

Whisconier After School

Basic Drawing and Watercolor

Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Monday Time: 2:40 – 4:10 p.m. Place: WMS Art Room
Dates: 4/25 – 6/13 (7 wks) -no class 5/30 Instructor: Victoria Lange Fee: \$74.00

Volleyball Clinic

Students in grades 5 – 8 will learn the basics of volleyball including: serving, hitting, passing, setting and court position. This is a great program for those who are considering playing volleyball at BHS and want to learn more about the sport, as well as for those who just want to get some exercise and have some fun! This clinic is taught by the BHS Freshmen Volleyball Team Coach.

Day: Tuesday Time: 2:40 – 4:10 p.m. Place: WMS Gym
Dates: 4/26 – 5/31 (6 wks) Instructor: Cecelia Laskauskas Fee: \$59.00

ARC Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive *The Babysitter's Training Handbook*, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil.

Day: Friday Time: 9:00 a.m. – 3:00 p.m. Place: Town Hall Room 133
Date: 4/22 Instructor: Peggy Boyle Fee: \$65.00

New ~ Connect & Relax: Yoga for Tweens

Tweens live in a constant state of stress. Their bodies have become far too accustomed to functioning in a stress response mode. In this 60-minute class, participants age 10-14 explore the art of opening to the relaxation response. Through breath work, flowing yoga sequences, and guided meditation participants turn inward and find peace in the present moment. Yoga restores their capacity for calm and self-appreciation.

Day: Monday Time: 3:25 - 4:25 p.m.
Dates: 5/2 – 6/13 (6 wks) – no class 5/30 Instructor: Sharon Poarch, RPT
Place: SOUND, 31 Hawleyville Road, Newtown Fee: \$125.00

Intro to Field Hockey

Designed for students in grades 5 - 8 with no previous experience playing. This program will provide a foundation for stick skills, ball handling, sport rules, and teamwork. Students should bring a stick and shin guards. (If you don't have a stick, we will have some you can borrow.)

Day: Monday Time: 5:00 – 6:00 p.m. Place: HHES Lower Gym
Dates: 5/2 – 6/13 (6 wks) – no class 5/30 Instructor: Danielle Olivier Fee: \$46.00

USTA Junior Tennis

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. Participants (adv. beginner, intermediate and advanced) will gain match play experience as they compete with and against individuals of similar age from surrounding areas. Older players should already be comfortable with keeping score, serving, and have knowledge of the basic rules when playing singles and doubles matches.

The season will run approximately June 10 through August 7 with a practice once a week and four to six matches during the season. At least two home matches will be played on Saturday afternoons on the BHS Courts and at least two away matches TBA in towns throughout Fairfield County. Depending on the number of kids on each team, each player may not play in every match officially. Every effort will be made to have practice on a set day and time each week when all team members can participate. Practices may or may not be rescheduled if cancelled due to the weather, but matches will be rescheduled.

Total fee to participate is \$143.00. \$100 will be paid directly to Parks & Rec. at registration for coaches' fees and team t-shirt. \$43 will be paid when you register for your team online and includes USTA membership and the fee for the league. You MUST register with Parks and Recreation by Friday, May 13 in order to play.

To learn more about Junior Team Tennis please join us for an informational meeting on Monday, May 9 at 6:30 p.m. in Town Hall. We are always looking for coaches. If you are interested, please attend the meeting on May 9 or call the Parks & Recreation Office at 775-7310.