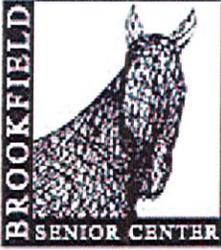


Brookfield Senior Center

“... a place where things are happening!!”



April 2016

Monday through Friday 8:00am – 4:00pm

100 Pocono Road, Brookfield CT 06804

Telephone: 203-775-5308

http://www.brookfieldct.gov/Pages/BrookfieldCT_Senior/index

Director of Senior/Social Services: Ellen Melville - emelville@brookfieldct.gov

Social Services Program Coordinator/ Municipal Agent: Jeanette Holliday - jholliday@brookfieldct.gov

Senior/Social Services Program Coordinator: Amy Diezemann - adiezemann@brookfieldct.gov



AARP Safe Driving

Friday, April 29 from 9:00am – 1:00pm

The AARP Driver Safety Class provides a refresher of driving rules and teaches valuable defensive driving skills, safety strategies, and tips for adapting your driving to compensate for physical and cognitive changes that come with aging, etc. By law, Connecticut residents age 60 and older who complete this class will qualify for a minimum of 5 percent automobile liability insurance discount for at least two years. *Please sign up and pay in advance. Cost is \$15/AARP members and \$20/nonmembers (checks only).*



Garden Club Spring Event

Wednesday, April 27 at 12:30pm

Join the Brookfield Garden Club for our very special spring event. We will be making a beautiful fresh herb container for the kitchen! This is always a fun afternoon with this group and you go home with something special. *Please sign up.*

Brookfield Film Festival

April 8-10

The Brookfield Arts Commission presents the 8th Annual Brookfield Film Festival to be held at Brookfield Senior Center April 8-10. *All seniors are invited to a free preview on Thursday, April 7 at 7:30pm.*



Tech Assistance with Brianna

April 1, 8, 15, 22 and 29 from 9:00am-11:20am

iPads? iPhones? Kindle? Internet? E-mail? If you find yourself struggling with technology, I'm here to help! Friday mornings throughout the month of April from 9-11:30am, I will be offering my assistance with any of these devices and more. Technology can be tough. Join me for these learning sessions to make life easier! *Please sign up.*

Mark your Calendar - don't forget

NEW TIME: Friends of Brookfield Senior Center meeting is Friday, April 8 at 11:00am. Meeting and bagels and chat! Note the new time.

Men's Breakfast – Join us Friday, April 1 at 9:30am for our April Men's Breakfast. Please sign up so that we know how many to expect.

Bingo – Monday, April 4 at 10:30am. Join us for laughter, fun and games!

Farkle – Mondays at 1:00pm. An afternoon of fun and laughter.

Blood Pressure Screening (New Milford VNA) – Tuesday, April 26 at 11:30am.

Book Club - Monday, April 18 at 10:30am. Books are available at the Center. This month we will be reading *The Blossom Sisters* by Fern Michaels.

Let's Talk is Wednesday mornings at 11:00am. Join this friendly group that will introduce you to everything at Brookfield Senior Center.

Ask an Attorney Round Table - Wednesday, April 20 at 9:30am. Join lawyers from Kuss and Liguori for an informal round table discussion on topics of Elder Law. Space is limited so please sign up early.

Housatonic Probate Judge Martin Landgrebe - Friday, April 22 at 9:30am. This is your opportunity to meet with and ask questions of our local Probate Judge. He will answer your questions about wills, probate, conservatorship and more in confidential one-on-one sessions. Please call to schedule an appointment.

Movie Matinee

Friday, April 1 at 1:00pm: *The Big Short*. Before the housing and credit bubble of 2007 triggers an international economic meltdown, a handful of financial outsiders sees the crash coming and bets against the big banks in a daring play. (Cast: Christian Bale, Steve Carell, Ryan Gosling and more). Rated R.

Friday April 8 at 1:00pm: *Creed*. Putting a new twist on the Rocky Balboa legend, this spinoff drama follows young boxer Adonis Johnson Creed, the grandson of Rocky's onetime nemesis Apollo Creed. (Cast: Sylvester Stallone, Michael B. Jordan, Tessa Thompson).

Friday, April 15 at 1:00pm: *Spotlight*. Revealing a string of cover-ups stretching back decades, a team of Boston Globe reporters exposes the Catholic Archdiocese's history of keeping reports about child molestation and other priest-initiated abuse under wraps. (Cast: Mark Ruffalo, Michael Keaton, Rachel McAdams and more). Rated R.

Friday, April 29 at 1:00pm: *Brooklyn*. After emigrating from Ireland, Eilis Lacey readily adapts to the vastly different New York City. But when tragedy pulls her back to her hometown, she finds her loyalties divided between two nations -- and two men. (Cast: Saoirse Ronan, Domhnall Gleeson, Emory Cohen, more...)

Brookfield Trekkers will be starting our 2016 Season this month. In order to plan for hikes and carpools where necessary, we are asking that everyone register for each hike. All hikes will have a \$3 registration fee that will help cover costs of carpooling, entrance fees and instructor time. Please sign up and pay fee at least 2 days in advance so that we know who to expect.



Tuesday, April 5 at 9:00am – Orzech Family Preserve. Let's start off the hiking season by following the rail trail of the former Shepaug Valley Railroad, along the Shepaug River, in Roxbury. This is a flat, easy, well-maintained trail through the woods with many views of the river. 2.8 miles (Raindate: April 26).

Thursday, April 14 at 9:00am – George Waldo State Park. Join us for an easy yet windy 3.5 mile hike in Southbury at George Waldo State Park. This is a single file loop trail that takes us through wide open woods, dense hemlock forests, and a variety of rock outcroppings. The highlight of this hike is stopping for a rest at the calm eastern shore of Lake Lillinonah. (Raindate: April 28)

Improve Your Mind & Body



Zumba Gold with Miriam is on Mondays at 9:30am. This easy-to-follow program teaches everyone to perform the Zumba Gold dance moves. *Come and join the fun!*

Yoga with Mimi on Mondays and Wednesdays from 2:30pm – 3:45pm. Join us for a gentle Vinyasa flow class. This is a playful yoga class that will focus on proper alignment, movement modifications (if needed) and your breathing.

Strength/Balance with Claudia is on Mondays at 1:00pm. Join Claudia for a workout that will leave you feeling stretched and stronger. Class is appropriate for all levels.

Low Impact Aerobics with Dee is on Tuesdays at 9:30am. You will love Dee's enthusiasm and music.

Chair Yoga is on Tuesdays at 1:00pm. It's a great class for those who have hip or knee limitations. This class will give you all of the benefits of a traditional yoga class without getting on the floor!



Tai Chi with Susan is on Wednesdays at 9:30am. Tai Chi is one of the most effective exercises to improve balance and reduce your risk of falls. Also join us for **Advanced Tai Chi at 6:45pm on Thursdays.**

Functional Strength and Balance with Cassie on Wednesdays at 1:00pm. Join this great program and start moving again!



Low Impact Aerobics is on Thursdays at 9:30am with Claudia. Great for all levels.

Muscle Sculpt Chair Class with Miriam is on Fridays at 10:45am. This class is designed for all able-bodied participants. Exercises will be done seated and/or standing.

Zumba with Coleen is on Saturday mornings at 9:30am. It's the perfect way to start your weekend!

Please consult your personal physician before beginning any new exercise class.

Don't forget to bring your water bottle to class.

Ongoing Classes/activities:

Wood Carving Group meets Mondays at 1:00pm. Join this group and learn something new! Bring your friends.

Quilting Group meets Tuesday mornings at 10:00am.

Wii Bowling is Tuesdays from 9:30am to 12:00noon and Thursdays from 10:30am to 12:00noon.

Knitting group meets on Wednesdays at 10:00am. This fun group knits, laughs, and shares ideas.

Painting and Drawing with Adele meets Thursdays at 10:00am. Explore your talents and expand your skills with this group. Cost is \$3 if you pay by the month or \$5 for drop-in.

Sharps & Flats band and singing group meets Thursdays at 10:30am. Join this fun group of musicians and singers. **The 4-Strings Ukulele Group** meets Thursdays at 1:00pm.

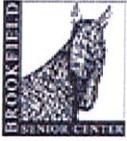
Brookfield CARES Hope and Support Group

Brookfield CARES meets weekly at Brookfield Senior Center on Monday evenings at 7:00pm. This group is for all those with loved ones affected by substance abuse or other at-risk behaviors and is facilitated by an experienced drug and alcohol abuse counselor.

Alzheimer's Support Group

Wednesday, April 13 from 6:30pm – 8:00pm and Wednesday, April 27 from 1:00pm – 2:30pm: For caregivers, family members or friends of people affected by Alzheimer's disease or Dementia. This ongoing educational group meets in a safe and caring environment twice a month. Please join us as often as you like!

Brookfield Senior Center



P.O. Box 5106
100 Pocono Road
Brookfield, CT 06804



Check us out on Facebook

Senior Center Membership: Those wishing to use Senior Center services must register as participants. Brookfield residents age 60+ can join the Senior Center and participate in activities. Underage spouses may become members and participate in activities with their spouses who are registered members.

Only participants with current registrations are allowed to partake in Senior Center activities. Please sign in at the front desk upon entering the Senior Center and before participating in any activities. This is a safety measure so staff is aware of who is in the building. This also allows us to track how many seniors we serve.

Personal Conduct: The Brookfield Senior Center is a facility where people age 60 and older meet to participate in social, educational and other activities in order to enhance and enrich lives. It is therefore necessary to establish standards of behavior.

Everyone has the right to expect others to act respectfully towards them and each is responsible to act respectfully towards others. Courtesy will be shown to all persons at all times. Personal problem between individuals should not be addressed at the Center. Discrimination towards any person for any reason will not be tolerated.

Town of Brookfield employees are here to serve you. They should be treated with respect and courtesy.

If any senior does not adhere to this policy, the Director of the Senior Center will determine if any action is to be taken to preclude recurrence.

Everyone is responsible for maintaining the premises in a neat and orderly fashion and cleaning up after themselves. Please leave the room in the same manner that you found it.

Escape With Us!

Lunch and Kitchen Tour at the Culinary Institute of America: Wednesday, April 20: We will enjoy a full course luncheon at the American Bounty Dining Room followed by a special behind-the-scenes tour of the Culinary Institute kitchens. Cost is \$91pp. Departs at 9:30am.

Fourth Annual Mystery trip: Tuesday, May 24: Join us for a day of surprises, laughter and friends. This trip fills up fast, so make your reservations early! Cost is \$75pp. (*Waiting list only*)

SAMSON at The Sight & Sound Theater: June 20-21. Day 1- stop at the Sands Casino; then on to your hotel - the Double Tree by Hilton. That night you will enjoy a **wine and cheese reception** followed by a sit down dinner and a musical show. **Day 2** – After a buffet breakfast you will travel into neighboring Lancaster County. Then take your seats for SAMSON”...the world’s first superhero! You will stop for dinner on the way home. Cost: \$281pp (double occupancy).

Essex Steam Train and Riverboat: Wednesday, June 29: Enjoy a 3 course lunch aboard the restored 1920’s Pullman Diner followed by a Riverboat cruise on the Connecticut River. Cost is \$94pp.

Texas Tenors: August 3, 2016: Back by popular demand at the Fox Theatre at Foxwoods. Your ticket includes Gold Seating and Foxwoods Bonus Package. Cost is \$89pp.

Connecticut Lighthouse Cruise: Wednesday, August 24: Board the comfortable high-speed Sea Jet in New London and travel to see eight Lighthouses. Enjoy a late lunch-early dinner at The Steak Loft in Olde Mystick. Cost is \$97pp. (*Waiting list only*).

Wednesday, September 28: We’re heading to Broadway to see “Beautiful, The Carol King Musical”. This Broadway show will give you everything you love – classic songs, dancing and performances you won’t forget. Lunch will be at DaRosina’s on Restaurant Row. Cost is \$185pp. *In order to secure tickets to this popular show, we are accepting payment now. Payment due no later than April 1.*

Thomaston Opera – Dream Girls: Sunday, October 16. Follow the music and lives of the music trio, The Dreamettes! Pre-lunch show will be at Black Rock Tavern in Thomaston, CT. Cost is \$81pp. We will begin accepting reservations May 1.

Saturday Night Fever- The Musical at Westchester Broadway Theatre: Thursday, November 10. Saturday Night Fever is a mega-musical based on the film that became a cultural phenomenon. Cost is \$98pp. We will begin accepting reservations June 1.

*Note: it is the policy of Brookfield Senior Center to load buses in the order in which **final** payment is received.*

AARP FREE Tax Preparation Assistance

Tax-Aide counselors will assist you with income tax preparation at Brookfield Senior Center through April 8. Sign up is required and it is free of charge for low and middle-income taxpayers. If married, both spouses should be present. Please bring the following:

- Copy of last year’s Federal and CT income tax forms.
- Proof of identity (picture or other documentation).
- Social Security 2015 End-of-year Benefit Statement for taxpayer and spouse and social security number.
- Personal check, if available, with bank checking account & routing number if you wish to have your refund directly deposited to your checking account.
- All income statements that apply to the taxpayers 2015 Federal and State income taxes.

Contact the Senior Center (203-775-5308) to schedule an appointment.

Jeanette Holliday, Municipal Agent and Social Services Coordinator

Phone (203) 775-7312 FAX (203) 775-5243

Located in the Brookfield Senior Center – 100 Pocono Road

RENTERS' REBATE FOR ELDERLY or DISABLED

Income-eligible renters who are elderly (65yrs.) or totally disabled (18-64 yrs.) may be eligible for a rebate from the state of CT. Income and housing expenses determine the rebate amount.

What do I need to apply?

- 2015 gross income below \$35,200 if single or \$42,900 if married.
- A copy of your 2015 income tax return (if filed)
- Proof of all income for 2015 including Social Security, pension, V.A. pension, bank interest, stocks, bonds, rental income, etc.
- Proof of all housing expenses paid for 2015 such as: rent, electric, gas, and fuel bills.
- Must have been a Connecticut resident for any 12 months prior to applying.

When and where do I apply?

- April 1 to October 1, 2016 is the filing period.
- To set up an appointment, please call Brookfield Social Services (203-775-7312).

Reminder: Real Estate Tax CREDIT for Seniors

Real estate tax credit programs are available for eligible senior homeowners living in Brookfield. Please make sure you file each year. You will need a copy of your 2015 Federal Income Tax return or year-end tax statements if you do not file a return.

- **The State Tax Credit:** annual income limits (\$35,200, single and \$42,900, married). Applicants must be 65 years old by December 31, 2015 and must be property owner as of October 1, 2015.
- **The Town Tax Credit:** annual income limits (\$49,280 single, \$60,060 married) with a net assessment of your principal residence, not exceeding \$240,180. Applicants must be current on real estate taxes and must have resided in the home for a period of five years.
- Applications for these two credits are filed between Feb. 1st and May 13, 2016 at the Brookfield Town Assessor's office. Please check with the Assessor's Office (203-775-7302) or Brookfield's website (www.Brookfieldct.gov) for further details.

FISH

Transportation for medical appointments between 9:00am – 2:00pm; Monday – Friday.

Ambulatory disabled and/or seniors in Brookfield may call (203) 616-9678 to submit their request at least 3 days but no more than 7 days before the appointment.

SweetHART Telephone Numbers:

Reservations: (203) 748-2511

Will call/pickups, cancellations and confirmations: (203) 830-4399

Comments/questions: (203) 744-4070

NATIONAL VOLUNTEER WEEK

April 10-16, 2016

National Volunteer Week is a time to recognize people doing extraordinary things in their community through service.

Thank you to the many volunteers who contribute to Brookfield and to our greater community every day in so many ways – both great and small. Our Senior Center could not do all that we do without the time and talent that so many of you give so generously every day. Our schools and agencies rely on your cheerful and dependable presence. You are truly role models for our younger generation.

Thank you for all you do!

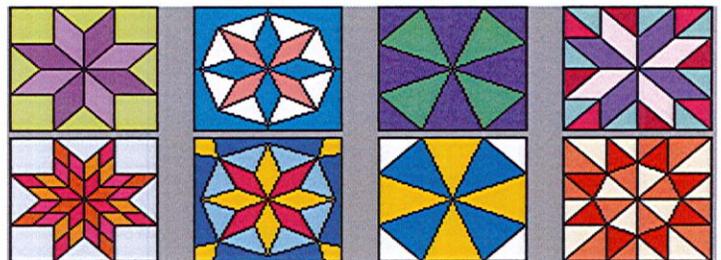


Ellen, Jeanette and Amy

Friends of Brookfield Senior Center Friday, April 8 at 11:00am

All members of Brookfield Senior Center are considered members of The Friends of Brookfield Senior Center (“Friends”). Our Friends group holds annual fundraising events to supplement our town budget. The Friends group also advises the Director on future events, issues and other items of interest. All members are invited to monthly Friends meetings to discuss programs, issues, problems and concerns.

The Friends group has a Board which is elected each May. It is made up of a President, Vice-president, Secretary and Treasurer, and two members at large. Members can always discuss problems or issues with any Board member.



The talented quilters at the Brookfield Senior Center have been hard at work creating quilts for the community. Last month, quilters banded together and made 14 quilts for the children of Amos House and Harmony House in Danbury.

Amos House and Harmony House are two transitional Homes that serve as a temporary safe shelter for women and their children. The goal is to assist the women to once again become independent by providing them housing, clothing for the workplace and child care.

Bravo to the quilters who made these 14 quilts that the children can call their own!

Are you from the Bronx? Monday, April 25 at 11:00am

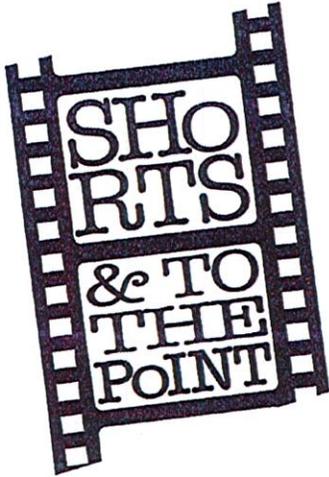


We often hear “are you from the Bronx?” around Brookfield Senior Center. On Monday, April 25 at 11:00am, we are calling all of you to join us for coffee and a chance to chat and reminisce. Join us as we share memories and experiences and meet other “Bronx transplants”. We may live in Connecticut now, but our hearts will always be in the Bronx!

Fabulous Friday Hot Dog & Bingo Lunch Friday, April 22 at 12:00noon



Join us for an exciting afternoon of Bingo and hot dogs. Lunch starts at 12:00noonm followed immediately by Bingo. Cost is \$5.00 per person. Sign up required by April 19.



MAKE YOUR RESERVATIONS!

**THE 8TH
ANNUAL
BROOKFIELD
FILM FESTIVAL**

APRIL 8-10, 2016

**FRIDAY, APRIL 8 AT 7:30PM
SATURDAY, APRIL 9 AT 7:30PM
SUNDAY, APRIL 10 AT 3 PM**

**BROOKFIELD SENIOR CENTER
100 POCONO ROAD, BROOKFIELD, CT**

**AN EXCITING PROGRAM OF AWARD WINNING SHORT FILMS FROM SOME OF THE
MOST PRESTIGIOUS INDUSTRY COMPETITIONS
MUSIC, WINE AND HORS D'OEUVRES**

**TO MAKE RESERVATIONS, EMAIL ANN.AMOROSSIGMAIL.COM
OR 1 919-977-3327**

ADMISSION - \$15 (SUGGESTED DONATION)

INCLUDES COMPLIMENTARY GLASS OF WINE



**BROUGHT TO YOU BY
THE BROOKFIELD ARTS COMMISSION
AND THE FRIENDS OF THE ARTS OF BROOKFIELD, INC. IN
COOPERATION WITH THE BROOKFIELD SENIOR CENTER**

THIS IS AN ADULT PROGRAM, ANYONE UNDER THE AGE OF 17 MUST BE ACCOMPANIED BY AN ADULT



SENIOR ACTIVITIES ~ APRIL 2016

BROOKFIELD SENIOR CENTER ~ 100 POCONO ROAD
(203) 775-5308



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
	<p>*Sign Up Required</p> <p>\$ Fee Required</p>	<p>Lunch is served Monday through Thursday 12:00 Noon</p> <p>Please call the kitchen phone TWO days in advance to make a reservation: 203-775-5237</p>	 	<p>1</p> <p>9:00 AARP Tax Prep 9:00 Tech Assistance with Brianna* 9:30 Men's Breakfast * 9:30 Mahjongg 10:45 Muscle Sculpt Chair Class\$ 11:00 Scrabble 1:00 Movie Matinee ~ <i>The Big Short</i></p>	<p>2/3</p> <p>9:30 Saturday Zumba\$</p>
<p>4</p> <p>9:30 Zumba Gold \$ 9:30 Canasta 10:30 Bingo 12:00 Lunch Program* 12:30 Mahjongg 1:00 Farkle & Games 1:00 Strength/Balance\$ 1:00 Wood Carving 2:30 Yoga \$</p> <p>7:00 Brookfield CARES</p>	<p>5</p> <p>9:00 Brookfield Trekkers*\$ 9:00 Mahjongg 9:30 LI Aerobics \$ 9:30 Wii Bowling 10:00 Quilting 12:00 Lunch Program* 1:00 Bridge, Pinochle & Mahjongg 1:00 Chair Yoga\$</p>	<p>6</p> <p>9:00 SNAP Outreach 9:30 Tai Chi \$ 10:00 Knitting 11:00 Let's Talk 12:00 Lunch Program* 1:00 Functional Strength & Balance\$ 1:00-3:00 Living With Alzheimer's (3 part series- part 2)</p> <p>2:30 Yoga \$</p>	<p>7</p> <p>9:30 LI Aerobics \$ 10:00 Paint & Draw\$ 10:30 Sharps & Flats 10:30 Wii Bowling 12:00 Lunch Program* 1:00 Four Strings 1:00 Bridge & Poker 1:00 Mahjongg 6:45 Advanced Tai Chi cancelled</p> <p>Brookfield Film Festival preview: 7:30pm (free to seniors)</p>	<p>8</p> <p>9:00 AARP Tax Prep 9:00 Tech Assistance with Brianna* 9:30 Mahjongg 10:45 Muscle Sculpt Chair Class\$ 11:00 FOBSC Meeting 11:00 Scrabble 1:00 Movie Matinee ~ <i>Creed</i></p> <p>Brookfield Film Festival: 7:30pm</p>	<p>9/10</p> <p>9:30 Saturday Zumba cancelled</p> <p>Branson Trip Departs Saturday 4/9 7:30 AM</p>  <p>Brookfield Film Festival: Saturday – 7:30pm Sunday – 3:00pm</p>
<p>11</p> <p>9:30 Zumba Gold \$ 9:30 Canasta 12:00 Lunch Program* 12:30 Mahjongg 1:00 Farkle & Games 1:00 Strength/Balance\$ 1:00 Wood Carving 2:30 Yoga\$</p> <p>7:00 Brookfield CARES</p>	<p>12</p> <p>9:00 Mahjongg 9:30 LI Aerobics \$ 9:30 Wii Bowling 10:00 Quilting 12:00 Lunch Program* 1:00 Bridge, Pinochle & Mahjongg 1:00 Chair Yoga\$</p>	<p>13</p> <p>9:30 Tai Chi \$ 10:00 Knitting 11:00 Let's Talk 12:00 Lunch Program* 1:00 Functional Strength & Balance\$ 1:00-3:00 Living With Alzheimer's* (3 part series- part 3) 2:30 Yoga \$</p> <p>6:30 Alzheimer's Support 7:00 Stamp Club</p>	<p>14</p> <p>9:00 Brookfield Trekkers*\$ 9:30 LI Aerobics \$ 10:00 Paint & Draw\$ 10:30 Sharps & Flats 10:30 Wii Bowling 12:00 Lunch Program* 1:00 Four Strings 1:00 Bridge & Poker 1:00 Mahjongg</p> <p>6:45 Advanced Tai Chi\$</p>	<p>15</p> <p>9:00 Tech Assistance with Brianna* 9:30 Mahjongg 10:45 Muscle Sculpt Chair Class\$ 11:00 Scrabble 1:00 Movie Matinee - <i>Spotlight</i></p>	<p>16/17</p> <p>9:30 Saturday Zumba\$</p> <p>Branson Trip Returns Sunday 4/17 8:30 PM</p> 
<p>18</p> <p>9:30 Zumba Gold \$ 9:30 Canasta 10:30 Book Club 12:00 Lunch Program* 12:30 Mahjongg 1:00 Farkle & Games 1:00 Strength/Balance\$ 1:00 Wood Carving 2:30 Yoga\$</p> <p>7:00 Brookfield CARES</p>	<p>19</p> <p>9:00 Mahjongg 9:30 LI Aerobics\$ 9:30 Wii Bowling 10:00 Quilting 12:00 Lunch Program* 1:00 Bridge, Pinochle & Mahjongg 1:00 Chair Yoga \$</p>	<p>20</p> <p>9:30 Tai Chi \$ 9:30 Ask an Attorney* 10:00 Knitting 11:00 Let's Talk 12:00 Lunch Program* 1:00 Functional Strength & Balance\$ 2:30 Yoga \$</p> <p>Culinary Institute of America Trip Departs at 9:30 AM</p> 	<p>21</p> <p>9:30 LI Aerobics\$ 10:00 Paint & Draw\$ 10:30 Sharps & Flats 10:30 Wii Bowling 12:00 Lunch Program* 1:00 Four Strings 1:00 Bridge & Poker 1:00 Mahjongg</p> <p>6:45 Advanced Tai Chi\$</p>	<p>22</p> <p>9:00 Tech Assistance with Brianna* 9:30 Mahjongg 9:30 Judge Landgrebe* 10:45 Muscle Sculpt Chair Class\$ 11:00 Scrabble 12:00 Hot Dog Lunch and Bingo\$*</p>	<p>23/24</p> <p>9:30 Saturday Zumba\$</p>
<p>25</p> <p>9:30 Zumba Gold \$ 9:30 Canasta 11:00 Are you from the Bronx?*</p> <p>12:00 Lunch Program* 12:30 Mahjongg 1:00 Farkle & Games 1:00 Strength/Balance\$ 1:00 Wood Carving 2:30 Yoga\$</p> <p>7:00 Brookfield CARES</p>	<p>26</p> <p>9:00 Mahjongg 9:30 LI Aerobics \$ 9:30 Wii Bowling 10:00 Quilting 11:30 Blood Pressure NMVNA 12:00 Lunch Program* 1:00 Bridge, Pinochle & Mahjongg 1:00 Chair Yoga\$</p>	<p>27</p> <p>9:30 Tai Chi \$ 10:00 Knitting 11:00 Let's Talk 12:00 Lunch Program* 12:30 Garden Club Spring Event* 1:00 Functional Strength & Balance\$ 1:00 Alzheimer's Support Group 2:30 Yoga \$</p>	<p>28</p> <p>9:30 LI Aerobics\$ 10:00 Paint & Draw\$ 10:30 Sharps & Flats 10:30 Wii Bowling 12:00 Lunch Program* 1:00 Four Strings 1:00 Bridge & Poker 1:00 Mahjongg</p> <p>6:45 Advanced Tai Chi\$</p>	<p>29</p> <p>9:00 AARP Safe Driving *\$ 9:00 Tech Assistance with Brianna* 9:30 Mahjongg 9:30 Ask Judge Landgrebe* 10:45 Muscle Sculpt Chair Class\$ 11:00 Scrabble 1:00 Movie Matinee – <i>Brooklyn</i></p>	<p>30</p> <p>9:30 Saturday Zumba\$</p> 