



**POLICE DEPARTMENT  
TOWN OF BROOKFIELD, CT**

**ROBIN L. MONTGOMERY**  
*Chief of Police*

**To Police Officer Applicants:**

The Town of Brookfield is accepting applications for the position of police officer.

**Applicants must meet the following minimum qualifications:**

- Be at least twenty-one (21) years of age at the time of appointment to the position of police officer.
- Have graduated from an accredited high school, or obtained a formal G.E.D.
- Be a United States citizen
- Possess a valid motor vehicle operator's license
- Have no Felony or Class A or B Misdemeanor convictions

**HOW TO APPLY**

Fill out and sign the employment application and return it to the Brookfield Police Department with a **\$30.00 check or money order** payable to the Town of Brookfield. The \$30.00 fee is a non-refundable administrative processing fee due at the time the application is placed on file. There will be no additional charges associated with the application/employment process.

**CLOSING DATE FOR APPLICATION RETURN IS**

**Friday, September 10, 2010 @ 5:00 p.m.**

The Written and Physical Ability Phases of the process will be held on

**Saturday, September 18, 2010 @ 9:00 a.m. (Brookfield High School)**

Candidates should arrive by 8:30 A.M. – No candidates will be admitted after the start of the test at 9:00 A.M.

Further testing and examinations will be on a "selected basis" based, in part, on the applicant's written score and selection of a manageable pool of applicants to proceed to the next phase of testing.

**NOTE:**

**The date of the Written & Physical Ability Exams is Sat., Sept. 18, 2010.**

**No Further Notice Will Be Sent**

*The MEDICAL APPROVAL FORM must be completed and returned on or before September 18th in order to complete the Physical Ability portion of the testing process, (Valid C.H.I.P. Cards accepted in lieu of PA Test)*

*The Town of Brookfield is an equal opportunity employer.*

## **ABOUT THE BROOKFIELD POLICE DEPARTMENT**

Brookfield is located north of the City of Danbury in Fairfield County, Connecticut and covers 20+ square miles with a resident population of approximately 17,000. The Brookfield Police Department was organized on July 1, 1977 and has a current authorized strength of 31 sworn officers and 14 full and part time civilian personnel. The Department Command Staff consists of the Chief of Police, a Major and a Captain. There is a Patrol Division, a Detective Division, including a Youth Officer, and a part-time SCUBA Team, Accident Investigation Team, Tactical Response Unit, and Evidence Technicians.

Police Officers are represented by Brookfield Police Union, Local 1544, AFSCME Council 15 in contract negotiations for salary and benefits.

Police Officers must successfully complete basic recruit training at the Connecticut POST Council Training Academy, as well as complete a probationary period.

The Town supplies initial uniform, equipment and standard firearm. There is a subsequent \$750 clothing allotment per year. Additional benefits include paid vacation, 13 paid holidays, pension plan, medical benefits, uniform cleaning, and tuition assistance.

**CLOSING DATE FOR APPLICATION RETURNS:  
Friday, September 10, 2010 @ 5:00 p.m.**



# TOWN OF BROOKFIELD

## APPLICATION FOR EMPLOYMENT – POLICE DEPARTMENT

Brookfield Police Department, 63 Silvermine Road, Brookfield, CT 06804

“We are an equal opportunity employment company. We are dedicated to a policy of nondiscrimination in employment on any basis including race, creed, color, age, sex, religion, national origin, or physical defects”.

Date of Application \_\_\_\_\_

NAME: \_\_\_\_\_  
Last First Middle

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_ EMAIL: \_\_\_\_\_ SOC. SEC. #: \_\_\_\_\_

Referred by: \_\_\_\_\_

EMPLOYMENT: Position Desired \_\_\_\_\_ Permanent:  Temporary  FT  PT

Date Available: \_\_\_\_\_ Are you employed now? \_\_\_\_\_ May we contact your present employer? \_\_\_\_\_

Have you applied to the Town before? \_\_\_\_\_ When? \_\_\_\_\_

### EDUCATION:

Circle # of years completed	Name & Location of School	Years Attended	Date Graduated	Subjects Studied/ Degree Awarded
High School: 0 1 2 3 4 GED				
College: 1 2 3 4				
College: 5 6 7 8				
Trade, Business or Correspondence School				

Technical/Professional Licenses: Type: \_\_\_\_\_ Number: \_\_\_\_\_ State: \_\_\_\_\_  
Date: \_\_\_\_\_ Current? \_\_\_\_\_

Internships: Type: \_\_\_\_\_ Company/Facility Name: \_\_\_\_\_ Dates: \_\_\_\_\_

Special Study/Skills: \_\_\_\_\_

**EMPLOYMENT HISTORY:** List and describe your work experience. Begin with most recent position first. Include title changes when applicable.

Dates Month/Year	Name & Address of Employer	Position Title	Final Salary	Reason for leaving
<b>From:</b>				
<b>To:</b>			hr/wk/mo/yr	
<b>From:</b>				
<b>To:</b>			hr/wk/mo/yr	
<b>From:</b>				
<b>To:</b>			hr/wk/mo/yr	
<b>From:</b>				
<b>To:</b>			hr/wk/mo/yr	
<b>From:</b>				
<b>To:</b>			hr/wk/mo/yr	

**Volunteer Experience:** \_\_\_\_\_

**Professional Affiliations:** \_\_\_\_\_

**U.S. Military Service:** \_\_\_\_\_ Rank: \_\_\_\_\_ Presently in National Guard or Reserves? \_\_\_\_\_

- Are You a Citizen of the United States? **YES**  **NO**
- Do you possess a valid motor vehicle operator’s license? **YES**  **NO**   
LIC. # \_\_\_\_\_ ST \_\_\_\_\_
- Are you 21 years of age or older? **YES**  **NO**
- Are you a Certified Connecticut Police Officer? **YES**  **NO**   
o Cert. # \_\_\_\_\_ Cert. Date \_\_\_/\_\_\_/\_\_\_ Exp. Date \_\_\_/\_\_\_/\_\_\_
- Have you been arrested or convicted of a Felony Crime? **YES**  **NO**   
Details: \_\_\_\_\_
- Have you been arrested or convicted of a Class “A” or “B” Misdemeanor Crime? **YES**  **NO**   
Details: \_\_\_\_\_
- Have you ever committed an act of perjury or making a false statement? **YES**  **NO**   
Details: \_\_\_\_\_
- Do you have a valid C.H.I.P. Card (Physical ability test)? **YES**  **NO**

I authorize investigation of all statements contained in this application. I understand that misrepresentation or misstatements of facts is cause for dismissal. Further, I understand and agree that this application is not a contract of employment between the Town, and any person, nor does it give any person the right to continue in the employment of the Town for any specified period of time.

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Date Received:** \_\_\_\_\_



**POLICE DEPARTMENT  
TOWN OF BROOKFIELD, CT**

**ROBIN L. MONTGOMERY**  
*Chief of Police*

August 2010

Dear Applicant,

Thank you for your interest in pursuing a law enforcement career with the Brookfield Police Department. To help limit the number of days a candidate must devote to taking the tests, the first two phases of the testing process will be held on Saturday, September 18, 2010, beginning at 8:30 A.M. at Brookfield High School. The Written Test will be administered at 9:00 A.M. in the cafeteria with the Physical Ability Test immediately following. Testing for these two phases should be completed by 1:00 P.M.

Holders of valid C.H.I.P. Cards will not be required to take the Physical Ability Test. **Applicants who possess a valid C.H.I.P. Card must bring their card to the written test and present it at sign-in.**

Attached to this letter are the following items:

- Description of physical ability tests to be administered as well as qualification standards.
- **Medical Approval Form (To be completed by a physician prior to September 18, 2010, and brought with you on the test day)**
- Directions to Brookfield High School

All applicants should report to Brookfield High School on Saturday, September 18, 2010, by 8:30 A.M. for sign-in. Applicants must provide two (2) forms of identification, at least one of which must be photo identification. **No applicants will be admitted after the 9:00 A.M. start time of the test.** There are no locker or shower facilities available to applicants, so please wear appropriate attire to participate in the Physical Ability Testing following the Written Test. Sneakers must be worn for the run.

If you have any questions regarding the testing process, please call or email Brookfield Police Major Jay Purcell at (203) 740-4102 or email at [jpurcell@brookfield.org](mailto:jpurcell@brookfield.org)

The Town of Brookfield is an equal opportunity employer.

## Brookfield Police Department Physical Fitness Test

**Q:** How will physical fitness be measured?

**A:** The physical fitness test battery consists of four basic tests. Each test is a scientifically valid test. The tests to be given are described as follows:

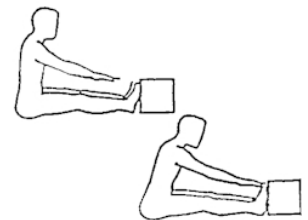
### One Minute Sit-Up Test

This is a measure of the muscular endurance of the abdominal muscles. It is an important area for performing police tasks that may involve the use of force. The score is the number of bent leg sit-ups performed in 1 minute.



### Sit and Reach Test

This is a measure of the flexibility of the lower back and upper leg area. It is an important area for performing police tasks involving range of motion. The test involves stretching out to touch the toes or beyond with extended arms from the sitting position. The score is in inches reached on a yardstick with 15 inches being at the toes and the 36" mark being at the far end away from the toes.



### One Minute Push-Up Test

This is a measure of the muscular endurance of the upper body. It is an important area for performing police tasks requiring upper body strength. The score is the number of push-ups performed in 1 minute.

- **OR** -

### Bench Press Test

This is a test of adequate muscular strength or the amount of tension a muscle can exhibit in one maximal contraction. Since the bench press goes through the full range of motion, it correlates well with total body strength criterion. The equipment required a Universal DVR, with adequate weight capacity. Score is the maximum weight lifted in one repetition.

### 1.5 Mile Run

This is a timed run to measure the heart and vascular system's capability to transport oxygen. It is an important area for performing police tasks involving stamina and endurance. The score is in minutes and seconds.



**Brookfield Police Department**  
**FITNESS TEST STANDARDS**  
**PHYSICAL PERFORMANCE 40%**

**Male Candidate**

AGE	1 MINUTE OF SIT-UPS	SIT/REACH (Straight-leg)	DYNAMIC STRENGTH (Bench Press 1-lift) / (Push-Ups)		1.5 MILE RUN 40%
20 - 29	38	16-1/2 in.	.99 X Body Weight	29	12:25
30 - 39	35	15-1/2 in.	.88 X Body Weight	24	12:51
40 - 49	29	14-1/4 in.	.80 X Body Weight	18	13:46
50 - 59	24	13-1/4 in.	.71 X Body Weight	13	14:54
60 - 69	19	12-1/2 in.	.66 X Body Weight	10	16:16

**Female Candidate**

AGE	1 MINUTE OF SIT-UPS	SIT/REACH (Straight-leg)	DYNAMIC STRENGTH (Bench Press 1-lift) / (Push-Ups)		1.5 MILE RUN 40%
20 - 29	32	19-1/4 in.	.59 X Body Weight	23	14:49
30 - 39	25	18-1/4 in.	.53 X Body Weight	19	15:25
40 - 49	20	17-1/4 in.	.50 X Body Weight	13	16:12
50 - 59	14	16-3/4 in.	.44 X Body Weight	12	17:14
60 - 69	6	15-1/2 in.	.43 X Body Weight	5	18:00



# Brookfield Police Department

63 Silvermine Road  
Brookfield, CT 06804  
(203) 775-2575



## Physical Ability Assessment Medical Approval Form

*PHYSICIAN'S CERTIFICATION OF ABILITY TO PARTICIPATE IN THE  
BROOKFIELD POLICE DEPARTMENT'S PHYSICAL FITNESS TEST*

This is to certify that I have reviewed the below listed activities conducted by the Brookfield Police Department during physical fitness testing.

Fitness Test will include the following physical fitness activities:

- One minute of sit-ups
- Flexibility – sit and reach
- Bench Press (approx. .99% (or less) of body weight) or push-ups
- Run of one and one half miles (1 ½)

It is my professional opinion that the candidate named below:

**Candidate's Name:** \_\_\_\_\_

**Department Applying to:** BROOKFIELD POLICE DEPARTMENT

**Date of Physical Exam:** \_\_\_\_\_

IS MEDICALLY CAPABLE OF PARTICIPATING IN THE BROOKFIELD POLICE DEPARTMENT'S FITNESS TEST.

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(M.D. or D.O.)

Physician's Name and  
Address (Type or Imprint  
With Office Stamp) }

# Directions To Brookfield High School (45 Long Meadow Hill Road)

## **FROM THE NORTH:**

From New Milford (and points north) take Route 7 South to Route 202. Turn left (West) onto Route 202 and proceed to the intersection with Route 25 (approximately 1.25 miles). Turn left and drive for approximately 1.3 miles. Turn left onto Long Meadow Hill Road (Opposite Brookfield Library). Brookfield High School is approximately 0.7 miles ahead on the right. Park in the Faculty/Visitor Lot and enter building through main door under sign.

## **FROM THE SOUTH AND WEST**

From Danbury take Rt. I-84 East to Exit 7 (left exit). Continue on Rt. 7 North to Exit 11 (approximately 3.5 miles). At traffic light turn right and proceed for approximately 0.5 mile to Route 25. Turn right and drive for approximately 1.3 miles. Turn left onto Long Meadow Hill Road (Opposite Brookfield Library). Brookfield High School is approximately 0.7 miles ahead on the right. Park in the Faculty/Visitor Lot and enter building through main door under sign.

## **FROM THE EAST**

From Waterbury take Rt. I-84 West to Exit 9. At bottom of ramp turn right onto Rt. 25 North. Proceed approximately 3.75 miles. Turn right onto Long Meadow Hill Road (Opposite Brookfield Library). Brookfield High School is approximately 0.7 miles ahead on the right. Park in the Faculty/Visitor Lot and enter building through the main door under sign.