

Center School Activities

Get into the Kitchen

Students in grades K and 1 will enjoy making a variety of no cook and cooked foods. As a small group they work together, following the steps in recipes and taking turns to make a dish they then share. This is a hands-on class, so there is a strong emphasis on clean hands and good kitchen hygiene, safe use of kitchen tools, good listening skills, and following instructions. At the end of each class students will sample the dish they created and go home with the recipe. Recipes are duplicated in both the Monday and Tuesday classes, but do change each session. Please make us aware of any food allergies or cultural restrictions when registering.

Day: Monday **Time: 3:30 – 4:30 p.m.**

Session 1: 4/20, 4/27, 5/4, 5/11 (4 wks)

Session 2: 5/18, 6/1, 6/8, 6/15 (4 wks)

Day: Tuesday **Time: 3:30 - 4:30 p.m.**

Session 1: 4/21, 4/28, 5/5, 5/12(4 wks)

Session 2: 5/19, 5/26, 6/2, 6/9 (4 wks)

Place: Center School PreSchool Room

Fee: \$48.00/session

Instructor: Ann Salinger

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Wednesday

Time: 3:30 - 4:30 p.m.

Dates: 4/22 – 6/10 (8 wks)

Place: Center School - Gym

Fee: \$40.00

Instructor: Pat Jackson

Zumba Kids at Center School

Zumba Kids is a perfect way to give children in grades K and 1 the opportunity to be active and jam out to their favorite music. Zumba Kids classes offer kid-friendly and fun routines that are based on original Zumba choreography, but modified to fit their needs. The steps are broken down, games are added, and other physical activities are conducted. Zumba Kids helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear

comfortable clothes that are easy to move around in, with socks and sneakers. Having a water bottle is also suggested. Get ready to have some fun!!

Day: Thursday

Time: 3:30 - 4:30 p.m.

Session 1: 4/23, 4/30, 5/7, 5/14 (4 wks)

Session 2: 5/21, 5/28, 6/4, 6/11(4 wks)

Place: Center School Gym

Instructor: Ariana Mesaros

Fee: \$35.00/4 wk session

Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Day: Tuesday

Time: 3:30 – 4:30 p.m.

Dates: 4/21 – 6/9 (8 wks)

Place: Center School Gym

Fee: \$40.00/session

Instructor: Pat Jackson

Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Hammerhead Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday

Time 3:30 – 4:00 p.m.

Dates: 4/23 – 5/14 (4 wks)

Fee: \$28.00

Place: Center School Multi-Purpose Room

Pre-Ballet

This class will introduce boys and girls in kindergarten and grade 1 to age-appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance, coordination and begin learning the basic postures and positions of ballet. Recommended attire: Girls- any color leotard, pink tights, pink ballet shoes. Hair must be pulled back. Boys- solid color t-shirt and shorts or sweatpants and black ballet shoes.

Day: Friday
Time: 3:30 – 4:30 p.m.
Dates: 4/24 – 6/12 (8 wks)
Place: Center School Gym
Fee: \$77.00
Instructor: Dolly Pinto

The Wizard's School of Magic

Students in grades K and 1 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Tuesday 4/21, 3:30 – 4:30 p.m. Center School Room

Hocus Pocus – Magic Workshop 2:

Tuesday 5/12, 3:30 – 4:30 p.m. Center School Room

Presto – Magic Workshop 3:

Tuesday 6/9, 3:30 – 4:30 p.m. Center School Room

Lego in Motion

Calling all Lego enthusiasts and builders in grades K and 1! We put fun in motion as students learn how to use wheels and axles, motors, kinetic energy and balance to create numerous contraptions which will be powered with motors and battery packs. Class limited to 12 students. All new models to tinker with this spring.

Day: Wednesday

Time: 3:30 – 4:45 p.m.

Dates: 4/22, 4/29, 5/6, 5/13, 5/20 (5 wks)

Place: Center School Room

Fee: \$95.00

Instructor: Computer Explorers

Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality

materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Thursday

Time: 3:30 – 4:30 p.m.

Dates: 5/14 - 6/11 (5 wks)

Place: Center School Art Room

Fee: \$86.00