



October Menu

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

\$2.00 SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
<p>3</p> <p>Orange Juice Grilled Chicken Legs w/ Honey Mustard Glaze Whole Potatoes Summer Blend Veggies</p> <p>12 Grain Bread</p> <p>Apple</p>	<p>4</p> <p>Apple Juice Spaghetti Marinara Sauce Turkey Meatballs Romaine Salad Ranch Dressing</p> <p>Italian Bread</p> <p>Birthday Cake</p>	<p>5</p> <p>Roast Pork with Apple Glaze Sesame Noodles Country Blend Veggies</p> <p>100% WW Bread</p> <p>Mandarin Oranges</p>	<p>6</p> <p>Cream of Broccoli Soup Unsalted Crackers Chicken Salad Lettuce Bed Macaroni Salad Pickled Beets</p> <p>Multigrain Bread</p> <p>Pears</p>	
<p>10</p> <p>COLUMBUS DAY HOLIDAY</p> 	<p>11</p> <p>Cranberry Juice Lasagna Rolette Meat Sauce Peas & Carrots Parmesan Cheese</p> <p>Italian Bread</p> <p>Tangerine</p>	<p>12</p> <p>Grilled Chicken Breast Broccoli Cheese Sauce Rice Pilaf Stewed Tomatoes</p> <p>Oatmeal Bread</p> <p>Peaches</p>	<p>13</p> <p>Apple Juice Beef Stew w/Carrots, Diced Potatoes & Peas Garden Salad French Dressing</p> <p>WW Dinner Roll</p> <p>Oatmeal Cream Pie</p>	
<p>17</p> <p>Grape Juice Veal Scaloppini over Parslied Buttered Noodles Beets</p> <p>100% WW Wheat</p> <p>Oatmeal Raisin Cookies</p>	<p>18</p> <p>Macaroni Salad with Tuna, Peas, Celery & Onion Tomato Broccoli Salad</p> <p>Rye Bread</p> <p>Apricots</p>	<p>19</p> <p>Cranberry Juice Chicken Tetrazzini Sauce Brown Rice California Blend Veggies</p> <p>Pumpnickel Bread</p> <p>Ice Cream Cup</p>	<p>20</p> <p>Wonton Soup Unsalted Crackers Pork Egg Roll Fried Rice Oriental Blend Veggies Sweet & Sour Sauce Fortune Cookie</p> <p>Pineapple Chunks</p>	<p><i>Please call the kitchen phone two days in advance to make a reservation:</i></p> <p>203-775-5237</p>
<p>24</p> <p>Apple Juice Codfish Cakes Steak Fries Cole Slaw Tartar Sauce Ketchup</p> <p>Corn Muffin</p> <p>Tropical Fruit Cup</p>	<p>25</p> <p>Cranberry Juice Stuffed Shells Meat Sauce Broccoli</p> <p>Garlic Bread</p> <p>Sherbet</p>	<p>26</p> <p>Corn Chowder Unsalted Crackers Seasoned Grilled Chicken Breast Lettuce & Tomato Marinated Cucumbers</p> <p>WW Hamburger Bun</p> <p>Banana</p>	<p>27</p> <p>Roast Turkey Turkey Gravy Buttered Noodles Buttered Beets</p> <p>Italian Bread</p> <p>Fresh Orange</p>	
<p>31</p> <p>Gory Goulash with Monstrous Macaroni Blustery Beef and Ghastly Green Pepper Creepy Carrots</p> <p>Petrified Pumpnickel Agonizing Apple Dastardly Dessert Tricky Topping</p>				