

CW Resources Senior Community Café

September, 2016

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

\$2.00 SUGGESTED DONATION

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
|  | | | <p>1</p> <p>Grape Juice Tuna Salad with Celery Potato Salad Spinach Salad Vinaigrette</p> <p>12 Grain Bread</p> <p>Birthday Cake</p> | <p>2</p> |
| <p>5</p> <p>Labor Day Closed</p>  | <p>6</p> <p>BBQ Chicken Legs Rice Pilaf Chopped Broccoli</p> <p>Wheat Bun</p> <p>Fresh Apple</p> | <p>7</p>  | <p>8</p> <p>Turkey Stew Brown Rice Chuck Wagon Veggies</p> <p>Dinner Roll</p> <p>Sliced Melon</p> | <p>9</p> |
| <p>12</p> <p>Apricot Ginger Grilled Beef Strips Au Jus White Rice Spinach</p> <p>Pumpnickel Bread</p> <p>Citrus Sections</p> | <p>13</p> <p>Apple Juice Sliced Pork Au Jus Sesame Noodles 3 Bean Salad</p> <p>Rye Bread</p> <p>Pineapple Chunks</p> | <p>14</p>  | <p>15</p> <p>Orange Juice Ravioli Meat Sauce Capri Blend Veggies</p> <p>Garlic Bread</p> <p>Oatmeal Cream Pie</p> | <p>16</p> <p><i>Please call the kitchen phone TWO days in advance to make a reservation: 203-775-5237</i></p> |
| <p>19</p> <p>Veal Parmesan Spaghetti Broccoli</p> <p>Italian Bread</p> <p>Apricots</p> | <p>20</p> <p>Cranberry Juice Broccoli Bake Tater Tots Romaine Salad French Dressing</p> <p>Rye Bread</p> <p>Oatmeal Raisin Cookies</p> | <p>21</p>  | <p>22</p> <p>Grape Juice BBQ Pulled Chicken Boiled Potatoes Braised Cabbage</p> <p>Hamburger Roll</p> <p>Sherbet</p> | <p>23</p> |
| <p>26</p> <p>Apple Juice Herbed Chicken Legs Cheesy Rice Oriental Blend Veggies</p> <p>100% Whole Wheat Warm Peach Cobbler with Topping</p> | <p>27</p> <p>Wonton Soup Unsalted Crackers Pork Egg Rolls Fried Rice Oriental Blend Veggies</p> <p>Fortune Cookie</p> <p>Pineapple Chunks</p> | <p>28</p>  | <p>29</p> <p>Orange Juice</p> <p>Spaghetti with Meat Sauce Parmesan Cheese Tossed Salad Ranch Dressing Garlic Bread Peaches</p> | <p>30</p> |