee: $72.00
Tots Activities, continued

**Tummy Time**
Tummy time is an important part of your baby’s day, beginning right when you bring your baby home from the hospital. Supervising your baby while they are on their belly helps to build strength in their arms, neck, and back muscles. It also helps your baby to learn the skills they need to roll, crawl, sit, reach and grasp. Tummy time prevents flattening areas from developing on your baby’s soft head. Does your baby cry during tummy time? Well, it is hard work, but it can also be fun, and become a part of your routine. Learn the skills you need from a pediatric occupational therapist to make tummy time enjoyable for your baby, how to make it a part of your daily routine, and have fun while you interact with other parents and their babies.

**Day:** Tuesdays  
**Time:** 10:00 – 11:00am  
**Dates:** 1/29 – 3/5 (6 wks)  
**Fee:** $135.00  
**Place:** Congregational Church Pre-School Room  
**Instructor:** Nicole Colucci

**New ~ Full Steam Ahead, Babies**
Join other new parents and caregivers in this fun, hands on group experience! In this interactive class, participants will learn how to nurture early science, technology, engineering, art and math (STEAM) concepts through play and literacy enriching songs, rhymes and activities. This class is designed for tots ages 8 weeks to 12 months.

**Day:** Saturday  
**Time:** 9:00 – 9:45am  
**Dates:** 1/26 – 2/16 (4 wks)  
**Fee:** $48.00  
**Place:** CMC - 17 Pickett District Rd. New Milford  
**Instructor:** Erin Schirota, M.S.

**New ~ Full Steam Ahead, Toddlers**
Foster early science, technology, engineering, art and math (STEAM) skills through play and literacy-rich experiences including books, music, movement and crafts. In this program, parents/caregivers and their children will engage in a number of activities each week that you can learn and continue at home. This program is suitable for ages 2-3

**Day:** Saturday  
**Time:** 10:00-10:45am  
**Dates:** 1/26 – 2/16 (4 wks)  
**Fee:** $48.00  
**Place:** CMC - 17 Pickett District Rd. New Milford  
**Instructor:** Erin Schirota, M.S.

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**USSI Tot Programs, continued**

**Parent & Me Soccer Squirts® (ages 2-3)**
With a parent participating by their side, toddlers have fun learning the fundamentals of soccer through a series of structured activities, fun-based games, and scrimmages. Each session focuses on maximizing participation and learning through a variety of games designed to stimulate a child’s imagination and develop motor skills. Parents can spend quality time with their child while easing them into social situations with support and confidence.

**Day:** Saturday or Sunday  
**Time:** 9:00-10:00am  
**Fee:** $154.00  
**Dates:** Saturdays - 4/27 – 6/22 (8 wks ~ no class 5/25)  
Sundays – 4/28 – 6/23 (8 wks ~ no class 5/26)  
**Place:** Huckleberry Hill Elementary Front Field

**Multi Sports Squirts® (ages 3-5)**
This USSI program allows children to experience a different sport each week. It is the perfect intro to athletics for your future athlete! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of a series of games and activities designed to ensure learning and most importantly, FUN! Participants will experience sports such as lacrosse, soccer, basketball, t-ball, track and field, hockey and flag football. Two times offered at 10 or 11am.

**Day:** Saturday  
**Time:** 9:00-10:00am or 11:00am-12:00pm  
**Dates:** 4/27 – 6/22 (8 wks ~ no class 5/25)  
**Place:** Huckleberry Hill Elementary Front Fields

**T-Ball Squirts® (ages 3-5)**
USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations.

**Day:** Saturday or Sunday  
**Time:** $154.00  
**Dates:** Sat. - 4/27 – 6/22 (8 wks ~ no class 5/25) 10:00am  
Sun. – 4/28 – 6/23 (8 wks ~ no class 5/26) 12:30pm  
**Place:** Huckleberry Hill Elementary Front Fields

**Soccer Squirts® (ages 3-5)**
USSI's Soccer Squirts is the perfect introduction to the most popular sport in the world! Boys and girls ages 3-5 will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games, and scrimmages and are designed to ensure learning and most importantly: fun, fun, fun!

**Day:** Sunday  
**Time:** $154.00  
**Dates:** 4/28 – 6/23 (8 wks ~ no class 5/26)  
**Place:** Huckleberry Hill Elementary Front Fields

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Check out information on facility rentals in Brookfield for birthday parties, showers or just for fun! Information can be found on the last page and online at www.brookfieldct.gov/rec under the ‘Parks/Facilities’ link.
**Sports Celebrated!**

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports. Children should wear sneakers and bring a snack and drink.

- **Day:** Tuesday  
- **Time:** 3:30 - 4:30pm
- **Dates:** 1/15 – 3/12 (8 wks ~ no class 2/19)
- **Place:** CES Gym  
- **Fee:** $48.00
- **Instructor:** Deanna Consalvo & Ryan Halloran

**Pillow Polo**

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and “nerf” equipment is used. Please wear sneakers. Bring a snack and refillable water bottle.

- **Day:** Thursday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/17 – 3/7 (8 wks)
- **Place:** CES Gym  
- **Fee:** $48.00
- **Instructor:** Deanna Consalvo & Ryan Halloran

**Zumba® Kids Jr. at CES**

Zumba Kids Jr classes are rockin’, high-energy dance parties packed with kid-friendly routines. They are a perfect way to give children in grades K and 1 the opportunity to be active and jam out to their favorite music. Steps are broken down, games are added, and other physical activities are conducted. Zumba Kids Jr helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children’s lives by making fitness fun. Classes integrate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move in, with socks & sneakers & bring a water bottle. Get ready to have fun!

- **Day:** Monday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/14 – 3/18 (8 wks ~ no class 1/21, 2/18)
- **Place:** CES Cafeteria  
- **Fee:** $64.00
- **Instructor:** Annette Kokkola-McLean

**Ballet for Grades K/1**

This class will introduce boys and girls in grades K and 1 to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends. Recommended attire: Girls – leotard, tights, ballet shoes. Boys – t-shirt, sweatpants, and ballet shoes.

- **Day:** Tuesday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/15 – 3/12 (8 wks ~ no class 2/19)
- **Place:** CES Music Room  
- **Fee:** $72.00
- **Instructor:** Angelia Prip

**Quick Start Tennis**

Students in grades K & 1 will learn how to control a tennis ball with a racquet and have fun in this beginning program. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in). Children should wear sneakers, bring a snack & drink.

- **Day:** Monday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/14 – 3/4 (6 wks ~ no class 1/21, 2/15)
- **Fee:** $60.00  
- **Place:** CES Gym  
- **Instructor:** Kelley Clancy & Kristin Sabatini

**Zumba Kids Jr classes are rockin', high-energy dance parties packed with kid-friendly routines. They are a perfect way to give children in grades K and 1 the opportunity to be active and jam out to their favorite music. Steps are broken down, games are added, and other physical activities are conducted. Zumba Kids Jr helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children’s lives by making fitness fun. Classes integrate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move in, with socks & sneakers & bring a water bottle. Get ready to have fun!**

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**Kids Yoga (Grades K/1)**

Yoga fosters creativity, sharing, focus, self-esteem and rewards each student with a peaceful mind and body. This yoga class for grades K and 1 meets each child where they are and playfully invites children to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through self-awareness and breathing techniques. Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided. Instructor Sharon Poarch is a Physical Therapist with the Brookfield Public Schools with additional certifications as a yoga instructor.

- **Day:** Thursday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/10 – 2/28 (8 wks)
- **Place:** CES Music Room  
- **Fee:** $72.00
- **Instructor:** Sharon Poarch RPT, RYT-200

**Get into the Kitchen!**

Children in grades K & 1 will enjoy making cook and no cook foods, as well as hands on activities involving food and measurements. This session will include quesadillas, pancakes, Valentine cookies and cake pops. Please make us aware of any food allergies when registering. This program will not include any peanut or tree nut products.

- **Day:** Wednesday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/16 – 3/6 (8 wks)
- **Place:** CES Café  
- **Fee:** $72.00
- **Instructor:** Deanna Consalvo & Ryan Halloran

**Intro to Taekwondo**

Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun and exciting way. World Champion Taekwondo’s instructors will allow your child to try out the sport right after school. Dress in loose comfortable clothing & bring a water bottle.

- **Day:** Friday  
- **Time:** 3:30-4:15pm
- **Dates:** 1/11 – 3/1 (6 wks ~ no class 1/18, 2/15)
- **Place:** Center School Gym  
- **Fee:** $60.00

**The Wizard’s School of Magic**

Students in grades K & 1 will learn five magic tricks from full-time professional magician Tom O’Brien. Tom has performed hundreds of shows around Litchfield and Fairfield counties and appeared on Fox 61 and WSFB’s Better Connecticut. Tom O’Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits containing props to perform at home, and a magic wand! Register before the spaces are filled.

- **Day:** Friday  
- **Time:** 3:30 – 4:30pm
- **Dates:** 1/25/19 – 3/15/19
- **Place:** CES Multi-Purpose Room
- **Fee:** $15.00

**Abracadabra - Magic Workshop 1:**

- **Dates:** 1/25/19, 3:30 – 4:30pm CES Multi-Purpose Room

**Hocus Pocus – Magic Workshop 2:**

- **Dates:** 3/1/19, 3:30 – 4:30pm CES Multi-Purpose Room
**Lego Robotics**
This provides wonderful hands-on opportunities for the students in grades K & 1 to experiment and learn about the fundamentals of robotics, construction and computer programming. We will be using the all-time familiar Lego bricks to build around a micro-computer and using computer software to bring the robot to life!

- **Day:** Wednesdays  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 3/6 – 4/3 (5 wks)  
- **Fee:** $102.00  
- **Place:** CES Multi-Purpose Room  
- **Instructor:** Techstars

**Drawing Mixed Media**
Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. Info: www.paintdrawmore.com.

- **Day:** Thursdays  
- **Time:** 3:30 – 4:30pm  
- **Session 1:** 2/7 – 2/28 (4 wks)  
- **Session 2:** 3/28 – 4/25 (4 wks ~ no class 4/18)  
- **Place:** CES Classroom  
- **Fee:** $72.00/session

**Intro to Lacrosse**
Designed for students in Grades K/1 who would like to learn how to play the sport of Lacrosse. Be a part of this fast paced, high scoring game that offers lots of fun! This program will provide a foundation for the sport and teach stick skills, ball handling, and teamwork. No equipment necessary! This program will be led by Brookfield teachers who are also Brookfield youth lacrosse coaches.

- **Day:** Wednesday  
- **Time:** 3:30 – 4:30pm  
- **Dates:** 2/20 – 3/13 (4 wks)  
- **Place:** CES Gym  
- **Fee:** $36.00

**Lego Robotics**
This provides wonderful hands-on opportunities for the students in grades K & 1 to experiment and learn about the fundamentals of robotics, construction and computer programming. We will be using the all-time familiar Lego bricks to build around a micro-computer and using computer software to bring the robot to life!

- **Day:** Wednesdays  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 3/6 – 4/3 (5 wks)  
- **Place:** CES Multi-Purpose Room  
- **Instructor:** Techstars

**Drawing Mixed Media**
Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. Info: www.paintdrawmore.com.

- **Day:** Thursdays  
- **Time:** 3:30 – 4:30pm  
- **Session 1:** 2/7 – 2/28 (4 wks)  
- **Session 2:** 3/28 – 4/25 (4 wks ~ no class 4/18)  
- **Place:** CES Classroom  
- **Fee:** $72.00/session

**Intro to Lacrosse**
Designed for students in Grades K/1 who would like to learn how to play the sport of Lacrosse. Be a part of this fast paced, high scoring game that offers lots of fun! This program will provide a foundation for the sport and teach stick skills, ball handling, and teamwork. No equipment necessary! This program will be led by Brookfield teachers who are also Brookfield youth lacrosse coaches.

- **Day:** Wednesday  
- **Time:** 3:30 – 4:30pm  
- **Dates:** 2/20 – 3/13 (4 wks)  
- **Place:** CES Gym  
- **Fee:** $36.00

**Huckleberry After School**

**The Wizard’s School of Magic**
Students in grades 2 - 4 will learn five magic tricks from full-time professional magician Tom O’Brien. Tom has performed hundreds of shows around Litchfield and Fairfield counties and appeared on Fox 61 and WSFB’s Better Connecticut. Tom O’Brien is a master of his craft and is superb at entertaining the children while teaching. All students will receive their own magic kits containing the props necessary to perform hem at home, and a magic wand! Register before the spaces, alakazaam, disappear!

- **Instructor:** Tom O’Brien  
- **Fee:** $15

**Abracadabra - Magic Workshop 1:**
Tuesday 1/29/19, 3:30 – 4:30pm HHES Room

**Hocus Pocus – Magic Workshop 2:**
Tuesday 2/26/19, 3:30 – 4:30pm HHES Room

**Huckleberry After School**

**Mad Science ~ Freaky Physics**
Become a junior engineer as you learn about and build super structures like bridges, arches & pyramids! Become a magician while learning the “science secrets” behind some of the most famous magic tricks. Learn about forces, gravity, & inertia while experimenting with gyroscopes & spinning wheels. Discover how electric follows a circuit as you make buzzers buzz, and make a firefly light up! Examine aircrafts & learn about the principals of flight as you build your own loop-flying stunt plane. Create your own “wave inside a bottle” while learning!

- **Day:** Friday  
- **Time:** 3:30 – 4:30pm  
- **Dates:** 1/25 – 3/8 (6 wks ~ no class 2/15)  
- **Place:** HHES Classroom  
- **Fee:** $110.00

**New ~ Coding 101**
Don’t know where to start?!? This class introduces youngsters to the fundamentals of computer science using and easy-to-use drop-and-drag visual programming language known as Blockly by Google. Basic concepts of commands, repeat loops, and if statements are used to build programs to create mono Minecraft™ games and puzzles.

- **Day:** Monday  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 1/14 – 2/25 (5 wks ~ no class 1/21, 2/18)  
- **Place:** HHES Room 101  
- **Fee:** $110.00  
- **Instructor:** Techstars

**Build, Code, Learn = Fun**
This is the ultimate Lego experience! We will use the all-time favorite Lego bricks to build various models to demonstrate basic properties of simple machines. Basic coding concepts such as loops, conditional statements are introduced when students use computer software to bring these models to life. A user friendly drop-and-drag interface provides a positive introduction to computer programming.

- **Day:** Monday  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 3/11 – 4/8 (5 wks)  
- **Place:** HHES Room 101  
- **Fee:** $102.00  
- **Instructor:** Techstars

**MINECRAFT™ Survival Adventure**

Imagine playing the popular game Minecraft™ while learning! Students will access a map created for this class to address all of the 21st century skills: critical thinking, creativity, problem solving, decision making, collaboration, communication, ICT literacy and more. From treasure quests to travel expeditions to building challenges and more, students work in groups within a collaborative virtual world on a private server.

- **Day:** Wednesday  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 3/6 – 4/3 (5 wks)  
- **Place:** HHES Room 101  
- **Instructor:** Techstars

**Huckleberry After School, continued**

**Mad Science ~ Freaky Physics**
Become a junior engineer as you learn about and build super structures like bridges, arches & pyramids! Become a magician while learning the “science secrets” behind some of the most famous magic tricks. Learn about forces, gravity, & inertia while experimenting with gyroscopes & spinning wheels. Discover how electric follows a circuit as you make buzzers buzz, and make a firefly light up! Examine aircrafts & learn about the principals of flight as you build your own loop-flying stunt plane. Create your own “wave inside a bottle” while learning!

- **Day:** Friday  
- **Time:** 3:30 – 4:30pm  
- **Dates:** 1/25 – 3/8 (6 wks ~ no class 2/15)  
- **Place:** HHES Classroom  
- **Fee:** $110.00

**New ~ Coding 101**
Don’t know where to start?!? This class introduces youngsters to the fundamentals of computer science using and easy-to-use drop-and-drag visual programming language known as Blockly by Google. Basic concepts of commands, repeat loops, and if statements are used to build programs to create mono Minecraft™ games and puzzles.

- **Day:** Monday  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 1/14 – 2/25 (5 wks ~ no class 1/21, 2/18)  
- **Place:** HHES Room 101  
- **Fee:** $110.00  
- **Instructor:** Techstars

**Build, Code, Learn = Fun**
This is the ultimate Lego experience! We will use the all-time favorite Lego bricks to build various models to demonstrate basic properties of simple machines. Basic coding concepts such as loops, conditional statements are introduced when students use computer software to bring these models to life. A user friendly drop-and-drag interface provides a positive introduction to computer programming.

- **Day:** Monday  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 3/11 – 4/8 (5 wks)  
- **Place:** HHES Room 101  
- **Fee:** $102.00  
- **Instructor:** Techstars

**MINECRAFT™ Survival Adventure**

Imagine playing the popular game Minecraft™ while learning! Students will access a map created for this class to address all of the 21st century skills: critical thinking, creativity, problem solving, decision making, collaboration, communication, ICT literacy and more. From treasure quests to travel expeditions to building challenges and more, students work in groups within a collaborative virtual world on a private server.

- **Day:** Wednesday  
- **Time:** 3:30 – 4:45pm  
- **Dates:** 3/6 – 4/3 (5 wks)  
- **Place:** HHES Room 101  
- **Instructor:** Techstars
**Quick Start Tennis**
Students in grades 2 - 4 will learn how to control a tennis ball with a racquet and have fun in this beginning program. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in). Children should wear sneakers, bring a snack & drink.
**Day:** Wednesday  **Time:** 3:30 – 4:30pm
**Dates:** 1/16 – 2/20 (6 wks)  **Fee:** $60.00
**Place:** HHES Lower Gym

**Intro to Taekwondo**
Taekwondo teaches much more than kicks, punches, and defense. It also helps children focus, become peaceful, and gain the confidence needed in school & life in a fun & exciting way. World Champion Taekwondo’s instructors will allow your child to try it out right after school. Dress in loose comfortable clothing & bring a water bottle.
**Day:** Tuesday  **Time:** 3:30-4:15pm
**Dates:** 1/15 – 2/26 (6 wks ~ no class 2/19)
**Place:** HHES Upper Gym  **Fee:** $60.00

**Team Handball**
Team handball is a fun, fast, and exciting game that incorporates skills and strategies found in many popular sports. Players in grades 2-4 will use skills such as throwing, catching, and tactical strategies such as moving to open space & fast breaks to score on their opponent’s goal.
**Day:** Tuesday  **Time:** 3:30 – 4:30pm
**Dates:** 1/8 – 3/5 (8 wks ~ no class 2/19)
**Place:** HHES Lower Gym  **Fee:** $48.00

**New ~ Fencing**
Over this 8-week session, students will learn the basics of fencing footwork, mobility and blade work. The class will consist of fencing drills, fencing-related games & introduce competitive tactics. Students will improve their strength, speed and coordination while learning a fun & exciting new sport. Throughout the session, students will have opportunities to test their skills fencing with each other!
**Day:** Wednesday  **Time:** 3:30 – 4:30pm
**Dates:** 1/23 – 3/13 (8 wks)
**Place:** HHES Upper Gym  **Fee:** $125.00

**Boys & Girls Flag Football**
Students in grades 2-4 will be introduced to the basics in this non-contact class through activities and drills.
**Time:** 3:30-4:30pm  **Place:** HHES Lower Gym
**Instructor:** Matt Cudney (boys) Rim Rajcula (girls)
**Fee:** $48.00
**Boys:** Mondays 1/7 – 3/11 (8 wks ~ no class 1/21, 2/18) Thursdays 1/10 – 2/28 (8 wks)
**Girls:** Fridays 1/11 – 3/15 (8 wks ~ no class 1/18, 2/15)

**You’ll Flip!**
Students in grades 2 – 4 who can’t get enough tumbling and gymnastics during P.E. class will continue to practice their basic gymnastics skills after school! Participants use a variety of apparatus and equipment under the watchful eyes of Mr. Cudney to develop flexibility, strength, & coordination.
**Day:** Tuesday  **Time:** 3:30 – 4:30pm
**Dates:** 3/19 – 4/9 (4 wks)
**Place:** HHES lower Gym  **Fee:** $36.00

**French Fantastique**
Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet, counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French.
**Day:** Tuesday  **Time:** 3:30 – 4:30pm  **Fee:** $79.00
**Dates:** 1/22 – 3/19 (8 wks ~ no class 2/19)
**Place:** HHES Room  **Instructor:** Margee Minier

**New ~ Cooking Around the World**
We have teamed up with Tiny Chefs® to offer this exciting start to cooking and learning about food from countries around the world. During this session, Tiny Chefs will learn how to create the cuisines of multiple countries. We will be cooking up some of the fabulous flavors of Italian, Indian, Vietnamese, Mexican, and French foods and also learning about some of the cooking techniques & ingredients that make them unique. Come join us as we expand our world & palates! Food allergies should be disclosed at registration.
**Day:** Monday  **Time:** 3:30 – 4:30pm
**Dates:** 2/4 – 3/18 (6 wks ~ no class 2/18)
**Place:** HHES Room  **Fee:** $130.00

**Drawing Mixed Media**
Paint, Draw & More! drawing classes teach young artists in grades 2 - 4 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts.
For more information visit, [www.paintdrawmore.com](http://www.paintdrawmore.com).
**Day:** Friday  **Time:** 3:30 – 4:30pm
**Session 1:** 1/25 – 2/22 (4 wks ~ no class 2/15)
**Session 2:** 3/8 – 4/15 (4 wks ~ no class 3/22)
**Place:** HHES Classroom  **Fee:** $72.00/session
Huckleberry After School, continued

Youth Wrestling Program
The Brookfield Youth Wrestling Program is open to boys and girls in grades 3 – 4. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt. Affiliated with CT USA Wrestling.

Day: Mondays & Thursdays  
Time: 6:30 – 7:30pm
Dates: 1/10 – 2/14 (10 classes ~ no class 2/1)  
Fee: $95.00  
Place: Huckleberry Lower Gym
Instructor: Josh Levine, USA Wrestling Certified

Intro to Lacrosse
Designed for students in Grades K/1 who would like to learn how to play the sport of Lacrosse. Be a part of this fast paced, high scoring game that offers lots of fun! This program will provide a foundation for the sport and teach stick skills, ball handling, and teamwork. No equipment necessary! This program will be led by Brookfield teachers who are also Brookfield youth lacrosse coaches.

Day: Friday  
Time: 3:30 – 4:30pm
Dates: 2/1 – 3/1 (4 wks ~ no class 2/15)  
Place: HMES Upper Gym  
Fee: $36.00

Zumba® Kids at Hhes
Zumba Kids is a perfect way to give children in grades 2 - 4 the opportunity to be active and jam out to their favorite music. Zumba Kids classes offer kid-friendly and fun routines that are based on original Zumba choreography, but modified to fit their needs. The steps are broken down, games are added, and other physical activities are conducted. Zumba Kids helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children’s lives by making fitness fun. Classes integrate key childhood development elements such as leadership, respect, teamwork, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move in, with socks and sneakers and bring a water bottle. Get ready to have fun!

Day: Thursday  
Time: 3:30 – 4:30pm
Dates: 1/17 – 3/7 (8 wks)  
Place: Hhes Upper Gym  
Fee: $64.00
Instructor: Annette Kokkola-McLean

Mindful Stretching & Meditation
Students in grades 5-8 are sure to benefit from the chance to relax and unwind after the school day. Certified yoga instructor Katie Oeser will guide students through a gentle flow of mindful movement ending with a final relaxation. Students will leave with a general feeling of increased wellness and reduced anxiety. Be sure to dress in comfortable clothing (you can change before class) & bring a water bottle. Students should bring their own yoga mats. Late bus transportation available.

Day: Thursday  
Time: 2:45 – 3:45pm
Dates: 1/17 – 2/21 (6 wks)  
Place: WMS Music Room  
Fee: $72.00
Instructor: Katie Oeser

Fencing
Over this 8 week session, students will learn the basics of fencing footwork, mobility and blade work. The class will consist of fencing drills, fencing-related games & introduce competitive tactics. Students will improve their strength, speed and coordination while learning a fun and exciting new sport. Throughout the session, students will have opportunities to test their skills by fencing with each other!

Day: Friday  
Time: 2:45 – 3:45pm
Dates: 1/25 – 3/22 (8 wks ~ no class 2/15)  
Place: WMS Gym  
Fee: $125

Youth Wrestling Program
The Brookfield Youth Wrestling Program is open to boys and girls in grades 5 – 8. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills.

The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt. Affiliated with CT USA Wrestling.

Day: Mondays & Thursdays  
Time: 6:30 – 8:00pm
Dates: 1/10 – 2/14 (10 classes ~ no class 1/21)  
Fee: $120.00/session
Place: Hhes Lower Gym
Instructor: Josh Levine, USA Wrestling Certified

Basic Drawing and Watercolor
Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at his or her ability level, culminating with the completion of one or more paintings. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program. A supply list will be emailed to you along with your receipt at registration and is estimated at an additional $60. Sharing paper/paints with friends is allowed.

Day: Monday  
Time: 2:45 – 4:10pm
Dates: 1/14 – 3/18 (8 wks ~ no class 2/1, 2/18)  
Instructor: Victoria Lange  
Place: WMS Art Room
Fee: $95.00

We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a “class proposal form” from our website. Class proposals should be received by 2/1/19 to be considered for the spring/summer program guide.
NEW ~ Intro to Drawing & Acrylics
This class will teach fundamental techniques of drawing and acrylic painting to adults. Students will be learning how to draw from reference photos, shading techniques, basic color theory and more. Projects will be shaped by the individuals’ interest of subject matter. Participants are responsible for obtaining additional material at an approximate value of $85. Materials list included on receipt.
Day: Wednesday  
Dates: 1/30 – 3/6 (6 wks)  
Place: WMS Art Room  
Instructor: Andrea Rios

We are currently accepting applications for the following seasonal summer positions:

Lifeguard, Camp Counselor

Applicants for camp counselor must be at least 16 years old by the start of the camp season in June. The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation Office at 775-7310 for more information or to request an application.

Applications are also available for download from our website.

Deadline for applications: 3/25/19

NEW ~ Biome & Dimension Builder
This is a fun class to explore the fundamentals of JAVA programming by creating a new world in the popular game Minecraft™. Students learn JAVA programming concepts such as instantiation, methods, parameters, loops and more. They will use a Java Development kit to create a portal to a dimension with a biome and their own pet dragons.
Day: Tuesday  
Dates: 3/5 – 4/2 (5 wks)  
Place: WMS Classroom  
Fee: $110.00  
Instructor: Techstars

Golf Lessons for Juniors
Open to golfers of all skill levels, these classes are intended to provide students ages 7 – 14 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:
Class 1: Introduction/Set-up and Swing with Irons  
Class 2: Review/Set-up and Swing with Woods  
Class 3: Pitch Shots and Bunker Play  
Class 4: Chipping and Putting
Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class.
Fee: $130.00 for any one month of four classes.  
Time: 4:30 – 5:30pm  
Place: Golf Quest, 1 Sand Cut Road.  
January: Wednesdays: 1/9, 1/16, 1/23, 1/30  
February: Tuesdays: 2/5, 2/12, 2/19, 2/26  
April: Tuesdays: 4/2, 4/9, 4/16, 4/23

Mindful Stretching & Meditation
Students in grades 9-12 are sure to benefit from the chance to relax and unwind after the school day. Certified yoga instructor Katie Oeser will guide students through a gentle flow of mindful movement ending with a final relaxation. Students will leave with a general feeling of increased wellness and reduced anxiety. Be sure to dress in comfortable clothing (you can change before class) & bring a water bottle your own yoga mats.
Day: Tuesday  
Dates: 1/15 – 3/19 (6 wks ~ no class 2/19)  
Place: Center School Café  
Fee: $95.00  
Instructor: Katie Oeser

Advanced Drawing and Watercolor
Beneath every painting there should be an accurate line drawing. Students in grades 9-12 will learn how to train their eyes to see accurate shapes, values and colors. They will learn how to use color theory; primary, secondary and complementary colors, along with warm and cool colors. Classes will involve drawing and painting sharp focus realistic still life paintings. This class is for the serious student who would like to produce exhibit worthy paintings and drawings. Instructor Victoria Lange is a professional artist and graduate of Paier College of Art. She has designed and illustrated for many greeting card companies including C.R. Gibson, Dayspring, and Henson Associates. Supplies are provided by the student and are estimated at $125 for the session. (A supply list will be emailed to you along with your receipt at registration.)
Day: Wednesday  
Dates: 1/16 – 3/6 (8 wks)  
Instructor: Victoria Lange  
Place: BHS Room  
Fee: $72.00  
Instructor: Katie Oeser

Youth Employment Program
Need help shoveling your driveway? How about a night out of the house, but have no one to watch your children? Our Youth Employment Program consists of young ladies and gentlemen that are looking to help you out, and make some money in the process.
Our list of services includes not only babysitting and shoveling, but weeding, mowing, raking, house and pet sitting, washing cars, household chores, and helping you clean out that garage or attic you keep saying you’re going to get to.
For a list of interested workers, and for students seeking employment, please contact Liz Burandt at lburandt@brookfieldct.gov or call 775-7310.

We are currently accepting applications for the following seasonal summer positions:

Lifeguard, Camp Counselor

Applicants for camp counselor must be at least 16 years old by the start of the camp season in June. The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation Office at 775-7310 for more information or to request an application.

Applications are also available for download from our website.

Deadline for applications: 3/25/19

Brookfield High

Office - 7310                  www.brookfieldct.gov/rec
Youth Basketball Leagues
Parks & Rec. Youth Basketball Leagues for Grade 1 and Grades 6 through 12 begin
Saturday, Jan. 5th.
Registrations are accepted through 1/25/19.

Iddy, Biddy Basketball, Grade 1
Boys & girls in 1st grade will practice the basic skills of basketball including dribbling, passing, shooting and teamwork in a fun, non-competitive atmosphere. All children receive a t-shirt. Our officials serve as coaches on the floor, no parent volunteers are needed. No program 2/16. Should we need to cancel for weather, out makeup dates will be Saturday, March 2nd, 9th and 16th if necessary.

Day: Saturday  Time: 11:00am – 12:00pm
Dates: 1/5 – 2/23  Fee: $70.00
Place: Huckleberry Hill School Upper Gym

Girls’ Basketball Grades 6 - 9
Open to new and experienced players. Evaluations are held on 1/5 and 1/12 to help us make balanced teams. Over the next several weeks, teams will have scheduled practices and game times. All games are played in Brookfield against other Brookfield teams. Adult certified referees are used to help enforce rules and parent volunteers are coaches. If you are able to coach, please let us know at the time of registration. Times may vary from what is advertised based on the number of teams. Teams play for 9 weeks followed by playoffs for teams that qualify.

Day: Saturday  Time: 1:00-2:30pm
Dates: 1/5 – 3/9 (9 wks) followed by playoffs
Place: Brookfield High School  Fee: $90.00

Boys’ Basketball Grades 6-7, 8-9, and 10-12
Two days of evaluations will be held on 1/5 and 1/12 to help determine skills and help make balanced teams. The season will start on 1/19. Games are played on Saturdays at Brookfield High School unless otherwise indicated. Certified officials are used to reinforce rules and fair play. Volunteer parents coaches are needed! If you are able to help, please let us know during registration. Times and format may vary depending on the number of teams. Generally, grades 6-7 will play between 8am-11am, grades 8-9 between 10:30-1:30pm, and grades 10-12 between 2:30-5pm. Schedules will be created after evaluations and given to teams before league play begins. Late season games and playoffs may be played during the week nights.

Evaluations:
Grades 6-7: 1/5 & 1/12 from 9-10:30am at BHS
Grades 8-9: 1/5 & 1/12 from 11-12:30pm at BHS
Grades 10-12: 1/5 & 1/12 from 3-4:30pm at BHS
Day: Saturday  Fee: $90.00
Dates: 1/5 – 3/9 (9 wks) followed by playoffs
Place: Brookfield High School

Brookfield Soccer Club
Spring 2019 Registration
The Brookfield Soccer Club will begin the season on April 6 and 7, weather depending. Registration will begin in early 2019. More information can be found at www.brookfieldsoccer.org or by emailing the registrar at brianreale@sbcglobal.net

Programs are offered for U4, U6, and U8 on Saturdays at Cadigan Park and travel programs for U9 and older.

Brookfield Baseball and Softball Association
Spring 2019 Registration
http://www.brookfieldbbsa.com

Monday, February 4th  7:00 - 8:30 p.m. at Town Hall
Monday, March 4th  7:00 - 8:30 p.m. at Town Hall

BBSA is offering online registration in addition to the two in-person registration dates above. Please visit www.brookfieldbbsa.com to register online.

Registration is open to Brookfield residents only. First time players must provide a copy of their birth certificate. Fee due at registration and will vary according to league. Contact Steve Harding Sr. at 203-770-4424 or by email at proff1960@aol.com for additional information.

Brookfield Lacrosse Club
Spring 2019 Registration
www.brookfield-lax.org

Spring lacrosse registration for all K-8 girls & boys divisions is now open at www.brookfield-lax.org

Registration deadlines:
Feb. 1st for all Junior & Senior divisions (grades 5-8)
March 1 for grades 3-4
May 1 for grades K-2

Register now for the spring season and become part of one of the fastest growing sports in the country! Brookfield Lacrosse is open to Boys & Girls grades K-8, & operates in partnership with BHS LAX programs. Kids new to the sport are welcomed and encouraged to come out and try this fast paced and exciting sport. Teams are formed based on age and skill level. Spring season begins the first week of April.

Brookfield Parent Support Network
Join us for free, confidential, and informal monthly meetings. For parents concerned about their kids who struggle with anxiety, depression and/or emotional dysregulation. For more information please email brookfielddpns@ymhproject.org
Sponsored by Brookfield Cares, Brookfield Education Foundation and The Youth Mental Health Project.
Rental Facilities

For full facility and rental information, including fee schedule and reservation form, please visit www.brookfieldct.gov/rec and click on the ‘Parks/Facilities’ link or give us a call at 203-775-7310.

Lakeside Community Room

460 Candlewood Lake Road. The Lakeside Community Room at the Town Park Beach is an ideal location to host casual meetings, birthday parties, baby showers, retirement parties and other celebrations for groups of up to 50 people. The seasonal main room measures 26’ x 24’, is climate controlled and features spectacular views of Candlewood Lake. Weather permitting your reservation includes use of the adjacent 12’ x 40’ stone patio deck as well as the other amenities in the park including a modified basketball court and sand volleyball court. Reservations are accepted for three consecutive hours during the available hours below. Set up is permitted one hour prior to your scheduled reservation and clean up for up to one hour after. Set up and clean up times are provided as a courtesy and are not to be used as additional event time. Please visit the Parks & Rec website for fee information and schedule. Additional fees apply for events with swimming or extended hours. Due to Fire Code restrictions all events must end by 8:00 pm. No indoor cooking permitted.

*Dates/Time Below are for all facilities

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<tr>
<td>Monday - Friday</td>
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Cadigan Pavilion

500 Candlewood Lake Road. Reservations limited to groups of 50. Includes use of picnic tables and BBQ grills. Electric available. During the summer season, your reservation includes use of the Town Beach amenities (across the street) during regular beach hours. Reservation may include access to adjoining athletic fields (if available).

Town Hall Bandstand

100 Pocono Road. Located in close proximity to the Kids Kingdom Playground, the Bandstand is frequently reserved for children’s birthday parties. Reservations include use of two picnic tables under the Bandstand, use of playground (along with general public) and use of athletic fields if available. No charcoal grills permitted.

Still River Greenway Update - Phase II

One of the most treasured additions to the town has been the Still River Greenway. After opening in October 2016, our Greenway has become the second most used walking path in the State. At any time of day, you can find joggers, bikers, dog walkers, rollerbladers, or just people out for a leisurely stroll. The combination of woods and the river itself provide a tranquil escape from our daily lives.

In September 2018, the Board of Selectmen appointed an Ad Hoc Committee to explore what would be Phase II of the Greenway. The goal is to extend the Greenway north to New Milford and beyond. The Committee is working with various government agencies as well as similar committees in other towns to coordinate efforts to achieve this goal. Currently the Committee is studying potential routes north, funding options, as well as possible obstacles. More information will be available after the new year via social media and the Parks and Recreation website.

Jay Annis, Chair on behalf of the Still River Greenway Ad-Hoc Committee
P.O. Box 5106  Brookfield, CT 06804
(203)775-7310

RECREATION STAFF:
Mary Knox, Director Parks & Recreation
Daniel Gagne, Recreation Supervisor
Liz Burandt, Administrative Assistant

PARKS MAINTENANCE STAFF:
Chris Rabuse, Parks Supervisor
Chris Shaw, Crew Leader
Rob Haggerty    Sean Llewellyn

COMMISSION:
Bryan Chnowski, Co- Chair
Joei Grudzinski, Co- Chair
Rob Blick        Renee Santiago
John Mangold     Cassie Dunn
Tom Murphy       Ed Butt—Vice Chair
Elaine Rajcula, Commission Secretary

POSTAL PATRON
BROOKFIELD, CT 06804

The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

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Register now for winter programs.
You may register over the phone when paying by credit card, in person at the Parks and Recreation Office (located at 162 Whisconier Road) or by mail.