



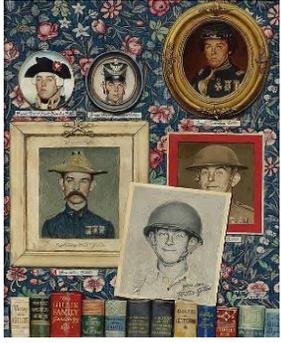
November Menu



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

\$2.00 SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>N.E. Clam Chowder Unsalted Crackers Philly Cheese Steak Onions and Peppers Steak Fries Green Beans</p> <p>Sub Roll</p> <p>Pears</p>	<p>2</p> <p>Chicken Pot Pie Brown Rice Carrot Coins</p> <p>Biscuit</p> <p>Fresh Orange</p>	<p>3</p> <p>Grape Juice Crab Cakes with White Sauce Mashed Potatoes Tuscany Vegetables Rye Bread</p>  <p>Birthday Cake</p>	
<p>7</p> <p>Grape Juice Egg Bake with Mushrooms and Peppers Hash Brown Broccoli</p> <p>Pumpnickel Bread</p> <p>Rice Pudding</p>	<p>8</p> <p>Hearty Vegetable Soup Unsalted Crackers Eggplant Rolette with Meat Sauce Buttered Ziti Peas Oatmeal Bread</p> <p>Pineapple Chunks</p>	<p>9</p> <p>Unbreaded Fish Filet with Lemon Butter Sauce Harvest Rice Stewed Tomatoes</p> <p>Multi Grain Bread</p> <p>Mandarin Oranges</p>	<p>10</p> <p>Special Dessert Eye of the Round Beef Gravy Egg Noodles Asparagus</p>  <p>100% Whole Wheat</p> <p>Brownie with Topping</p>	<p>11</p>  <p>CLOSED</p>
<p>14</p> <p>Cranberry Juice Chicken Ala King over Wild Rice Oriental Blend Veggies</p> <p>Pumpnickel Bread</p> <p>Pears</p>	<p>15</p> <p>Swedish Meatballs with Sour Cream Gravy Buttered Noodles Beets</p> <p>Rye Bread</p> <p>Apricots</p>	<p>16</p> <p>Apple Cider Roast Turkey with Giblet Gravy Stuffing Mashed Potato Butter Ginger Carrots Cranberry Sauce</p> <p><i>Thanksgiving Special</i></p> <p>Dinner Roll Pumpkin Pie with Whipped Topping</p>	<p>17</p> <p>Cranberry Juice Lasagna Rollette Meat Sauce Romaine Salad French Dressing</p> <p>Garlic Bread</p> <p>Vanilla Pudding</p>	<p>18</p> <p>Please call the kitchen phone TWO days in advance to make a reservation: 203-775-5237</p>
<p>21</p> <p>Meatloaf Brown Gravy Mashed Potatoes Spinach</p> <p>100% Whole Wheat</p> <p>Apricots</p>	<p>22</p> <p>Orange Chicken Au Jus Buttered Orzo Scandinavian Veggies</p> <p>Multi Grain Bread</p> <p>Fresh Apple</p>	<p>23</p> <p>Orange Juice Salisbury Steak Beef Gravy Mashed Potato Green Beans</p> <p>Hamburger Bun Oatmeal Raisin Cream Pie</p>	<p>24</p> <p>25</p> <p>Happy Thanksgiving!</p>  <p>Cousin Reginald Catches the Thanksgiving Turkey</p>	
<p>28</p> <p>Fish Filet Tartar Sauce Sweet Potato Tots Mixed Vegetables</p> <p>Hamburger Roll Fresh Orange</p>	<p>29</p> <p>Grape Juice Spaghetti with Chicken, Broccoli, Garlic, and Butter Parmesan Cheese Garden Salad Italian Dressing Garlic Bread Applesauce</p>	<p>30</p> <p>Cranberry Juice Turkey Burger with Vegetable Gravy Boiled Potatoes Peas</p> <p>Rye Bread Cookies</p>		