

Still River Greenway

B R O O K F I E L D . C T



Fall 2016 Program Guide



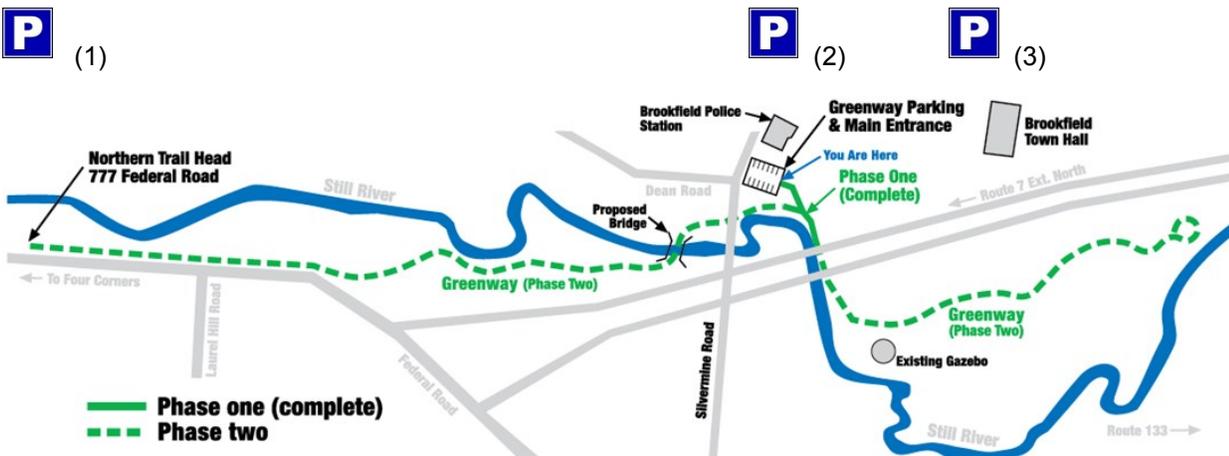


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B R O O K F I E L D , C T

Sixteen years in the making, this project is quickly nearing completion. We anticipate the two-mile trail to be open to the public by the end of October 2016. Once officially opened to the public, we anticipate a small number of “punch list items” that will be addressed while the trail is open. Like us on Facebook for details on a more formal ribbon cutting ceremony currently in the works. (Actual date TBA.)

P Preferred parking at any of the three following locations:
 North end of the trail at 763 Federal Road
 Next to the Police Department
 Town Hall



Please do:

Please don't:

The 25th Annual “Well Adjusted, LLC” 5K Halloween Run

Date: Sunday, October 30

Time: 5 K Race begins at 10:00 a.m.

Race Day Registration 8:30 to 9:30 a.m.

Place: Brookfield Municipal Center,
100 Pocono Road

Pre-registration fee: \$25.00 (by 4:30 p.m. on 10/28)

Race Day Registration: \$30.00

Walkers welcome! Race features dri-fit short sleeve T's to first 350 registered, prizes to top runners in eight age groups, water station, splits at mile marks, prizes for best costumes, raffles and excellent post-race refreshments. USATF certified #CT06013JHP. Chip timed, online registration available.

Annual Kids K Fun Run

Date: Sunday, October 30

Time: Kids K begins at 9:30 a.m.

Place: Brookfield Municipal Center,
100 Pocono Road

Pre-registration Fee: \$12.00
(Includes medal and t-shirt)

No Race Day Registrations for KIDS K!

Kids K Age Groups: 5 and Under, 6 - 8, 9 - 11

Register online at: Brookfield.usaxc.com
Online registrations must be completed by
4:30 p.m. on Thursday, October 27.



Special Events

Annual Scarecrow Decorating Day



If you've ever seen people driving around Town with scarecrows sticking out of their trunks, they were likely on their way home from this popular event! Join us on

Wednesday, October 12 at 3:00 p.m. in front of the Bandstand at Town Hall, 100

Pocono Road. Please bring along old clothes (shirt and pants), string, scissors, a brown bag or sack for the head and whatever accessories you would like to decorate with. We'll supply the directions, hay, and stakes. Ms. Janine will be joining us to provide some music with her wonderful guitar playing and singing, too. Come make some memories on a fall afternoon! There is no charge but pre-registration is required by calling the Parks & Rec. Office at 775-7310 if you plan to attend.

Our Fifth Great Weight Loss Challenge!

Looking for some motivation to lose weight this fall? Healthy Weighs Wellness Center is hosting another healthy weight loss challenge for local residents ages 18 and over. In order to participate, you must be overweight or obese according to your BMI (Body Mass Index). At the end of the 5 week challenge, the winner will be selected based on the contestant who loses the most healthy weight as a percentage of their body weight. (A healthy weight loss is no more than one percent of your body weight per week.) The initial weigh-in is on Monday, October 17 from 9:00 a.m. to 6:00 p.m. The final weigh in will be on Monday, November 21 from 9:00 a.m. to 6:00 p.m., both at Healthy Weighs Wellness Center. You must be able to weigh in on these dates; no exceptions. The winner will receive \$200 in wellness services at Healthy Weighs Wellness Center. Space is limited and registration is required by October 14 by calling Brookfield Parks and Rec. at 203-775-7310 or Healthy Weighs Wellness Center at 203-775-1819. More details will be provided at your initial weigh-in on October 17 including a free evening walking program. The cost for the challenge is only \$25 and you will also get a Great Weight Loss Challenge T-Shirt! Proceeds from the Challenge will go to the PCOS Foundation. You can feel good about losing weight and about supporting a good cause, too.



Singing and Signing Time with Ms. Janine at Kids Kingdom

Singer/Signer/Songwriter/Guitarist, Janine LaMendola “Ms. Janine” will be playing children’s

music with sign language fun at Kids Kingdom Playground this fall. It doesn't matter if you come with your infant, toddler or preschooler, or if you're a teenager. You're guaranteed to learn several signs and have fun at the same time! In case of bad weather please join her inside the Town Hall in Room 133. All ages welcome, no pre-registration is required, and it's free!

Day: Wednesday Time: 4:15 – 5:00 p.m.

Dates: 10/5, 10/12, 10/19, 10/26 (4 wks)

Place: Kids Kingdom Playground, 100 Pocono Road



Haunted House Workshop

What do you get when you mix chocolate frosting, puffed cereal, pretzel sticks, and candy? A haunted house that your child will be excited to make and proud to show off.

Ages 3 – kindergarten participate with parent or caregiver; for grades 1-4 this is a drop off program. Please bring an empty, rinsed ½ gallon cardboard milk or juice container to use as the base.

Day: Saturday Date: 10/29
 Time: Age 3 - K: 3:00 – 4:00 p.m. Fee: \$10.00
 Grades 1-4: 2:00 – 3:00 p.m.
 Place: Town Hall Meeting Room

16th Annual Trick or Treat at Town Hall

Parents and children are invited to “trick or treat” at Town Hall this year on Halloween Day, Monday, October 31 from 2:00 – 3:45 p.m. Office doors will be decorated, and we will be passing out lots of candy! Please be sure to dress in costume and to bring your own candy bag to hold all of your treasures. There is no charge for this event. However, we are asking that each child bring either a non-perishable, “kid-friendly” food item such as peanut butter, jelly, canned spaghetti or ravioli for the food pantry or a monetary donation for the Brookfield Emergency Fund. The Emergency Fund is a non-tax dollar supported fund, which aids Brookfield families in crisis. The collection box for any items will be at the food pantry in Town Hall, located on the first floor across from the Tax Collector’s Office. Please pre-register by calling Parks & Rec. at 775-7310 by October 28.

Thanksgiving Turkey Workshop

Children will enjoy creating a decorative turkey centerpiece for their table. Ages 3 – kindergarten participate with parent or caregiver; for grades 1-4 this is a drop off program.

Day: Saturday Date: 11/19
 Time: Age 3 - K: 3:00 – 4:00 p.m. Fee: \$10.00
 Grades 1-4: 2:00 – 3:00 p.m.
 Place: Town Hall Meeting Room



Letters to Santa

Receive a genuine letter from Santa Claus himself! Drop your child’s personal letter in the North Pole Mailbox at the Parks & Recreation Office (now located in the Old

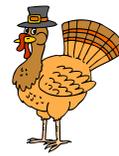
Town Hall at 162 Whisconier Road), or mail it to Santa, Attn: Parks & Recreation Department at P.O. Box 5106. Your child’s letter must include a self-addressed stamped envelope. Santa himself will mail a personalized letter back in time for Christmas. In order for a timely response, letters will be accepted December 1 - 16.

New ~ Great Jack O Lantern Blaze

This spooky and magical event takes place at Van Cortlandt Manor deep in Sleepy Hollow country, in nearby Tarrytown NY. See more than 4,000 individually hand carved, illuminated jack o’lanterns in this elaborate walk through experience. Meander through a historic 18th century riverside landscape and discover a breathtaking display. Prior to our early evening visit to the Blaze we will have time in the delightful village of Tarrytown to enjoy the shops and have a bite to eat at one of the many restaurants (at your own cost). Please note that there is considerable walking down a cobblestone path at the Blaze. Leave from Brookfield Town Hall at 2:30 p.m. and travel with a tour director by coach bus. Return to Brookfield at approximately 9:30 p.m.

Day: Saturday Date: 10/22
 Time: 2:30 p.m. departure Fee: \$82.00

Macy’s Thanksgiving Day Parade



Join us on our twentieth annual *pilgrimage*, enjoying all of the fun with none of the hassle! Leave from Town Hall at 6:30 a.m., travel by coach bus to witness this NYC tradition, and still be home by approximately 1:30 p.m. to watch football and eat dinner. Register before all the

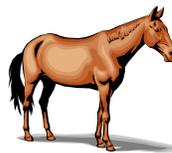
seats are *gobbled* up!

Day: Thursday Date: 11/24
 Time: 6:30 a.m. Fee: \$36.00

Radio City Christmas Spectacular

This is our longest running trip for good reason! We were able to purchase discounted prime orchestra tickets and pass the savings on to you. We’ll be leaving from Brookfield Town Hall at 8:00 a.m. for an 11:00 a.m. matinee performance. There will be plenty of time after the show for lunch, to see the tree or go ice skating at Rockefeller Center, take in the holiday windows at Saks or finish up your holiday shopping. We’ll be leaving NYC at 4:00 p.m. Fee includes ticket (Prime Orchestra Rows MM-TT in 500 section) and coach bus transportation/driver gratuity. Please register early to avoid disappointment.

Day: Tuesday Date: 12/20
 Time: 8:00 a.m. departure Fee: \$129.00



Horseback Riding Lessons

Brushy Hill Farm is a full service equestrian facility that takes pride in its warm and welcoming environment. The lesson program caters to students of all ages from beginners to seasoned veterans. Lessons are hand tailored

for each rider’s needs to ensure that everyone may achieve their goals and full potential. Closely supervised instruction in a safe and nurturing atmosphere will provide students with solid foundations, the necessary skills to communicate properly with their horse and become good horsemen. During each lesson, students will learn and practice basic horse care, grooming, tacking up, and correct terminology. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks & Recreation Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. Lessons begin the week of October 10th (or later if more convenient) and meet weekly. Brushy Hill Farm is located in Southbury. Long pants and shoes with heel are recommended. Hard hats will be provided.

Fee: ½ hour private lessons
 4 Pack \$200, 8 Pack \$380
1 hour private lessons
 4 Pack \$240, 8 Pack \$460

Mediterranean Vegetable Cooking 101

Everyone knows that the heart-friendly "Mediterranean Diet" is filled with wonderful, but sometimes unfamiliar, vegetables, from artichokes to zucchini. Whether your goal is to stretch your grocery budget with hearty non-meat dishes (or dishes that can be modified to be vegetarian), or cook for a vegan or vegetarian, or surprise your dinner guests with something different, this class will meet your needs. Classes will be conducted as a combination demonstration and hands-on workshop. Each night you'll make and sample three recipes featuring the vegetable of the week (zucchini, peppers, eggplant, and escarole) and you'll leave with handouts of the recipes and other helpful hints. Instructor Ann Salinger's first cooking teacher was her mother, who grew up on a farm in Southern Italy. Since then Ann has taken numerous cooking courses in Europe (where she lived for seven years) and Asia, and has enjoyed sharing her knowledge and enthusiasm for cooking with friends and students.

Day: Tuesday Time: 6:30 – 8:30 p.m.
 Dates: 10/18 – 11/15 (4 wks) – no class 11/8
 Place: BHS Culinary Arts Room #204
 Fee: \$82.00

Mediterranean Vegetable Cooking 201

For those of you who have taken Med Veg 101 and want to learn additional recipes for some of the same ingredients and explore some new ingredients (including artichokes, mushrooms, and Swiss chard) Ann is offering a follow-up class. This class is built on the material covered in the first program, and explores some traditional, but perhaps less familiar, ingredients and recipes.

Day: Tuesday Time: 6:30 – 8:30 p.m.
 Dates: 11/22 – 12/13 (4 wks) Fee: \$82.00
 Place: BHS Culinary Arts Room #204

A Mediterranean Harvest

For those who've taken some of our other Mediterranean Vegetable classes you won't be surprised to see even more eggplant recipes in these new classes, as well as recipes using pumpkins, grapes, chard, plums, cauliflower, beans, and greens. We'll be making appetizers, pastas, tortas, and desserts—all vegetarian but not always vegan. Come hungry—the best part of the class is the feast at the end!

Summer Harvest: 10/13 – 11/3 (4 wks)

Fall Harvest: 12/1 – 12/22 (4 wks)

Day: Thursday Time: 6:30 – 8:30 p.m.
 Place: BHS Culinary Arts Room #204
 Fee: \$82.00 for 4 week session (either summer or fall)

New ~ Make Your Own Kombucha and Sauerkraut

Get the benefits of probiotics in your diet and save money at the same time. Sauerkraut and Kombucha are both easy to make and are reputed to have many health benefits. In this class we'll spend an evening making homemade sauerkraut, which is much better than anything you can buy in the grocery store. Then we'll go through the process to make the fermented beverage Kombucha, step by step. You'll leave with some sauerkraut to ferment at home and a kombucha starter.

Day: Monday Time: 7:00 – 9:00 p.m.
 Date: 11/7 (1 wk) Fee: \$29.00
 Place: Town Hall Room 119
 Instructor: Mary Ann Kulla

Red Cross Adult and Pediatric First Aid/CPR/AED for Lay Responders

This course covers CPR/AED and first aid for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real life scenarios. Includes Red Cross certification in Adult and Pediatric First Aid/CPR/AED which is valid for two years.

Session 1: Tues./Thurs. 10/25 and 10/27, 7:30 – 9:30 p.m.
 Session 2: Saturday, 10/22, 12:00 – 4:00 p.m.
 Place: Town Hall Room Instructor: Jerry Kochman
 Fee: \$89.00 per session

Red Cross CPR Re-Certification for Lay Responders

This course provides individuals with the opportunity to review course content and practice skills before taking a written exam and performing skills for evaluation. Includes two-year Red Cross certification following successful completion. Register for any session.

Session 1: Saturday 10/22, 10:00 a.m. – 12:00 p.m.
 Session 2: Thursday 11/10, 7:30 – 9:30 p.m.
 Place: Town Hall Meeting Room
 Instructor: Jerry Kochman
 Fee: \$49.00/session

Digital and Video Photography

In just five weeks this class will have you using your camera like a pro. It will demystify what all those buttons and hidden menus do. Technical terms like white balance, ISO and resolution will be explained, but we'll also spend time developing your artistic sense. Weekly assignments will encourage you to practice. This season we'll study the video capability of your camera too. Charge up your batteries, bring your camera manual, and let's have some fun!

Day: Wednesday Time: 7:00 – 9:00 p.m.
 Dates: 10/19 – 11/16 (5 wks)
 Place: Town Hall Meeting Rm. Fee: \$70.00
 Instructor: Mary Ann Kulla

iPhone Photography

The 8-12 megapixel iPhones can take great pictures. And since you have your phone with you all the time, you'll be more likely to use it than a complicated camera. We'll spend the evening learning to really utilize the "camera" and "photos" sections of the iPhone, as well as to test out a few useful apps. We'll also address the iPhone's limits as compared to a small digital camera or DSLR camera. Be sure your phone battery is charged before coming.

Day: Wednesday Time: 7:00 – 9:00 p.m.
 Date: 12/7 (1 wk) Fee: \$25.00
 Place: Town Hall Meeting Rm. Instructor: Mary Ann Kulla

Beginning Italian

Learn conversation skills including introductions and polite greetings and interactions. Essential basic vocabulary and grammar will be introduced. This class is for absolute beginners or those who want a review of basic Italian grammar and vocabulary.

Day: Monday Time: 7:00 – 8:00 p.m.

Dates: 10/17 – 12/12 (8 wks) – no class 10/31

Place: Town Hall Meeting Room

Instructor: Anna Prendi Fee: \$79.00

Intermediate Italian

Those who have had some prior instruction will expand their practical vocabulary and grammar to support everyday conversations. Participants will also read simplified dialogues and texts with focus on using clear pronunciation and correct intonation and write simple Italian sentence structures stressing the communicative approach. This class is for those who want a review of more advanced Italian grammar and vocabulary.

Day: Thursday Time: 7:00 – 8:00 p.m.

Dates: 10/20 – 12/15 (8 wks) – no class 11/24

Place: Town Hall Meeting Room

Instructor: Anna Prendi Fee: \$79.00

Simplify, Organize, and Focus on what you are Passionate about

Are you overwhelmed by clutter? Spending too much time tidying and not enough enjoying your home? Do you desperately want more free time to do things you enjoy? Professional Organizer Kerri Colombo of Cornerstone Organizing will share tips for you to create a home environment that reflects who you are and who you wish to be. You'll leave with the skills and confidence to tackle your organizing projects in a mindful way. Kerri is passionate about guiding others on this journey. She has appeared as the Organizing Expert on TLC's Hoarding: Buried Alive and is a recommended Organizer with Hartford Hospital's Institute of Living Anxiety Disorders Center. Please bring with you to class, 1-2 items that you are ready to let go of, suitable to give away or donate.

Day: Wednesday Time: 7:00 – 9:00 p.m.

Date: 11/2 (1 wk) Fee: \$25.00

Place: Town Hall Meeting Room

Simplify Life with Kids

Overwhelmed with the volume of stuff in your home? Have kid's toys, coats and sports equipment taken over? Wish you could get rid of it all and start fresh? Professional Organizer Kerri Colombo of Cornerstone Organizing will inspire you to make changes in your home to simplify your everyday living and free up time to do more of what you love. You will leave class with actionable change strategies and motivated to move forward. Kerri is passionate about guiding others on this journey. She has appeared as the Organizing Expert on TLC's Hoarding: Buried Alive and is a recommended Organizer with Hartford Hospital's Institute of Living Anxiety Disorders Center.

Day: Wednesday Time: 7:00 – 8:30 p.m.

Date: 11/30 (1 wk) Fee: \$25.00

Place: Town Hall Meeting Room

Watercolor for Adults

Whether you are an artist just starting out, or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. A materials list will be included at the bottom of your receipt when you register. (The approximate cost of materials is \$60).

Day: Thursday Time: 5:30 – 7:30 p.m.

Dates: 10/13 – 12/15 (8 wks) – no class 11/24, 12/1

Place: Senior Center Craft Room

Instructor: Victoria Lange Fee: \$88.00

Sewing – Beginner to Advanced

Have you had your eye on a project, but aren't quite sure you have the sewing skills to tackle it? Or maybe you've always wanted to learn how to sew, but don't know where to begin? This class is limited to only five students a session to allow our instructor to provide each student with individualized attention to allow them to complete their goal for the class. The first class will meet at Jo-Ann Fabrics in Brookfield (143 Federal Road) where the instructor will help you pick out a pattern and the materials that you will need for the project that you'd like to complete. Additional materials cost will depend upon the project and fabric you select, but are estimated at \$40-100.

Day: Tuesday Time: 6:00 – 8:00 p.m.

Dates: 10/18 – 11/29 (6 wks) – no class 11/8

Place: Whisconier Middle School Rm #1521

Instructor: Karen Ryavec Lubensky

Fee: \$90.00

New ~ Beginner Block Quilting

Learn the basics of block quilting in a small group environment. You'll have the choice to either use a commercial pattern or submit an idea to the instructor to create a one of a kind quilt or wall hanging. Keeping in mind the program meets for six weeks, you'll be able to:

- 1) make individual blocks for a large quilt with instructions on how to assemble it at home or;
- 2) complete a baby quilt or;
- 3) complete a wall hanging.

The first class will meet at Jo-Ann Fabrics in Brookfield (143 Federal Road) where the instructor will help you pick out a pattern and/or materials that you will need for the project that you'd like to complete. Additional materials cost will depend upon the project and fabric you select, but are estimated at \$40-100. Class size is limited to 5 for lots of individual attention.

Day: Wednesday Time: 6:00 – 8:00 p.m.

Dates: 10/12 – 11/30 (6 wks) – no class 11/16, 11/23

Place: Whisconier Middle School Rm #1521

Instructor: Karen Ryavec Lubensky

Fee: \$90.00

Decorative Arts, continued

New ~ Cardmaking 101

Never make or send an ordinary greeting card again! In this class you will learn basic card making skills. Learn about different types of ink and when to use them. We will cover basic cutting tools, mats and types of adhesives...not to mention stamps! Step by step instructions to make four cards and envelopes to take home. All materials included.

Day: Thursday Time: 6:30 – 8:30 p.m.

Dates: 11/3 and 11/10 (2 wks) Fee: \$39.00

Place: Town Hall Meeting Room

Instructor: Sally Hessenius

New ~ Croptober

Join us for a day-long scrapbook and card making crop. We'll provide a clean, spacious room with beautiful views of Candlewood Lake and instructors to help you along the way. Everyone will leave with two make and takes, one page scrapbook and two handmade cards. Bring along any unfinished projects you'd like to work on and any food or drink you'd like to enjoy during the day.

Day: Saturday Time: 10:00 a.m. – 4:00 p.m.

Date: 10/22 Fee: \$45.00

Place: Lakeside Community Room (Town Beach)

Instructors: Laura Pizzirusso and Nicole Shecora

Adult Fitness

Train for a 5K

Are you interested in running a 5K road race (3.1 miles)? Are you a walker who would like to try running? Are you a runner interested in improving your times? Do you want to get your fitness back?

Come join Cassie Dunn in a group setting, for a series of training runs at the Brookfield High School track. We will train together on Saturdays and then each participant will be given an individualized workout schedule to follow during the week. Each week you will be given new workouts as you progress. Come dressed (in layers) to run and bring a water bottle. This program will prepare you for the Halloween Run on Sunday, October 30, 2016. (Race registration is included in the fee.) In the spring, we have the same program to prepare for the Mother's Day 5K and Kid's Fun Run on Sunday, May 14, 2017. All fitness levels are welcome! Come try a great sport, get fit and make some new friends! Cassie Dunn, former BHS cross-country and track coach, is a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning instructor.

Halloween 5K Workshop

Day: Saturday Dates: 9/24 – 10/29 (6 wks)

Time: 8:00 – 9:00 a.m. Fee: \$70.00

Place Brookfield High School Track

Mother's Day 5K Workshop

Day: Saturday Dates: 4/8 – 5/13 (6 wks)

Time: 8:00 – 9:00 a.m. Fee: \$70.00

Place: Brookfield High School Track

Adult Fitness



Zumba is a great way to stay physically and mentally fit. It is like no other workout you will ever experience! Zumba is great for the

mind, body and soul and is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high energy, heart pumping cardiovascular workout you want to return to again and again.

Day: Monday Time: 7:30 – 8:30 p.m.

Dates: 10/17 – 12/19 (8 wks) – no class 10/31, 11/7

Place: Center School Gym Fee: \$75.00

Instructor: Ariana Mesaros

Zumba Gold

Zumba Gold is a total workout using Latin and world rhythms focusing on low impact cardio, emphasizing balance, range of motion, and coordination. Zumba Gold is perfect for active older adults and anyone who wants a low impact fun way to get fit. It's exercise in disguise!

Day: Wednesday Time: 5:00 – 6:00 p.m.

Dates: 10/19 – 12/21 (8 wks) – no class 11/23, 11/30

Place: Center School Gym Fee: \$75.00

Instructor: Mary Lou Peters

New ~ Stress Relief & Relaxation with Julie

Come and unwind through a series of gentle stretching, breathing and relaxation exercises. Learn techniques that can be applied to daily life to help ease your stress and tension. Please bring a yoga mat or beach towel.

Day: Wednesday Time: 4:00 – 5:00 p.m.

Session 1: 10/19, 10/26, 11/2, 11/9 (4 wks)

Session 2: 11/16, 12/7, 12/14, 12/21 (4 wks)

Place: Huckleberry Hill School Media Center

Instructor: Julie Oakley Fee: \$32.00/session

Yogalates



A hybrid of yoga and Pilates, Yogalates will give you the best of both disciplines. By becoming mindful of movement and breath, and connecting your mind to your muscle, you will increase your flexibility, strength and muscle balance. This program can be modified for all fitness levels, but participants should be comfortable working on the floor. Please bring a mat, a towel and water bottle.

Day: Tuesday Time: 6:30 – 7:30 p.m.

Dates: 10/18 – 12/20 (7 wks) – no class 10/25, 11/8, 11/29

Place: Center School Gym Instructor: Phyllis Babuini

Fee: \$66.00

Why Weight?

Don't be daunted by preconceived perfectly fit images, Why Weight is designed for any body and every body to feel successful in their current fitness level. With slow, steady training focusing on form, movement will transform your shape and attitude. Concentrated resistance using bands and light weights will build muscle, and we'll work on posture and balance, too. Come make some new friends while finding out how capable you really are. Please bring two sets of weights; one lighter, one heavier (1,3 or 5 pound recommended) and a towel or mat for floor work. Be sure to wear sneakers and bring a water bottle, too.

Day: Thursday Time: 6:30 – 7:30 p.m.
 Dates: 10/20 – 12/22 (7 wks) – no class 10/27, 11/24, 12/1
 Place: Center School Gym Fee: \$66.00
 Instructor: Phyllis Babuini

Tai Chi and Qi Gong for Beginners

Tai Chi is practiced for health and self-defense. Qi Gong, (energy cultivation) incorporates breathing, meditation and body alignment with stretching and is practiced for its power to prevent and cure many diseases and ailments. The slow, gradual movements help reduce stress, promote longevity and increase balance and core strength. The Wu style Tai Chi will be introduced, which has 30 groups of movements and takes eight minutes to perform once learned. Please wear flat soled shoes and loose, comfortable clothing.

Day: Wednesday Time: 7:00 – 8:30 p.m.
 Dates: 10/19 – 12/21 (8 wks) – no class 11/23,11/30
 Place: Center School Gym Instructor: Vincent Candela
 Fee: \$79.00

New ~ Barre Fusion

Barre Fusion is a mixture of ballet barre work, Pilates, and functional strength training. It is a fun, energizing workout both at the ballet barre and on the mat using exercise equipment such as balls, bands, and small weights. This workout will strengthen your core muscles and lift, tone, and sculpt your hips, legs, and arms. This barre program is invigorating and challenging for all levels.

Day: Tuesday Time: 9:00 – 10:00 a.m.
 Dates: 10/11 – 11/29 (8 wks) Fee: \$80.00
 Instructor: Marni McNiff
 Place: No-Limit Health & Fitness, 507 Danbury Rd., New Milford

New ~ Sculpt and Tone

Get ready to sweat! Squats, lunges, abs, and more are in this workout that combines floor work with weights for a sculpted and toned physique and strong core. With elements of pilates, circuit training, and more, this is the 60 minute class that includes 15 minutes of abdominal work along with exercises targeting different muscle groups in each class. Whether you are new to group classes or have been taking them for a while, this class offers modifications for people of all abilities.

Day: Thursday Time: 9:00 – 10:00 a.m.
 Dates: 10/13 – 12/1 (8 wks) Fee: \$80.00
 Instructor: Marni McNiff
 Place: No-Limit Health & Fitness, 507 Danbury Rd., New Milford

New ~ Excel

Are you interested in a demanding workout? Do you want to really challenge yourself? Then this workout is for you! Come join Abi Scudder indoors and outside (weather permitting) to challenge your entire body. Pull-ups, push-ups, squats, lunges, sprints, drills and core work are just an example of what you will experience. Abi will help push your fitness to the next level.

Day: Friday Time: 9:15 – 10:00 a.m.
 Dates: 10/14 – 12/2 (8 wks) Fee: \$80.00
 Instructor: Abigail Scudder
 Place: No-Limit Health & Fitness, 507 Danbury Rd., New Milford



Yoga Basics

The perfect class series for absolute beginners! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques

in this well-rounded introduction to yoga. We'll practice mindfulness, stress reduction, and energy awareness so that you'll leave feeling empowered, relaxed and open. No experience necessary! Fee is \$90.00 for any one, six-week session.

Session 1: Mondays, 7:30 p.m. - 8:45 p.m.

Dates: 10/17 – 12/19 (6 classes) – pick 6 classes from dates listed
 Place: YogaSpace, 78 Stony Hill Road, Bethel, CT
 Instructor: Christina Rojas

Session 2: Wednesdays, 7:30 - 8:45 p.m.

Dates: 10/19 – 12/21 (6 classes) – pick 6 classes from dates listed
 Place: YogaSpace, 78 Stony Hill Road, Bethel, CT
 Instructor: Stacey Orris

Session 3: Thursdays, 12:00 – 1:15 p.m.

Dates: 10/20 – 12/22 (6 classes) – pick 6 classes from dates listed
 Place: YogaSpace, 78 Stony Hill Road, Bethel, CT
 Instructor: Mimi Mathew

Session 4: Saturdays, 10:15 – 11:45 a.m.

Dates: 10/15 – 12/17 (6 classes) – pick 6 classes from dates listed
 Place: YogaSpace, 78 Stony Hill Road, Bethel, CT
 Instructor: Heather Morgado

Yoga Beyond the Basics – 6 Class Pass

Ready to take your yoga practice to the next level? Or perhaps you would like to explore something new? YogaSpace offers 30 classes per week, with some classes beginning as early as 7:00 a.m.! Use this specially discounted pass to sample any of YogaSpace's regularly scheduled classes. Choose from a variety of styles, teachers, days and times. If you're new to yoga, join us for a Basics class; if you're ready to move beyond Basics, check out our Balanced; Flow; or Vigorous classes. Or perhaps do a little deeper within the yoga experience with a Gentle, Yin or Kundalini class. The class schedule and descriptions may be found at: <http://yogaspace-ct.com/sp/schedule1.htm>.

Dates: 10/9 – 12/17 (pick any 6 classes within dates listed)
 Place: YogaSpace, 78 Stony Hill Road, Bethel CT
 Fee: \$90.00

Adult Fitness, continued

New ~ Modified Yoga

This super gentle class is a safe haven for yogis of every shape, size, and ability level. We practice deep breathing techniques to soothe the body and mind. Slow, appropriately-modified poses are chosen to help you sit and/or stand more comfortably, both on and off your yoga mat. Learn how to use props in creative ways, and ask questions about your practice in a loving and supportive environment.

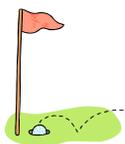
Day: Sunday Time: 11:00 a.m. - 12:30 p.m.
Dates: 10/9 – 12/11(6 classes) – pick 6 classes from dates listed
Place: YogaSpace, 78 Stony Hill Road, Bethel, CT
Instructor: Khaladie Darcy Fee: \$90.00

New ~ Ballroom Dance for Beginners

Participants will learn the fundamentals of a variety of social dances including the Waltz, Foxtrot, Tango, Rumba, Swing, and Cha Cha. The focus will be on footwork, lead/follow, timing and fun! Sign up on your own, or with a partner. Ballroom dance shoes or dress shoes with leather soles are required.

Day: Wednesday Time: 7:30 – 8:30 p.m.
Dates: 10/19 – 12/7 (6 wks) – no class 11/16, 11/23
Place: Whisconier Middle School Cafeteria
Instructor: Jen DiBella Fee: \$70.00

Adult Fitness - Golf



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons
Class 2: Review/Set-up and Swing with Woods
Class 3: Pitch Shots and Bunker Play
Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$120.00 for any one month of four classes. Classes meet 6:00–7:00 p.m.

October: Wednesdays – 10/5, 10/12, 10/19, 10/26
November: Mondays – 11/7, 11/14, 11/21, 11/28
December: Thursdays – 12/1, 12/8, 12/15, 12/22

Women Only Classes for Beginners

October: Thursdays – 10/6, 10/13, 10/20, 10/27
November: Tuesdays – 11/8, 11/15, 11/22, 11/29
December: Wednesdays – 12/7, 12/14, 12/21, 12/28

Adult Fitness - Open Gyms



Open Basketball

Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$65.00 (a 20% savings off the nightly rate) or pay \$5.00 each night at the door. Open Gym is canceled on 12/26, 1/2, 1/16, 2/20 and on days when school is not in session or dismisses early because of inclement weather.

Days: Monday Time: 7:30 – 9:30 p.m.
Dates: 11/14/16 – 3/27/17 (16 ses) Place: BHS Gym
Fee: \$5.00/night or \$64.00/season pass

Open Volleyball

Ongoing Wednesday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$76.00 (a 20% savings off the nightly rate) or pay \$5 each night at the door. Passes will not be sold after 12/21 and no credit for nightly passes will be given. Open gym is canceled on 11/16, 11/23, 12/28, 3/15 and on days when school is not in session or dismisses early because of inclement weather.

Days: Wednesday Time: 7:30 – 9:00 p.m.
Dates: 11/2/16- 4/5/17 (19 ses) Place: WMS Gym
Fee: \$5.00/night or \$76.00/season pass

Tots Activities

Mother's Morning Out

This pre-school readiness program is designed for children age 2 – 4 (without parent/caregiver) to experience the joy of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs and parachute play, weather, group gym games, an arts & craft project and a story. Appropriate transitions between activities allow children to recognize and become familiar with the structure of the day and to look forward to the next activity. As part of our group gym time, we are incorporating SPARK, a research-based, nationally recognized Physical Activity program for Pre-K children. Children must turn two by the start of the program and do not need to be potty trained. Please pack a snack and a drink for your child at each class. There is a \$10.00 discount off the price for the second child.

Day: Wednesday Time: 9:15 – 11:15 a.m.

Session 1: 10/19, 10/26, 11/2, 11/9 (4 wks)

Session 2: 11/16, 11/30, 12/7, 12/14 (4 wks)

Place: Congregational Church Pre-School Room

Instructors: KidsFit Fee: \$96.00/session

Day: Friday Time: 9:15 – 11:15 a.m.

Session 1: 10/21, 10/28, 11/4, 11/11(4 wks)

Session 2: 11/18, 12/2, 12/9, 12/16 (4 wks)

Place: Congregational Church Pre-School Room

Instructors: KidsFit Fee: \$96.00/session

Tots Activities



Total Sports-Parent & Me Squirts® (age 2-3)

With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a

different sport within each class, including soccer, lacrosse, T-ball, basketball, floor hockey and flag football. This program will not meet in event of inclement weather. One make up class will be offered if needed for weather cancellation.

Day: Sunday Time: 11:15 a.m. – 12:00 p.m.
Dates: 9/25 – 10/30 (6 wks)
Place: Huckleberry Hill School, front field
Fee: \$110.00

Total Sports Squirts® (age 3-5)

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment. This program will not meet in event of inclement weather. One make up class will be offered if needed for weather cancellation.

Day: Sunday Time: 10:00 – 11:00 a.m.
Dates: 9/25 – 10/30 (6 wks)
Place: Huckleberry Hill School, front field
Fee: \$110.00

New ~ Soccer-Parent & Me Squirts (age 2-3)

With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. In this class children will learn basic soccer skills, including dribbling, shooting, and passing. This program will not meet in event of inclement weather. One make up class will be offered if needed for weather cancellation.

Day: Monday Time: 11:30 a.m. – 12:15 p.m.
Dates: 9/26 – 10/31 (6 wks)
Place: Town Hall Horse Field
Fee: \$110.00

New ~ Soccer Squirts (age 3-5)

Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games, and scrimmages. This program will not meet in event of inclement weather. One make up class will be offered if needed for weather cancellation.

Day: Monday Time: 12:30 – 1:30 p.m.
Dates: 9/26 – 10/31 (6 wks)
Place: Town Hall Horse Field
Fee: \$110.00

Tots Activities, continued



Singing and Signing Time with Ms. Janine at Kids Kingdom

Singer/Signer/Songwriter/Guitarist, Janine LaMendola "Ms. Janine" will be playing children's

music with sign language fun at Kids Kingdom Playground this fall. It doesn't matter if you come with your infant, toddler or preschooler, or if you're a teenager. You're guaranteed to learn several signs and have fun at the same time! In case of bad weather please join her inside the Town Hall in Room 133. All ages welcome, no pre-registration is required, and it's free!

Day: Wednesday Time: 4:15 – 5:00 p.m.
Dates: 10/5, 10/12, 10/19, 10/26 (4 wks)
Place: Kids Kingdom Playground, 100 Pocono Road

Pre-School Gymnastics for Ages 2.5 – 3

Children age 2.5 – 3 will work with a qualified instructor to improve coordination, strength, and motor skills through movement and play, and begin learning basic gymnastics skills including rolls, handstands, bridges, and cartwheels. Children will participate independently, without the assistance of the parent or caregiver. Classes are limited to 5 children. A leotard is recommended for girls; sports shorts and fitted tank or t-shirt for boys. Everyone will participate with bare feet. Please bring a water bottle.

Day: Tuesday Time: 9:15 – 9:45 a.m.

Session Fall 3: 10/25 – 11/15 (4 wks)

Session Winter 1: 11/22 – 12/13 (4 wks)

Fee: \$50.00/session

Place: Kratos Fitness & Acrobatics, 28 Old Grays Bridge Rd.

Pre-School Gymnastics for Age 4

Children will practice following directions and taking turns as they move through independent and spotted gymnastics skill stations. Skills introduced include walking on a low balance beam, hanging on a low bar, rolls, handstands, bridges, and cartwheels. Children will participate independently, without the assistance of the parent or caregiver. Classes are limited to 5 children. A leotard is recommended for girls; sports shorts and fitted tank or t-shirt for boys. Everyone will participate with bare feet. Please bring a water bottle.

Day: Tuesday Time: 10:00 – 10:45 a.m.

Session Fall 3: 10/25 – 11/15 (4 wks)

Session Winter 1: 11/22 – 12/13 (4 wks)

Fee: \$65.00/session

Place: Kratos Fitness & Acrobatics, 28 Old Grays Bridge Rd.

Italiano: Bambino Mio!

Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce preschool children aged 3-5 to conversational Italian and to the colorful Italian vocabulary and basic expression through songs, games, and crafts.

Day: Tuesday Time: 10:00 – 10:45 a.m.

Session 1: 10/18 – 11/15 (4 wks) – no class 11/8

Session 2: 11/29 – 12/20 (4 wks)

Place: Congregational Church Pre-School Room

Instructor: Anna Prendi Fee: \$32.00/session

Tots Activities, continued

New ~ Ballet & Tap for Tots

This class will introduce boys and girls age 3-5 to age appropriate beginning ballet and tap exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. On the last day, there will be a performance for family and friends. Recommended attire: Girls- leotard, tights, ballet and tap shoes. Hair must be pulled back. Boys- t-shirt, sweatpants, ballet and tap shoes.

Session 1: Monday, 12:30 – 1:15 p.m.

Dates: 10/17- 12/12 (8 wks) – no class 11/7

Place: Congregational Church Fellowship Hall (lower level)

Session 2: Wednesday, 4:30 – 5:15 p.m.

Dates: 10/19 – 12/21 (8 wks) – no class 11/23, 11/30

Place: Center School Music Room

Instructor: Dolly Pinto Fee: \$70.00/session

Center After School

Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports. Children should wear sneakers and bring a snack and drink.

Day: Wednesday Time: 3:30 – 4:30 p.m.

Dates: 10/19 – 12/21 (8 wks) – no class 11/23, 11/30

Place: Center School Gym Fee: \$44.00

Instructors: Ryan Halloran and Austin Pacific

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and “nerf” equipment is used. Please wear sneakers and bring a snack and a drink each week.

Day: Thursday Time: 3:30 - 4:30 p.m.

Dates: 10/13 – 12/15 (8 wks) – no class 11/24, 12/1

Place: Center School Gym Fee: \$44.00

Instructor: Ryan Halloran and Austin Pacific

The Wizard's School of Magic



Students in grades K and 1 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a

master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abacadabra - Magic Workshop 1:

Wednesday 10/26, 3:30 – 4:30 p.m. Center School Room

Hocus Pocus – Magic Workshop 2:

Wednesday 11/9, 3:30 – 4:30 p.m. Center School Room

Presto – Magic Workshop 3:

Wednesday 12/14, 3:30 – 4:30 p.m. Center School Room

Center After School, continued



Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes are duplicated in both the Monday and Tuesday classes, but do change each session.

Both days meet in the Center School Pre-School

Room, 3:30 – 4:30 p.m. Fee is \$48.00/session. Please make us aware of any food allergies or cultural restrictions when registering.

Day: Monday

Session 1: 10/17, 10/24, 11/14, 11/21 (4 wks)

Session 2: 11/28, 12/5, 12/12, 12/19 (4 wks)

Day: Tuesday

Session 1: 10/18, 10/25, 11/1, 11/15 (4 wks)

Session 2: 11/22, 12/6, 12/13, 12/20 (4 wks)

Instructor: Ann Salinger

Quick Start Tennis

Students in grades K and 1 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Day: Tuesday Time: 3:30 – 4:30 p.m.

Dates: 10/11 – 11/15 (5 wks) – no class 11/8

Place: Center School Gym Fee: \$55.00

Instructor: Elaine Gregory, BHS Girls Coach

Zumba Kids at Center School

Zumba Kids is a perfect way to give children in grades K and 1 the opportunity to be active and jam out to their favorite music. Zumba Kids classes offer kid-friendly and fun routines that are based on original Zumba choreography, but modified to fit their needs. The steps are broken down, games are added, and other physical activities are conducted. Zumba Kids helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children's lives by making fitness fun.

Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move around in, with socks and sneakers. Having a water bottle is also suggested. Get ready to have some fun!!

Day: Friday Time: 3:30 - 4:30 p.m.

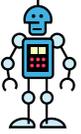
Session 1: 10/14, 10/21, 10/28, 11/4 (4 wks)

Session 2: 11/11, 11/18, 12/2, 12/16 (4 wks)

Place: Center School Gym

Instructor: Ariana Mesaros Fee: \$35.00/4 wk session

Center After School, continued



Lego Robotics at Center

Young budding engineers in grades K and 1 love this “hands-on, minds-on” program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO

building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! Class limited to 12 students.

Day: Thursday Time: 3:30 – 4:45 p.m.
Dates: 11/3, 11/10, 11/17, 12/8, 12/15 (5 wks)
Place: Center School Room Fee: \$95.00
Instructor: Computer Explorers



Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self-discipline, self-control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends.

Day: Thursday Time: 3:30 – 4:00 p.m.
Dates: 10/13, 10/20, 10/27, 11/3 (4 wks)
Place: Center School Cafeteria
Instructor: Tyler Raymond, Hammerhead Martial Arts
Fee: \$28.00



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information visit www.paintdrawmore.com

Day: Thursday Time: 3:30 – 4:30 p.m.
Session 1: 10/6, 10/13, 10/20, 10/27 (4 wks)
Session 2: 11/10, 11/17, 12/8, 12/15 (4 wks)
Place: Center School Art Room Fee: \$72.00/session

Iddy, Biddy Basketball – Grade 1

Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt. Our referees serve as coaches, no parent coaches are needed. No program 2/18. Should we need to cancel for weather, our make-up date will be Saturday, March 4. Due to the availability of the gyms, no additional dates will be scheduled.

Day: Saturday Dates: 1/7 – 2/25 (7 wks)
Time: 11:00 a.m. - 12:00 p.m.
Place: Huckleberry Hill School – Upper Gym
Supervisor: Fern Smenyak Fee: \$63.00

Center After School, continued

Intro to Field Hockey

Designed for students in grades K-5 with no previous experience playing. This program will provide a foundation for stick skills, ball handling, sport rules, and teamwork. Students should bring a stick and shin guards. (If you don't have a stick, we will have some you can borrow.)

Day: Thursday Time: 5:00 – 6:00 p.m.
Dates: 10/20 – 12/15 (7 wks) – no class 11/24, 12/1
Place: HHES Lower Gym Fee: \$56.00
Instructor: Kate Culbreth and Danielle Olivier

New ~ Ballet & Tap

This class will introduce boys and girls in grades K and 1 to age appropriate beginning ballet and tap exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. On the last day, there will be a performance for family and friends. Recommended attire: Girls- leotard, tights, ballet and tap shoes. Hair must be pulled back. Boys- t-shirt, sweatpants, ballet and tap shoes.

Day: Wednesday Time: 3:30 – 4:30 p.m.
Dates: 10/19 – 12/21 (8 wks) – no class 11/23, 11/30
Place: Center School Music Room
Instructor: Dolly Pinto Fee: \$70.00

Huckleberry After School

Lego Robotics at Huckleberry

Lego Robotics provides wonderful hands-on opportunities for students in grades 2-4 to experiment and learn about the fundamentals of robotics, construction and computer programming. With the new WeDo 2.0, the models can now be connected to a Bluetooth hub as well as a motion and tilt sensor. Class is limited to 12 students.

Day: Friday Time: 3:30 – 4:45 p.m.
Dates: 11/4, 11/11, 11/18, 12/2, 12/16 (5 wks)
Place: HHES Library Fee: \$95.00
Instructor: Computer Explorers

New ~ Modding in Minecraft

The possibilities are endless with different mudpacks. This fall students in grades 2-4, will use a NASA workbench to build a rocket and blast off to the moon. You will plant your own flag on the surface, explore the moon, visit with the aliens and collect mineral samples and more! Class is limited to 12 students.

Day: Wednesday Time: 3:30 – 4:45 p.m.
Dates: 11/2, 11/9, 11/16, 12/7, 12/14 (5 wks)
Place: HHES Library Fee: \$95.00
Instructor: Computer Explorers



We offer Youth Basketball Leagues on Saturdays for boys and girls in grades 2 through 5 beginning on Saturday, December 3. More information is available on page 17.



The Wizard's School of Magic

Students in grades 2 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and

WFSB's Better Connecticut. Tom O'Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each
Abracadabra - Magic Workshop 1:
 Monday 10/17, 3:30 – 4:30 p.m. HHES Music Room
Hocus Pocus – Magic Workshop 2:
 Monday 11/14, 3:30 – 4:30 p.m. HHES Music Room
Presto – Magic Workshop 3:
 Monday 12/5, 3:30 – 4:30 p.m. HHES Music Room



Quick Start Tennis

Students in grades 2 - 4 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach

Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Day: Friday Time: 3:30 – 4:30 p.m.
 Dates: 10/14 – 11/11 (5 wks)
 Place: HHES Lower Gym Fee: \$55.00
 Instructor: Elaine Gregory, BHS Girls Coach

Intro to Martial Arts

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self-discipline, self-control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends.

Day: Friday Time: 3:30 – 4:00 p.m.
 Dates: 10/28 – 11/18 (4 wks)
 Place: Huckleberry Hill School Music Room
 Instructor: Tyler Raymond, Hammerhead Martial Arts
 Fee: \$28.00

Intro to Field Hockey

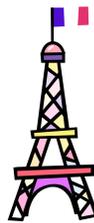
Designed for students in grades K-5 with no previous experience playing. This program will provide a foundation for stick skills, ball handling, sport rules, and teamwork. Students should bring a stick and shin guards. (If you don't have a stick, we will have some you can borrow.)

Day: Thursday Time: 5:00 – 6:00 p.m.
 Dates: 10/20 – 12/15 (7 wks) – no class 11/24, 12/1
 Place: HHES Lower Gym Fee: \$56.00
 Instructor: Kate Culbreth and Danielle Olivier

Zumba Kids at HHES

Zumba Kids is a perfect way to give children in grades 2 - 4 the opportunity to be active and jam out to their favorite music. Zumba Kids classes offer kid-friendly and fun routines that are based on original Zumba choreography, but modified to fit their needs. The steps are broken down, games are added, and other physical activities are conducted. Zumba Kids helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move in, with socks and sneakers and bring a water bottle. Get ready to have some fun!!

Day: Thursday Time: 3:30 - 4:30 p.m.
 Session 1: 10/13, 10/20, 10/27, 11/3 (4 wks)
 Session 2: 11/10, 11/17, 12/8, 12/15 (4 wks)
 Place: Huckleberry Hill Upper Gym
 Instructor: Ariana Mesaros Fee: \$35.00/4 wk session



French Fantastique

Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet, counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French.

Day: Tuesday Time: 3:30 – 4:30 p.m.
 Dates: 10/11 – 12/13 (8 wks) – no class 11/8, 11/29
 Place: HHES Room Fee: \$79.00
 Instructor: Margee Minier



Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Session 1: Monday, 3:30 – 4:30 p.m. \$38.50 (7 wks)
 Dates: 10/17 - 12/19 (7 wks) – no class 10/31, 11/7, 12/5
Session 2: Thursday, 3:30 – 4:30 p.m. \$44.00 (8 wks)
 Dates: 10/13 – 12/15 (8 wks) – no class 11/24, 12/1
 Place: HHES Lower Gym Instructor: Matt Cudney

Girls Only Flag Football

This class is by request and only for girls in grades 2 through 4. Girls will develop skills of the sport including throwing and catching, and will play games in this non-contact class instructed by Huckleberry's own Ms. Olivier.

Day: Monday Time: 3:30 – 4:30 p.m.
 Dates: 10/17 - 12/19 (7 wks) – no class 10/31, 11/7, 12/5
 Place: HHES Upper Gym Fee: \$38.50
 Instructor: Danielle Olivier

Mixing it Up with Ms. Olivier

Students in grades 2 – 4 will play a variety of indoor and outdoor sports and games.
 Day: Wednesday Time: 3:30 – 4:30 p.m.
 Dates: 10/19 – 12/21 (8 wks) – no class 11/23, 11/30
 Place: HHES Lower Gym Instructor: Danielle Olivier
 Fee: \$44.00

Kids are Cooking

Students in grades 2 through 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Some of the recipes may include: waffles and pancakes, tacos with shredded chicken, turkey sloppy joes, BLT Panini with cheese, or ice cream. We'd share others with you, but are getting too hungry as it is! Please make us aware of any food allergies or cultural restrictions when registering.

Day: Wednesday Time: 3:30 – 4:30 p.m.
 Session 1: 10/19, 10/26, 11/2, 11/9 (4 wks)
 Session 2: 11/16, 12/7, 12/14, 12/21 (4 wks)
 Day: Thursday Time: 3:30 – 4:30 p.m.
 Session 1: 10/13, 10/20, 10/27, 11/3 (4 wks)
 Session 2: 11/10, 11/17, 12/8, 12/15 (4 wks)
 Place: HHES Art Room Fee: \$48.00/session
 Instructor: Ann Salinger



Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are asked to bring their own

protective goggles; those you can find locally in home improvement stores with the elastic in the back work well.
 Day: Tuesday Time: 3:30 – 4:30 p.m.
 Dates: 10/18 – 12/20 (8 wks) – no class 11/8, 11/29
 Place: HHES Lower Gym Instructor: Matt Cudney
 Fee: \$44.00



Bowling

Each class features two games of bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending in a note each week to

the school, please include that your child is attending bowling on bus #9. Pick-up is at Brookfield Lanes. Students may bring money with them in order to purchase a snack at the snack bar. Please note that the 3:30 p.m. start includes transportation time. Students do not arrive at Brookfield Lanes until approximately 4:15 p.m.
 Day: Thursday Time: 3:30 – 5:30 p.m.
 Session 1: 10/13, 10/20, 10/27, 11/3 (4 wks)
 Session 2: 11/10, 11/17, 12/8, 12/15 (4 wks)
 Instructor: Dave Miller
 Place: Brookfield Lanes Fee: \$52.00/session

Basic Drawing and Watercolor



Students in grades 2- 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at his or her ability level, culminating with the completion of a painting. A supply list will be emailed to you along with your receipt at registration. Supplies are estimated to cost an additional \$40.00. Bring a snack and a drink each week.
 Day: Tuesday Time: 3:30 – 5:00 p.m.
 Dates: 10/18 – 12/20 (8 wks) – no class 11/8, 11/29
 Place: Huckleberry Hill School Room
 Instructor: Victoria Lange Fee: \$95.00



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 2 – 4 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. All materials are included in the fee. For more information about Paint Draw and More programs, visit www.paintdrawmore.com
 Day: Friday Time: 3:30 – 4:30 p.m.
 Session 1: 10/7, 10/14, 10/21, 10/28 (4 wks)
 Session 2: 11/11, 11/18, 12/2, 12/16 (4 wks)
 Place: HHES Room Fee: \$72.00/session

Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls in grades 3 – 4. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt. Affiliated with CT USA Wrestling. Details on our program for grades 5-8 is listed under Whisconier Activities.
 Day: Monday, Wednesday, or Friday (see below)
 Time: 6:30 – 7:30 p.m.
Fall Session: 11/9(W), 11/16(W), 11/18(F), 11/28(M), 11/30(W), 12/2(F), 12/5(M), 12/7(W), 12/12(M), 12/14(W) (10 classes)
Winter Session: 1/4(W), 1/9(M), 1/11(W), 1/18(W), 1/23(M), 1/25(W), 1/30(M), 2/1(W), 2/6(M), 2/8(W) (10 classes)
 Fee: \$95.00/session
 Place: We'll be meeting at C.A.C.T.U.S. Wrestling, 125 Commerce Drive #8 on some dates; Brookfield Public School Gyms on others. Details will be emailed to participants.
 Instructor: Josh Levine, USA Wrestling Certified

Whisconier After School

ARC Babysitter's Training



American Red Cross Babysitter's Training gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil.

Day: Monday Time: 9:00 a.m. – 3:00 p.m.
Date: 11/7 Fee: \$65.00
Place: Town Hall Room 133 Instructor: Peggy Boyle

Basic Drawing and Watercolor

Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at his or her ability level, culminating with the completion of one or more paintings. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program. A supply list will be emailed to you along with your receipt at registration and is estimated at an additional \$40.

Day: Monday Time: 2:40 – 4:10 p.m.
Dates: 10/17 – 12/12 (8 wks) – no class 11/7
Instructor: Victoria Lange Place: WMS Art Room
Fee: \$95.00



Golf Lessons for Juniors

Open to golfers of all skill levels, these classes are intended to provide students ages 7 – 14 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons
Class 2: Review/Set-up and Swing with Woods
Class 3: Pitch Shots and Bunker Play
Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$120.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

October: Wednesdays – 10/5, 10/12, 10/19, 10/26
November: Mondays – 11/7, 11/14, 11/21, 11/28
December: Thursdays – 12/1, 12/8, 12/15, 12/22



Think Snow! We are planning our 18th Annual "Learn to/ Love to ski/snowboard program" for 5 – 8th graders on Friday nights to Mohawk Mountain in Cornwall, CT. The program will provide

transportation after school to and from WMS, and is scheduled to run for 5 weeks beginning in January 2017. A detailed flyer will be sent out through WMS in early November and posted on our website.

Whisconier After School, cont.



Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls in grades 5 – 8. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt. Affiliated with CT USA Wrestling.

Day: Monday, Wednesday, or Friday (see dates below)
Time: 6:30 – 8:00 p.m. Fee: \$120.00/session

Fall Session: 11/9(W), 11/16(W), 11/18(F), 11/28(M),
11/30(W), 12/2(F), 12/5(M), 12/7(W), 12/12(M),
12/14(W) (10 classes)

Winter Session: 1/4(W), 1/9(M), 1/11(W), 1/18(W),
1/23(M), 1/25(W), 1/30(M), 2/1(W), 2/6(M), 2/8(W)
(10 classes)

Place: We'll be meeting at C.A.C.T.U.S. Wrestling, 125 Commerce Drive #8 on some dates; Brookfield Public School Gyms on others. Details will be emailed to participants.

Instructor: Josh Levine, USA Wrestling Certified

New ~ Study Strategies for Middle School

In the Common Core environment, it is no longer enough to know HOW to study (time management, organization, test prep) a student must now know WHAT to study. This three-hour session offers a snapshot of study strategies for the middle school student. This workshop not only reviews the basics of how to study but also discusses essential Common Core skills; finding key ideas, thinking critically, and understanding sources. Limited to 9 students.

Day: Saturday Time: 10:00 a.m. – 1:00 p.m.
Date: 10/14 Fee: \$35.00

Place: Brookfield Learning Center, 270 Federal Rd.
Instructor: Kristina Zupnyk – Study Skills Specialist



We offer Youth Basketball Leagues on Saturdays for boys and girls in grades 5 through 12. More information is available on page 17.

Brookfield High School

Free SAT or ACT Practice Exam and Analysis

Are you ready for the new SAT? How would you score on the ACT? The only way to find out is to take the real thing. Students start by taking an actual full-length SAT or ACT practice exam (4 hours) at the Brookfield Learning Center. The results are then analyzed using their new Score+ system. The scores are reviewed individually in a follow-up session with the Center's College Prep Director. Pre-registration is required by calling the Parks & Recreation Office at 775-7310. Please specify which date you'll attend when registering.

Day: Saturday Date: 9/24 or 10/15

Time: 10:00 a.m. – 2:00 p.m. ** Fee: Free

(**plus a 1-hour follow-up session scheduled separately)

Place: Brookfield Learning Center, 270 Federal Road
Instructor: Bill Gross, Director

College Admissions 101: A Roadmap to Campus

Your family is beginning the college planning process. But where do you start? PSAT? Which test should follow? SAT, ACT or both? And when? What is the best way to prepare? How do you choose schools? When should you visit? How do you apply? This session gives you an overview of the entire process from start to finish based on the experiences of college admissions decision-makers. It is geared toward the families of Juniors entering the process, and Sophomores who want a head start. Parents should attend with their student. Limited to 10 families

Day: Monday Time: 7:00 p.m. – 9:00 p.m.

Date: 9/26 Fee: \$25.00/family

Place: Brookfield Learning Center, 270 Federal Rd.

Instructors: Bill Gross, Director and Andrew Hill, Director of Admissions Testing

The New SAT – An Inside Look

This year everyone will take the new SAT. Introduced last spring, virtually everything about the exam has changed—scoring, timing, section topics, even the questions themselves. The Brookfield Learning Center Prep Specialists have completed an in-depth analysis of this new exam. The result—new strategies and a new approach to exam prep. This session will start with a walk through the new exam from overall design to scoring. The workshop will then cover the best ways to get ready for the SAT exam as well as how the ACT exam compares to the new SAT.

Day: Monday Time: 7:00 – 9:00 p.m.

Date: 10/17 or 11/14 Fee: \$25.00

Place: Brookfield Learning Center, 270 Federal Rd.

Instructor: Bill Gross, Director and Andrew Hill, Director – Admissions Testing

Advanced Drawing and Watercolor

Beneath every painting there should be an accurate line drawing. Students in grades 9-12 will learn how to train their eyes to see accurate shapes, values and colors. They will learn how to use color theory; primary, secondary and complementary colors, along with warm and cool colors.

Classes will involve drawing and painting sharp focus realistic still life paintings. This class is for the serious student who would like to produce exhibit worthy paintings and drawings.

Instructor Victoria Lange is a professional artist and graduate of Paier College of Art. She has designed and illustrated for many greeting card companies including C.R. Gibson, Dayspring, and Henson Associates. Supplies are provided by the student and are estimated at \$125 for the session. (A supply list will be emailed to you along with your receipt at registration.)

Day: Wednesday Time: 2:30 – 4:00 p.m.

Dates: 10/19 – 12/21(8 wks) – no class 11/16, 11/23

Instructor: Victoria Lange Place: BHS Room

Fee: \$95.00



Think Snow! We are planning our 18th Annual “Learn to/ Love to ski/snowboard program” for BHS Students on Friday nights to Mohawk Mountain in Cornwall, CT. The program will provide transportation after school to and from

BHS, and is scheduled to run for 5 weeks beginning in January 2017. A detailed flyer will be sent out through BHS in early November and posted on our website.

HOW TO REGISTER

- You may register by phone, in person, or by mail when using Visa, Mastercard, American Express, or Discover. Cash and checks are also accepted.
- Full payment must accompany registration.
- A \$25.00 charge will be assessed on any returned checks.
- Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program.
- If you register early, you may ensure the class you want will not be closed or canceled.

REFUND POLICY

- Registrations may be canceled up to one week prior to a program's starting date.
- Absolutely no refunds will be given for any used portion of a program.
- All refunds are subject to a 10% administrative surcharge.

CLASS INFORMATION

The Brookfield Parks & Recreation Department follows the school schedule for most of our classes.

Please check with the office if you are unsure whether or not a class will meet. In the event of weather cancellations or early release from school, evening classes will also be canceled.

Please contact the Parks & Recreation Department at 775-7310 weekdays between 8:30 and 4:30 for more information or visit our Facebook page or our website for updated information after hours.

Youth Basketball Leagues



Iddy, Biddy Basketball – Grade 1

Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt. Our referees serve as coaches, no parent coaches are needed. No program 2/18. Should we need to cancel for weather, our make-up date will be Saturday, March 4. Due to the availability of the gyms, no additional dates will be scheduled.

Day: Saturday

Dates: 1/7 – 2/25 (7 wks)

Place: Huckleberry Hill School– Upper Gym

Time: 11:00 a.m. - 12:00 p.m.

Supervisor: Fern Smenyak

Fee: \$63.00



Biddy Basketball for Boys or Girls Grades 2/3 and 4/5

This educational league is divided into divisions for boys or girls by grade level. Following an evaluation clinic the first day, participants will be placed on teams and compete against other teams in their division, followed by a week or two of playoffs. There will also be open gyms and practices scheduled on weekday evenings starting in January. Adults are needed to volunteer as coaches. If you are able to coach or assistant coach, please let us know when you register. No program 12/24, 12/31, and 2/18. Should we need to cancel for weather, our make-up date will be Saturday, March 4. Due to the availability of the gyms, no additional dates will be scheduled.

Day: Saturday

Dates: 12/3 – 2/25 (10 weeks)

Place: Huckleberry Hill School Upper Gym

Supervisor: Fern Smenyak

Fee: \$90.00

Boys Grades 2 – 3 (Biddy A)

Time: 9:30 - 11:00 a.m. on 12/3. Will play for 1½ hours between 8:00 –11:00 a.m. starting 12/10.

Boys Grades 4 – 5 (Biddy B)

Time: 3:00 – 4:30 p.m. on 12/3. Will play for 1½ hours between 1:30 – 4:30 p.m. starting 12/10.

Girls Grades 2 – 3 (Biddy G 2-3)

Time: 12:00 – 1:30 p.m.

Girls Grades 4 – 5 (Biddy G 4-5)

Time: 1:30 – 3:00 p.m.



Girls' Basketball for Grades 6 - 9

Girls who are currently playing basketball, who used to play basketball or who have never played basketball are welcome and encouraged to play! We'll have two days of evaluations and practices on January 7 and January 14 to see what skills the girls have coming into the program in order to make balanced teams. Over the next several weeks, teams will have scheduled practice and game time weekly. All games are played in Brookfield against other teams also in the program, no travel required. We use adult "patched" referees to help consistently reinforce the rules of the game and adults volunteer as coaches. **If a parent is able to coach or assistant coach, please let us know when registering.** Times may vary from what is advertised depending on the number of players and teams. Games will not be scheduled for Saturday, February 18 unless we have a significant number of weather cancelations. Late season playoffs may be played on weeknights in March.

Day: Saturday

Dates: 1/7 – 3/11 (9 weeks) followed by weeknight and/or Saturday playoffs for teams that qualify

Time: 1:00 – 2:30 p.m.

Place: Brookfield High School

Supervisors: Steve Kolitz, Jason Maxwell, Lisa DiLullo, Desirae Smyser

Fee: \$90.00



Boys' Basketball for Grades 6-7, 8-9, and 10-12

We'll have two days of evaluation clinics and practices on January 7 and January 14 to determine the skill levels of players in order to make balanced teams. Our season will begin on Saturday, January 21. Games are played in Brookfield at Brookfield High School (unless otherwise indicated) on Saturdays against other teams also in the program, no travel required. We use adult "patched" referees to consistently reinforce the rules of the game and adult volunteer coaches. **If a parent is able to coach or assistant coach, please let us know at registration.** Times and formats of the leagues may vary depending on the number of players and teams. Generally, boys in grades 6/7 are scheduled between the hours of 8:00 – 11:00 a.m., boys in grades 8/9 between 10:30 a.m. – 1:30 p.m. and boys in grades 10-12 between 2:30 – 5:00 p.m. Detailed schedules for the season will be given to all participants (once established) before league play begins on January 21. Games will not be scheduled for Saturday, February 18 unless we have a significant number of weather cancelations. Late season playoffs may be played on weeknights in March.

Boys Grades 6/7: January 7 and January 14 practice from 9:00 - 10:30 a.m. at Brookfield High School

Boys Grades 8/9: January 7 and January 14 practice from 11:00 a.m. – 12:30 p.m. at Brookfield High School

Boys Grades 10-12: January 7 and January 14 practice from 3:00 – 4:30 p.m. at Brookfield High School

Day: Saturday

Dates: 1/7 – 3/11 (9 weeks) followed by weeknight and/or Saturday playoffs for teams that qualify

Place: Brookfield High

Supervisors: Steve Kolitz, Jason Maxwell, Lisa DiLullo, Desirae Smyser

Fee: \$90.00

Community Connection

Brookfield Conservation Commission presents

Brookfield's Fifth Annual FARMFEST

Saturday, October 15

11:00 a.m. – 3:00 p.m.

Gurski Homestead, Route 133 (Obtuse Hill Road) Brookfield
Antique tractors and trucks, exhibits, antique machinery, kids' games, fire trucks, blacksmithing, food, animals, hayrides and more!

The Brookfield Education Foundation's Gala

Save the date! This year's BEF Gala is going to be October 28, 2016 at the Fox Hill Inn in Brookfield. Enjoy a sit-down dinner, open bar, live and silent auctions, and the music of Frank Chiafari. Tickets are \$85/person. Sales end Oct. 12. For more information visit:

www.brookfieldducationfoundation.org

Brookfield Volunteer Fire Company, Inc. announces its annual

SANTA VISITS on a FIRETRUCK!

** BROOKFIELD RESIDENTS ONLY **



Santa will come to your home on a fire truck, deliver gifts to your children and

pose for photos with your family!

Dates: Saturday, December 10 and Sunday, December 11

Time: Starting at 10:00 am until we are finished

\$50 per household/\$100 minimum for a stop with 3 or more families. Applications can be found at www.bvfc.net. Please email all questions to: Brookfieldsantavisit@gmail.com.

Holiday Tree Lighting

Ring in the Holiday Season with the Brookfield Girl Scouts at their Annual Holiday Tree Lighting on Saturday, December 3 at the Brookfield Town Hall. The festivities begin at 5:00 p.m. sharp and include caroling, refreshments and Santa.

A Bock and Blu Concert

Save the Date - A Bock and Blu Concert to Benefit the Brookfield Systemwide Music Department will be held on Friday, December 16 in the BHS Auditorium beginning at 7:00 p.m. More information to follow in early December, please visit the Parks & Rec. website or Facebook page for updates.

MOMS Club of Brookfield

Join a great group of parents who chose to make the adjustment from work life to home life in order to be there to help their kids learn and grow. Our members are stay-at-home parents, but also moms and/or dads with flexible daytime work schedules. If you would like more information about joining the MOMS Club of Brookfield please visit our website:

<http://momscclubofbrookfield.wixsite.com/momscclubofbrookfield>

Come join us for play dates, monthly Moms Night Out, and other fun activities for both moms & little ones to enjoy!

Community Connection

Positive Discipline of Western Connecticut

Positive Discipline of Western Connecticut is a 501(c)(3) charity that promotes and encourages the development of life skills and respectful relationships in families, schools, and businesses in our local communities. We will provide classes to parents, caregivers, educators, and youth development workers, teaching how to raise a child using Positive Discipline skills. For more information and class registration, visit positivedisciplinewesternct.org.

Measurable Progress, Unlimited Support.

The YMCA's Diabetes Prevention Program is a one-year, community based program where participants work in small groups with a trained Lifestyle Coach in a relaxed, classroom setting. During each weekly session, participants will learn to incorporate healthier eating, moderate physical activity, problem-solving and coping skills into their daily lives in order to lose weight and reduce their risk for developing Type 2 Diabetes. To determine if you qualify or if you would like additional information, please contact Lisa O'Connor, YMCA's Diabetes Prevention Program Coordinator at the Regional YMCA of Western Connecticut at 203.775.4444 ext. 135 or email loconnor@regionalymca.org. New sessions forming for Fall 2016 in Brookfield.



Frequently Requested Phone Numbers

Boy Scouts	Ray Pflomm	(203) 775-8167
Cub Scouts	Rob Janofsky Janofsky5@aol.com	(203) 313-1578
Brookfield Baseball & Softball Association (BBSA)		
http://brookfieldct.baberuthonline.com/ Steve Harding (703) 859-3307		
Brookfield Education Foundation (BEF)		
www.brookfieldducationfoundation.org Susan Queenan (203) 775-6239		
Brookfield Pop Warner Football & Cheer		
http://www.brookfieldpopwarner.com/ Janette Lupinacci, Secretary (203) 512-3854		
Brookfield Lacrosse Club http://www.brookfieldlax.org/ Kevin Madden (203) 775-4434		
Brookfield Soccer Club http://www.brookfieldsoccer.org/ Field Hotline (203) 775-5239		
Conservation Commission	Alice Dew	(203) 775-7316
Garden Club	Joanne McKendry	(203) 775-3890
Girl Scouts	www.brookfieldscouts.org	
Lion's Club	Lyn Lyon lyonpride@charter.net	(203) 775-6190
MOMS Club® of Brookfield Rosa Fernandez (203) 648-2463 themomscclubofbrookfield@gmail.com		
Brookfield Newcomers and Neighbors www.brookfieldnewcomers.com		
Positive Discipline of Western CT, Inc.	Carol Dores http://www.positivediscipline.org/	(203) 794-6106
Rotary Club	Russ Cornelius	(203) 775-8010
Senior Center	(203) 775-5308	
Women's Club of Brookfield	Jeanine Hanewicz	(203) 313-0643 Jhh322@aol.com



Cadigan Pavilion

500 Candlewood Lake Road



Reservations limited to groups of 50. Includes use of picnic tables and BBQ grills. Electric available. During the summer season, your reservation includes use of the Town Beach amenities (across the street) during regular beach hours. Reservation may include access to adjoining athletic fields (if available). Reservation forms available at www.brookfieldct.gov/rec.



Lakeside Community Room

460 Candlewood Lake Road

The Lakeside Community Room at the Town Park Beach is an ideal location to host casual meetings, birthday parties, baby showers, retirement parties and other celebrations for groups of up to 50 people. The seasonal main room (open April through mid-October) measures 26' x 24', is climate controlled and features spectacular views of Candlewood Lake. Weather permitting your reservation includes use of the adjacent 12' x 40' stone patio deck as well as the other amenities in the park including a modified basketball court and sand volleyball court. Due to Fire Code restrictions all events must end by 8:00 pm. No indoor cooking permitted. Reservation forms available at www.brookfieldct.gov/rec.



Town Hall Bandstand

100 Pocono Road

Located in close proximity to the Kids Kingdom Playground, the Bandstand is frequently reserved for children's birthday parties. Reservations include use of two picnic tables under the Bandstand, use of playground (along with general public) and use of athletic fields if available. No charcoal grills permitted. Reservation forms available at www.brookfieldct.gov/rec.

Brookfield has so many beautiful facilities We hope you'll consider reserving one for an upcoming event. Please visit our website at www.brookfieldct.gov/rec for more information or to download a reservation form.



PRSR STD
ECRWSS
USPOSTAGE
PAID
EDDM RETAIL

P.O. Box 5106 Brookfield, CT 06804
(203)775-7310

POSTAL PATRON

Brookfield, CT 06804

RECREATION STAFF:

Dennis DiPinto, Director
Mary Knox, Recreation Supervisor
Liz Burandt, Administrative Assistant

PARKS MAINTENANCE STAFF:

Chris Rabuse, Parks Supervisor
Chris Shaw, Crew Leader
Rob Haggerty Jimmy Docktor

COMMISSION:

Bryan Chnowski, Chair
Ed Butt, Co-Vice Chair
Joi Grudzinski, Co-Vice Chair
Rob Blick Tony Tomaino
John Mangold Cassie Dunn
Elaine Rajcula, Commission Secretary



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.



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Our office is moving out of Town Hall and into the Old Town Hall at 162 Whisconier Road. Our phone number and mailing address will remain the same. We expect to be moved in on Monday, October 3.

Registration for fall programs begins Tuesday, September 27.